Aspects of Psychosocial Analysis and Awareness of Children with Disabilities

Dr. Amita Jain

Assistant Professor, Department of Education, Jain Vishwa Bharati Institute, Ladnun, Nagaur

Abstract - In general sense, disability is such a physical and mental ability due to which a person is incapable of doing any work like normal people. Disabled person actually has to face a lot of troubles in this society. Disabled are discriminated against in all countries and seen as isolated from society. In all countries, the disabled have to face problems in accessing facilities such as education, employment, transportation, etc., due to which they become extremely backward in educational, economic and social fields and also lose their health.

let you grow you grow

Even if you are disabled, you keep growing
burden someone understands you
don't be a burden on anyone
Let's grow you let's grow you.

Those who are physically handicapped are not handicapped by thoughts. By trying, they do every difficult and impossible task. Disabled people have more knowledge than normal people. Prime Minister Narendra Modi used the word Divyang for the handicapped because they have an extra power. In disability, any kind of disability or any part that is different from normal or non-functioning shows physical disability.

Keywords- psychosocial analysis, children with disabilities, counselors, awareness

INTRODUCTION

In common language, despite having all the parts of a person's body, it is not able to function properly, it is called disability, such as eyes, but there is no light. There is ear, but there is no hearing power. He has a foot affected by polio, which makes walking difficult. On this basis, the World Health Organization has divided the definition of disability into three stages, namely infirmity, handicap and disability. About 5% of the total population of India is suffering from some kind of disability. 21 types of disability have been discussed in the Rights of Persons with Disabilities Act 2016 implemented by the government. Out of

which some of the major types of disability such as blind, low sighted, leprosy affected person, low hearing, unable to move, mentally weak and mentally ill etc. have been clearly explained.

IDENTIFICATION OF CHILDREN WITH DISABILITIES

There is some identification of knowing whether the child is normal or has any kind of disability which is as follows-

- 1. For three months the child does not raise the head and cannot rise with the help of hands, does not move the head back, lies in one straight line.
- Unable to lift the head for six months, neck unsupported, bent back, tightness in arms, keeps arms back or cannot extend arms forward, legs that are clenched or paralyzed.
- A bent back for eight months, unable to use the arms properly to play, clenched legs or triangular toes. He is unable to lift his head and back and cannot stand on his feet.
- 4. In twelve months, he cannot crawl on his hands and knees, uses only one part of his body to move.
- Walks mostly on toes by eighteen months, stiffness in one leg, stiffness and tingling in the arm, sitting with weight on one side, using one hand to play.
- At twenty-four months, he is unable to understand small words or sentences, cannot walk on his toes, cannot take off his clothes, does not play with children.
- Even in thirty-six months, he cannot walk backwards, cannot speak short sentences, cannot follow short instructions, cannot speak on his own and cannot wear clothes.
- 8. Even at the age of sixty months, the child cannot walk with one leg, cannot throw a ball, cannot talk to parents or peers, cannot follow instructions, etc.

PREVENTION OF DISABILITY

If we prevent disabilities in childhood, then disability can be avoided. Such as proper health care support system, adequate nutrition during pregnancy, intake of nutrients such as iron, iodine and vitamin A, correct infant feeding practices, provision of clean drinking water and safe environment, during delivery and after birth. Post-accident or injury prevention and heredity education counseling etc.

Many national efforts are being made for the development of persons with disabilities, which are as follows-

- Rehabilitation center for mentally ill patients.
- State Spinal Injury Center.
- Providing state trustees with a comprehensive database and online of disability related resources.
- Establishment of State Missions and District Coordinators.
- Awareness generation and dissemination.
- Establishment of National Institute of Mental Health Rehabilitation.
- Establishment of State Disability Resource Centers.
- Establishment of Micro Enterprise Incubation Centers for persons with disabilities.
- To provide assistance for rehabilitation under the National Marketing Efforts Trust so that marketing activities are supported.
- Research on technology products and issues related to disability.

