

Time Management Concept on Thirukkural

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THIRUKKURAL – INTRODUCTION

Thirukkural also known as the kural, sometimes spelt Thirukkural, is a classic of couplets or Kura's (1330 rhyming Tamil couplets) or aphorisms. It was authored by Thiruvalluvar, a poet who is said to have lived anytime between 2nd century BC and 5th century AD. Although the exact period of its composition is still disputed, scholars agree that it was produced in the late Tamil Sangam period. The Thirukkural expounds on various aspects of life and is one of the most important works in the Tamil language. This is reflected in some of the other names by which the text is known: Tamil marai (Tamil Vedas); poyyamozi (words that never fail); and Daiva nool (divine text). The book is considered to precede Manimekalai and Silapathikaram since they both acknowledge the Kural text.

SECTIONS

Thirukkural is structured into 133 chapters, each containing 10 couplets, thus a total of 1330 couplets. The 133 chapters are grouped into three sections

- a. Righteousness
- b. Wealth and
- c. Joy

OTHER NAMES

Thirukkural is praised with many names such as

1. Uttaravedam - the post-Vedam (uttara = later / post, vedam= Veda)
2. Poyyamozi - Statements devoid of untruth
3. Vayurai vazhthu - truthful utterances
4. Deyvanool - the divine book
5. Pothumarai - the common-man's Veda
6. Muppai - threefold path
7. Tamil marai - Tamil Veda

ABOUT THIRUVALLUVR

About two thousand years ago there flourished in Mylapore, Madras, a born Siddha and a born poet by name vlover or, as he is more commonly known, 'Thiruvalluvar', which only means, 'the devotee of the Valluva caste'. Valluvas are Pariahs (now called Harijans) and their vocation was proclaiming the orders of the king by beat of drum. There is a tradition that Thiruvalluvar was the son of one Bhagavan, a Brahmin, and Adi, a Pariah woman whom he had married. Thiruvalluvar was born at Madurai, the capital of the Pandyas. He is regarded as an Avatara of Brahma. His wife Vasuki was a chaste and devoted lady, an ideal wife, who never disobeyed the orders of her husband, but always carried them out implicitly. Thiruvalluvar showed people that a person could lead the life of a Grihastha or householder, and at the same time, lead a divine life or a life of purity and sanctity. He showed people that there was no necessity to leave the family and become a Sannyasin to lead a divine life of purity and sanctity. All his wise sayings and teachings are now in book form and known as 'Thirukkural'. These sayings are all in couplets.

Thiruvalluvar was taking cold rice in the morning. He said to his wife: "Vasuki, the rice is very hot. Bring a fan to cool it". Thiruvalluvar's wife was drawing water from the well when Thiruvalluvar called her. She at once left the rope and ran to him with a fan to cool the rice. She did not say to her husband: "How can the cold rice be hot? Why do you want a fan now?". She simply obeyed his commands. The vessel that contained water was hanging half-way in the well unsupported, on account of her Pativrata Dharma Shakti. The aspirants noticed this phenomenon and the noble conduct of Vasuki and were simply struck with amazement.

About midday, on another occasion, Valluvar called his wife and said, "Bring a lamp immediately, O Vasuki! I am stitching the cloth. I cannot see the eye of the needle. I cannot pass the thread properly".

Vasuki did not say to her husband: "It is broad daylight now. Why do you want a lamp? You can see the eye of the needle clearly". But she implicitly obeyed his word. The aspirants were much inspired by the ideal life of sage Thiruvalluvar and the exalted conduct of Vasuki. They did not speak a word to the saint. They took leave of the saint and quietly left the place with profound satisfaction. They were deeply impressed by the practical and exemplary life led by Thiruvalluvar and Vasuki. They learnt the lesson that the life of an ideal householder was in no way inferior to that of an ideal Sannyasin who was treading the path of Nivritti and austerity in the Himalayan caves and that each was great in its own place, time and circumstances.

