

Short Communication – Nadi Workshop

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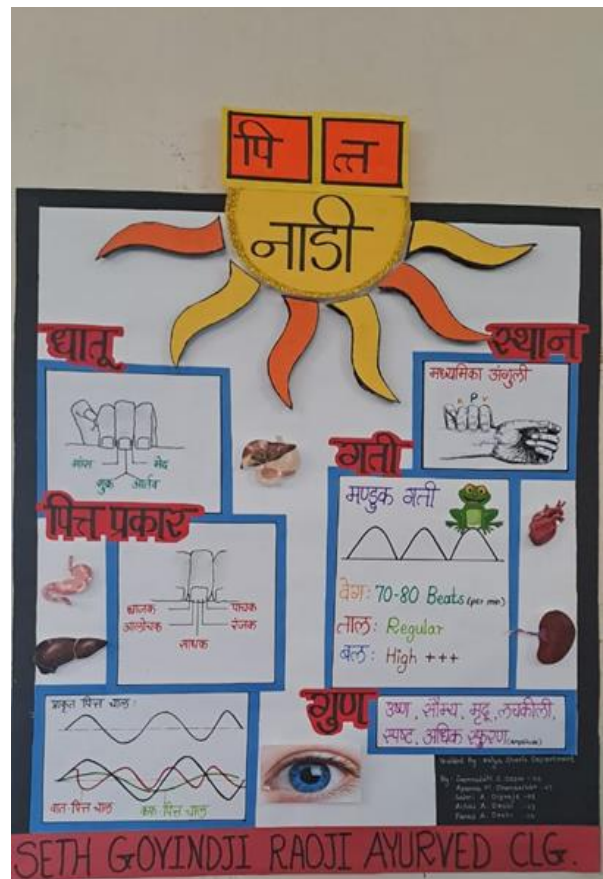
The main objectives of program are as

1. To introduce the students to Nadi pariksha.
2. To orient the students about basics of Nadi pariksha.
3. To train students with best practices of Nadi pariksha with live training by Nadi expert speaker Dr. Sanjaykumar

On October 20, 2023, "Nadi Pariksha Workshop" was organized by Kriyasharir and Rognidan Dept. Nadiguru Vaidya Sanjaykumar were present as the keynote speaker.

Morning 08 to 08:30 registrations were done . Later everyone enjoyed tea and snacks.

Then at 09:30 inauguration ceremony was held by the hands of Keynote Speaker Dr. Sanjay Kumar Chhajer, Vice Principal Dr. Shantinath Bagewadi , Organizing Secretary Dr. Shilpa Yerme, Dr. Bhojraj Choudhary , Dr. Jayakumar Ade Academic Coordinator Dr. Revantasiddh Usturge . program was started by worshipping lord Dhanwantari.



At 12 .00 pm Art gallery was inaugurated by Nadiguru Sanjaykumar sir. The art gallery was designed and decorated by students. Students made Nadi chart exploring the ancient methods of Nadi pariksha. Dr.

Anand Madgundi and Dr. Usturge were present as Judge for this art gallery.

Then the third session was completed between 12:30 and 1:30. In the afternoon, between 1.30 and 2.30 pm, the habitation was held and the students enjoyed the food.

In the post lunch session Chhaged sir demonstrated on various Yantras, Later, deep exam applications and their live demonstrations were discussed. Candidates gave best results for Live Demonstration. Then the question-and-answer session were held in a informative manner.

Best posters were nominated and students who secured first, third and third position in the group were awarded a copy of the exam book as a prize. The participants gave very positive feedback to this systematic study. Dr, Bhojraj Choudhary delivered vote of thanks.

Nadi examination is not the strength of Ayurveda, but the importance of organizing the study was the purpose of conducting Nadi examination by an experienced person to the maximum extent, knowledge and guidance and it was successfully completed. While there was a total of 146 students participated in this one-day workshop.



In this way, the "Nadi Pariksha one day workshop " conducted by Kriyasharir & Rognidan Department was successfully completed.

Financial Support and Sponsorship

Not Applicable

Conflicts of Interest

Nil