Cross-Cultural Adjustment of Indian Expatriates in Japan

Rupinder Bir Kaur¹, Gunmala Suri²

1,2 University Business School, P.U. Chandigarh

Abstract- The integration of the world markets and the phenomenal growth of multinational business have led work organizations to rely heavily on managerial international assignments to synergize in the global marketplace. The international experience has gained increasing significance and is widely recognized as vital for multinational companies and also for individuals. Japan is a highly developed and technologically advanced country with plethora of avenues for Indian professionals. This has led to an increasing number of Indians expatriates going on work assignments to Japan. Most studies on cross cultural adjustment thus far have been done on Indian expatriates in western countries as samples whereas studies on Indian expatriates' adjustment in Japan are limited. The purpose of this paper is to examine crucial antecedents of cross-cultural adjustment of Indian expatriates working in Japan. Specifically, the study focuses on the work related cross cultural adjustment which included five independent variables, namely Job Satisfaction, Family support, Experiential learning orientation, organization socialization, cross cultural training and the dependent variable is cross cultural adjustment. Certain psycho-demographic variables that were taken for study included age of the expatriates, gender, language proficiency, marital status, work experience in general and work experience as expatriate in Japan. A self administered questionnaire was used for the primary survey to collect data from 114 Indian expatriates working in MNCs and privately owned organizations in Japan. The sample was selected using snow-ball sampling method. The findings revealed that job satisfaction is the strongest predictor of crosscultural adjustment of Indian expatriates followed by family support. Organizations employing Indian expatriates in Japan need to have effective human resource policies and practices for socialization and should take the satisfaction of family and dependents of employee into consideration. Among demographic variables, age, marital status, gender and language proficiency had significant relationship with cross cultural adjustment of Indian expatriates in Japan.

Index Terms- Expatriates, Multi-National Corporations, Cross cultural adjustment, Indian and Japanese Expatriates

INTRODUCTION

Due to globalization of the world market, companies need to manage an increasingly diverse workforce and for this expatriation is the solution. Dealing with international assignments represents a critical challenge for multinational corporations (MNC's). These assignments promote the development of global competencies through Expatriatism and tend to give rise to those who have critical knowledge, skills, and abilities that are necessary for global assignments (Shay &Baack, 2006). International work experiences have gained increasing significance and are widely recognized as a vital asset for multinational companies and also for individuals. The competitive advantage for firms is competing in the global marketplace and for expatriates is developing their careers; international assignments constitute an important set of work experiences. Expatriates stand potential competitive advantage for multinational corporations in the international market.

However, the actual situation in which expatriates perform, however competent they are in their respective fields, is beyond visualizations and therefore numerous empirical studies evidence the failure of expatriates in the international assignment. Consequently, the performance of expatriates is largely dependent on their successful adjustment in the foreign country where they go for a particular assignment. Thus the cross cultural adjustment of expatriates is one of the major and strategic level issues for every MNC across the globe.

GLOBAL COMPETITION – EXPATRIATION: KEY TO ORGANIZATION'S SUCCESS

Global Competition highlights the importance of flexibility, responsiveness and cooperativeness for long term organizational success. Organizations seek new areas for sustainable competitive advantage. Human resources are the most crucial factor to create advantage that cannot be duplicated by rivals and are specific for each organization. As a necessity, organizations have become more dependent on employees who are willing to contribute towards effective organizational functioning regardless of their formal role requirements.

Globalization has led not only to a great increase in requirement of expatriates in the varied locations throughout the globe but it has also increased the increase in the number of complexities of expatriate management. Each expatriate assignment proves to be 3-5 times the cost of remunerating the person while working in the home country. The cost of such an assignment can be further increased if the assignment does not turn out to be as per the expectation of organization or if the expatriate fails in his assignment due to one reason or the other. Relocating to a foreign location can prove to be stressful for the person for several reasons. Culture shock and adaptation are some of the reasons. Those who are in dual career situations often decline offers of overseas assignment due to the spouse's career concerns. Hence it is not the individual who has to mobilize and be motivated to relocate, but his entire family, which, in turn, implies assisting the spouse to make the transition to a new career in the new location and taking care of the children's educational requirements. All these aspects increase the number of different cost components that add up to a sizeable compensation and benefits package for the expatriate. Expatriates are the employees who are sent to foreign country by the organization for a particular assignment for a fixed or flexible period of time. Besides various management related issues the most important issue involved in the expatriate management is the Cross cultural adjustment. The process of adapting to the culture of another country in its living and at work place is called cross cultural adjustment. It is the perceived degree of psychological comfort and familiarity that a person gains with the new culture while staying in that culture and has become a major concern and reason for expatriate performance and effectiveness. Studies have shown a direct link between Expatriate success and his or her cross cultural adjustment.

REVIEW OF LITERATURE

Expatriatism presents a highly different climate and culture for expatriates and calls for varied lifestyle and experiences for them. This poses numerous challenges and demands for various adjustments in order to survive at foreign workplace. The changes that are encountered during cross cultural shifts might appear to be stressful. It requires patience and interest of the expatriates to make adjustments a success.