Dear readers! Such ladies sit enthroned in the hearts of their husbands. No doubt they are hard to find, because such women never advertise themselves; but there must be many in our land of Rishis and sages; and unless we maintain such a high level of moral purity, we will all be going down in these days of modern civilization and scientific advancement. If the husbands of the present day behave like Thiruvalluvar, the wives will say, "My husband has become senseless. He wants to fan the rice when it is so cold! He wants a light when there is broad sunlight". The wives will rebuke their husbands and fight with them.

That house wherein the wife serves the husband with sincere devotion and observes Pativrata Dharma is heaven on earth. That house wherein the wife fights with the husband and disobeys his orders is a veritable hell on earth. Ladies who practise Pativrata Dharma need not go to temples. They need not practise any Vrata or penance. Service to the husband becomes worship. They can realise God through service to their husbands. Husbands also should be ideal persons with noble qualities. Husbands are the Gurus for their wives. The wives need not get any initiation from any Acharya. Glory to such exalted ladies who practise Pativrata Dharma!

TIME MANAGEMENT

Time management is the act or process of planning and exercising conscious control over the amount of time spent on specific activities, especially to increase effectiveness, efficiency or productivity. Time management may be aided by a range of skills,

tools, and techniques used to manage time when accomplishing specific tasks, projects and goals complying with a due date. This set encompasses a wide scope of activities, and these include planning, allocating, setting goals, delegation, analysis of time spent, monitoring, organizing, scheduling, and prioritizing. Initially, time management referred to just business or work activities, but eventually the term broadened to include personal activities as well. A time management system is a designed combination of processes, tools, techniques, and methods. Usually time management is a necessity in any project development as it determines the project completion time and scope.

Chances are good that, at some time in your life, you've taken a time management class, read about it in books, and tried to use an electronic or paper-based day planner to organize, prioritize and schedule your day. "Why, with this knowledge and these gadgets," you may ask, "do I still feel like I can't get everything done I need to?" The answer is simple. Everything you ever learned about managing time is a complete waste of time because it doesn't work.

Before you can even begin to manage time, you must learn what time is. A dictionary defines time as "the point or period at which things occur." Put simply, time is when stuff happens. There are two types of time: clock time and real time. In clock time, there are 60 seconds in a minute, 60 minutes in an hour, 24 hours in a day and 365 days in a year. All time passes equally. When someone turns 50, they are exactly 50 years old, no more or no less. In real time, all time is relative. Time flies or drags depending on what you're doing. Two hours at the department of motor vehicles can feel like 12 years. And yet our 12-year-old children seem to have grown up in only two hours.

TIPS FOR A MORE PRODUCTIVE DAY

1. Carry a schedule and record all your thoughts, conversations and activities for a week. This will help you understand how much you can get done during the course of a day and where you're precious moments are going. You'll see how much time is an actually spent producing result and how much time is wasted on unproductive thoughts, conversations and actions.
2. Any activity or conversation that's important to your success should have a time assigned to it.

To-do lists get longer and longer to the point where they're unworkable. Appointment books work. Schedule appointments with yourself and create time blocks for high-priority thoughts, conversations, and actions. Schedule when they will begin and end. Have the discipline to keep these appointments.

3. Plan to spend at least 50 percent of your time engaged in the thoughts, activities and conversations that produce most of your results.
4. Schedule time for interruptions. Plan time to be pulled away from what you're doing. Take, for instance, the concept of having "office hours." Isn't "office hours" another way of saying "planned interruptions?"
5. Take the first 30 minutes of every day to plan your day. Don't start your day until you complete your time plan. The most important time of your day is the time you schedule to schedule time.
6. Take five minutes before every call and task to decide what result you want to attain. This will help you know what success looks like before you start. And it will also slow time down. Take five minutes after each call and activity to determine whether your desired result was achieved. If not, what was missing? How do you put what's missing in your next call or activity?
7. Put up a "Do not disturb" sign when you absolutely have to get work done.
8. Practice not answering the phone just because it's ringing and e-mails just because they show up. Disconnect instant messaging. Don't instantly give people your attention unless it's absolutely crucial in your business to offer an immediate human response. Instead, schedule a time to answer email and return phone calls.
9. Block out other distractions like Facebook and other forms of social media unless you use these tools to generate business.
10. Remember that it's impossible to get everything done. Also remember that odds are good that 20 percent of your thoughts, conversations and activities produce 80 percent of your results.

