

Environmental Protection in Human Life

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The principles enunciated by Indian scholars, sages, philosophers etc. in the philosophy of environment are full of love for nature and protection of the environment. Under these principles, man and nature have been considered an integral part and not by separating nature as in western countries. In these principles, considering nature as an integral part of the environment, development of rich traditions in which sun, water, mountains, ocean, rivers etc. are worshipable, whereas animals, trees, plants etc. are worshipable.

ENVIRONMENTAL PROTECTION IN HUMAN LIFE

- ❖ Environmental pollution has become a serious problem in the world today. Due to industrial development, continuous growth of industries, economic development and use of technologies, serious environmental problems are arising due to social, economic, scientific development and technological development. Man has been dependent on nature since the primitive system since human civilization originated from forests. In this way, man-made plants and wild animals the basis for fulfilling his various needs, but the indiscriminate race of development and increasing population started creating obstacles in its system. In this indiscriminate race, man has destroyed the forests, established new industries, built more and more factories, due to the continuous increase in the harmful gases like carbon dioxide, methane and nitrites etc., half of the gases coming out of these factories are rapidly increasing in the atmosphere. The heat has increased. At the same time, human life has also started having harmful effects on the environment, which have been created due to his selfish nature and profit seeking.
- ❖ In Indian society, it has played a major role in protecting and preserving the environment since

ancient times. He has given first priority to love of nature. This is the reason why our Vedas, Upanishads and Puranas etc. describe the glories of nature and the environment. It is said in Bhumisukta of Atharvaveda that –

*Aranyam Te Prithini Myon Mastu
Mataram Aushadhinam
Me te marma vimrigwari ma te
hridayamarpipam*

That is, O land, may this forest be pleasant for us. Land, I will cut your trees in such a way that they will sprout again soon, after cutting them completely, I will enter your heart not attack the place. The land is the mother of medicines It is assumed.

- ❖ Swami Tulsidas is the originator of 'Ramcharitmanas'. He started composing it in Samvat 1631 and in Samvat 1633. This is the best book written in Awadhi language. There are seven incidents in this epic –
Bal Kand, Ayodhya Kand, Arand Kand, Kishkindha Kand, Sundar Kand, Lanka Kand and Uttar Kand. In this book, great poet Tulsidas presented the ideal lifestyle of Maryada Purshottam Ram.
- ❖ Man-made causes are mainly responsible for tampering with the environmental system and its disruption. These anthropogenic reasons include increasing economic development, self-interest, greed, etc., which, in order to achieve it, adversely affect the systems related to the environment, leading to destruction of forests and jungles, destruction of wild animals, etc. Don't hesitate either. Due to this, while moving towards the development of the entire mankind, man is actively participating in the increase in environmental, impacts like green house effect, global warming, change in weather, various infectious diseases etc.

- ❖ To prevent this adverse effect from increasing, various types of government and non-government efforts are being made in which emphasis has been laid on the human society to adopt a positive approach in environmental protection. The question arises that positive attitude and behavior requires a healthy conscious mind, which thinks about the overall welfare interests of the world rather than one's own benefit. In this sequence, recitation of Ramcharitmanas is helpful in increasing happiness, peace and love in the entire world.
- ❖ In the literature of Ramcharitmanas, there is description of ideal family life, ideal pativrata religion, ideal royal religion, ideal human activities of Lord Rama etc. which have a positive and influential impact on human beings puts.
- ❖ Usefulness of Indian texts in human life in environmental protection is overall recitation brings peace and joy in a person's life, which inspires him in every aspect of life and helps him in adopting a positive outlook.
- ❖ Lakshman and his wife in Ramcharitmanas book There is a description of Urmila's fraternal love, sacrifice and patience which is essential in human life. A book like Kartama what is good the virtues of sacrifice and patience as to and what is worth doing. It is real. The message of harmony and sense of coordination received by man through its knowledge creates a positive impact in human life. Thus, Ramcharitmanas text in Indian texts
- ❖ Maryadapurshhottam Shriram's ideal lifestyle, the sacrifice and sacrifice of his brother Lakshman and his wife Urmila, service and devotion to Hanuman etc. have a wide impact on human life. Due to which, the tendency to curb or stop the tendencies of lust, anger, greed etc. from the bad influences affecting their personality is awakened and the qualities of patience, restraint and love are developed and without thinking about one's own interests, they work towards the overall welfare. Thinks about, this reflects his positive thinking which is helpful in the interests of environmental protection.
- ❖ It is proved in reality, environmental protection and love for nature are deeply rooted. In this, the earth has been addressed as 'Mother' and the life-giving rivers have been considered equivalent to mothers.

The reason behind this is that we should conserve them so that human life can be made happy. We learn from the book Ramcharitmanas and its philosophy that nature and environment and the replicas of God, hence we should cultivate nature and environment by having a sense of respect and honor towards it.

REFERENCE

1. Anil Aggarwal / Environment and Ecology / Page 4.
2. Dr. R.A. Sharma / Environmental Education / Page 212, 213