ROLE OF EDUCATION TO EMPOWER AND ENABLE DIVYANGJAN

More awareness has been generated regarding the special needs of children with disabilities regarding education. The government is committed to provide education to every child without discrimination. Many types of education campaigns are being run by the government; the government needs to implement its schemes in a better way. In fact, it is now recognized that PwDs should not go to special schools but should be sent to regular schools to create an inclusive environment. Social and cultural integration is still a problem, which is slowly disappearing. Divyangjan have been seen as an integral and important component of our society and nation. Society needs to

accept that Divyangjan are the most inspirational persons. Give them equal opportunities so that they can prove to be more powerful and capable than ordinary people with their different abilities.

ROLE OF PSYCHOLOGIST AND COUNSELLOR

A child with disability is an important unit in the education process. For the all-round development of the disabled children and in the determination of their survival, they will have to be encouraged by the teachers and family members. Efforts should be made to remove failure, dissatisfaction, frustration etc. in the life of disabled children with the help of psychologist and counselor. Children with disabilities should be treated in a cooperative and peaceful manner and should try to understand their feelings. This will help in the personality development of handicapped children. It is necessary to inculcate a positive attitude towards children with disabilities, as they are an integral part of the society. Keeping in mind the health needs of children with disabilities, emphasis is being laid on their physical rehabilitation. This includes counseling, strengthening the capacity of children with disabilities and their families, providing special education with initiatives to provide psychological, psychotherapeutic professional therapy, physiotherapy, surgical correction, treatment, vision evaluation, vision stimulation, switch therapy, etc.

SOCIAL RESPONSIBILITY OF FAMILY

Parents and guardians are not able to give qualitative and adequate time for the full development of their children with disabilities, due to which children with disabilities in the present context feel themselves uncomfortable in adjusting the social harmony. As a result, the psychosocial development of children is also affected. Thus, in order to bring about a change in this critical situation, every parent and guardian should provide valuable time and full support for the children out of their busy lives and should perform their duties honestly. Therefore, for the all-round development of children with disabilities, thinking and their feelings should be understood with heart. At the same time, a harmonious environment can be created in the society by contemplating in a planned and positive direction with reference to the state of mind of the handicapped

children. So that children with disabilities can move towards inclusive and thoughtful development.

In this way, children with disabilities will have to be prepared for social responsibility in building a strong and capable nation, so that their life can become easy and successful. Finally, there is a need to make parents aware so that they can be convinced that their disabled child can also become an officer, doctor, engineer etc. Education should be not only for job but for knowledge, so that they can achieve success in their life and make their invaluable contribution in the welfare of the society.

CONCLUSION

Ultimately, enabling the disabled is the very definition of disability rehabilitation. Under this, rehabilitation means to ensure equal opportunities, rights, protection and full participation of persons with disabilities through education and training. These individuals do not need our sympathy, but love. These people are not handicapped but are capable of different types of thinking. Thus, there is a need to sow the seeds of confidence in them. Something has to be achieved, something has to be done, this passion is not seen in everyone. When it comes to this passion in disability, it becomes a little more difficult. But there are many Divyangjans who are handicapped just for the sake of saying, but in reality, they are doing better work than the general public. Due to his courage and passion, he has made his own identity in the world today and has become an inspiration for everyone. For example, Surdas wrote Sursagar and Sahitya Lahiri, Milton (Blind) was a great scholar of English poetry, Helen Keller defined 'sensation of touch' and 'power of touch' even after being blind, mute and hearing impaired. Defined, Mark English, despite being physically handicapped, climbed the top of the Himalayas and Stephen Hawking became a great scientist of physics despite suffering from multi-class disability. Furthermore, at the age of 3, Louis Braille, who was blind, learned to read at the School of the Blind in Paris, and inspired by the raised dots on dice, invented the Braille script for reading and writing, which is available in every language of the world today. In this way, we should make invaluable contribution in making the disabled persons mentally empowered with social responsibility, sensitivity and full dedication. Under this, along with providing our active

contribution to the society, it is very important to spread awareness and education. In this sequence the society has to change its attitude and thinking.

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