TIME MANAGENT ON BUSINESS

The reason time management gadgets and systems don't work is that these systems are designed to manage clock time. Clock time is irrelevant. You

don't live in or even have access to clock time. You live in real time, a world in which all time flies when you are having fun or drags when you are doing your taxes. The good news is that real time is mental. It exists between your ears. You create it. Anything you create, you can manage. It's time to remove any self-sabotage or self-limitation you have around "not having enough time," or today not being "the right time" to start a business or manage your current business properly. There are only three ways to spend time: thoughts, conversations and actions. Regardless of the type of business you own, your work will be composed of those three items. As an entrepreneur, you may be frequently interrupted or pulled in different directions. While you cannot eliminate interruptions, you do get a say on how much time you will spend on them and how much time you will spend on the thoughts, conversations and actions that will lead you to success.

TIME MANAGEMENT CONCEPTS ON THIRUKKURAL

1. A crow will conquer owl in broad daylight; the king that foes would crush, needs fitting time to fight.
Meaning of the Quote: A crow will overcome an owl in the day time; so the king who would conquer his enemy must have (a suitable) time.
2. The bond binds fortune fast is ordered effort made, Strictly observant still of favoring season's aid.
Meaning of the Quote: Acting at the right season, is a cord that will immovably bind success (to a king).
3. Can any work be hard in very fact, If men use fitting means in timely act?
Meaning of the Quote: Is there anything difficult for him to do, who acts, with (the right) instruments at the right time?
4. The pendant world's dominion may be won, in fitting time and place by action done.
Meaning of the Quote: Though (a man) should meditate (the conquest of) the world, he may accomplish it if he acts in the right time, and at the right place.
5. Who think the pendant world itself to subjugate, with mind unruffled for the fitting time must wait.

Meaning of the Quote: They who thoughtfully consider and wait for the (right) time (for action), may successfully meditate (the conquest of) the world.

6. The men of mighty power their hidden energies repress, As fighting ram recoils to rush on foe with heavier stress.

Meaning of the Quote: The self-restraint of the energetic (while waiting for a suitable opportunity), is like the drawing back of a fighting-ram in order to butt.

7. The glorious once of wrath enkindled make no outward show, At once; they bide their time, while hidden fires within them glow.

Meaning of the Quote: The wise will not immediately and hastily shew out their anger; they will watch their time, and restrain it within.

8. If foes' detested form they see, with patience let them bear; When fateful hour at last they spy,- the head lies there.

Meaning of the Quote: If one meets his enemy, let him show him all respect, until the time for his destruction is come; when that is come, his head will be easily brought low.

9. When hardest gain of opportunity at last is won, with promptitude let hardest deed be done.

Meaning of the Quote: If a rare opportunity occurs, while it lasts, let a man do that which is rarely to be accomplished (but for such an opportunity).

10. As heron stands with folded wing, so wait in waiting hour; As heron snaps its prey, when fortune smiles, put forth your power.

Meaning of the Quote: At the time when one should use self-control, let him restrain himself like a heron; and, let him like it, strike, when there is a favorable opportunity.

ADVANTAGES OF TIME MANAGEMENT

- a. To predict the future
- b. To manage the problem
- c. To finish the work on particular planned scheduled
- d. It saves the cost
- e. It also saves the Time
- f. By saving time we can achieve the goal of our business easily

DISADVANTAGES OF TIME MANAGEMENT

- a. Future is not possible to predict
- b. The plan may be change due to some environment reasons

CONCLUSION

The above paper clearly shows that Thirukural provide show many thoughts related to the Time Management Concept. Except that it also provides so many necessary thoughts which require for both our personal and business life. So we should follow the traditional and most respectable epic THIRUKKURAL.