In a study Aycan (1997) found out that expatriates find it challenging to live in foreign country and adjustment is an important factor in reconsidering assignments in the same country. He also emphasized that there are three aspects of adjustments, namely psychological, socio-cultural and work adjustments. Different countries face different cultures and different individuals encounter different kind of problems in comprehending these cultures leading to varied levels of behavior. This may lead to culture clash (Elashmawi and Harris, 1993).

Black et al (1999) identified four different types of expatriates depending upon the degree of their loyalty to the foreign system. Those who show a great level of loyalty to the host country as compared to the home country tend to manifest a strong identification and attachment with the overall cultural context including their business practices and values. These are called 'go natives' and have a higher degree of cross cultural adjustment as expatriates. Another type of expatriates are the ones who 'leave their hearts at home' and have greater identification with their home country culture and lesser with the country they are visiting. Their cross cultural adjustment is found to be much lesser and have lesser satisfaction in the short run. They take time to adjust in the new system. Expatriates who are 'dual citizens' are those who show high allegiance to the cultures of both the countries and have the capacity to adjust wherever they are in a very easy way. Last but not the least, he expatriates who are termed as 'free agents'have low commitment with both the cultures and they are mainly interested in their own career and keep on moving from one country to another frequently.

Kraimer and Wayne (2004) studied three dimensions of organizational support that are found to be relevant to expatriate success viz.

1. Helping expatriates and their families adapt to the new environment i.e. adjustment support

- 2. Offering career related guidance i.e. Career Support
- 3. Required monetary assistance i.e. Financial support

According to them, the perception regarding these three dimensions was most important factor leading to expatriate success and continuity.

Researchers like Fish and Wood (1996) noticed that an understanding of differences in cross cultural settings is very critical and plays a very important role in expatriate adjustment.

Based on this Caliguiri (2000) adds the significance of cross cultural training (CCT). According to him, cross cultural training helps a lot in improving cross cultural skills of expatriates and also acquaints them of the new cultures thus minimizing cultural clashes and consequent culture shock.

Numerous researchers have evidenced that with time, adjustment level increases. Some have given a bell shaped sequence of cross cultural adjustment and other has shown that with experience adjustment factor becomes stronger. According to Tung (1998) majority of the expatriates take six to twelve months to feel comfortable living in a new cultural setting. As far as factors affecting cross cultural adjustment Liu, Hung-Wen concerned Ching-Hsiang Lee,(2007) found out the relationship between job satisfaction, family support, learning orientation, organizational socialization and cross-cultural training and cross-cultural adjustment and concluded that cross cultural management practices play a significant role in expatriate adjustment in an international assignment. Also, the role of organization socialization was found to be of an immense importance.

Thus, the literature shows various studies done in the aspect of cross cultural adjustment of expatriates including the need and the factors that affect the dimension. There are various studies that are done on specific country to country factors that can help making Expatriatism easier. However, Studies done on Indian expatriates in Japan are few and has a huge scope for research as well.

NEED AND SCOPE OF STUDY

Expatriatism involves huge costs for any organization. As far as Indian employees are concerned a mixed response is reported in various

studies with regard to their cross cultural adjustment. The factors that influence cross cultural adjustment of Indians in Japan have a huge significance. First of all Japan is an industrially developed nation and is a home to many large MNCs. Secondly lot of Japanese companies have their branches in India and thus the need for Expatriatism is obvious. Thirdly, there is lesser similarity between the cultures of Japan and India and thus are enormous chances of cultural nonadjustment of Indians who have to stay in Japan for some years. Finally very few studies are done on Indian expatriate adjustment in Japan whereas a lot of literature can be found for adjustment of Indian expatriates in America and other western countries. Thus, the paper attempts to give an insight to the factors that might be taken care of by the companies to reduce the redundant cost that arises due to the failure of expatriate to adjust in the country.

The Objectives Of The Study

The purpose of this paper is to examine crucial antecedents of cross-cultural adjustment of Indian expatriates working in Japan. The specific objectives of the study are divided into two parts:

Work Related Adjustment

- 1. To study the association between Job satisfaction and Cross cultural adjustment of Indian expatriates in Japan.
- 2. To study the relationship between Organization socialization and Cross cultural adjustment of Indian expatriates in Japan.
- 3. To study the perceived effectiveness of Cross Cultural training and Cross cultural adjustment of Indian expatriates in Japan.

Non-Work Related Adjustment

- 4. To study the support of family and cross cultural adjustment of Indian expatriates in Japan.
- 5. To study the relationship between learning orientation of expatriate and his/her cross cultural adjustment of Indian expatriates in Japan.
- 6. To study the relationship between psycho demographic variables and Cross cultural adjustment of Indian expatriates in Japan.

HYPOTHESIS OF THE STUDY

Following Null hypotheses have been stated for various objectives of the study:

- There is no significant relationship between Job Satisfaction and Cross cultural adjustment of Indian expatriates in Japan
- 2. There is no significant relationship between Organizational socialization and Cross cultural adjustment of Indian expatriates in Japan
- 3. There is no significant relationship between Cross cultural training and Cross cultural adjustment of Indian expatriates in Japan
- 4. There is no significant relationship between support of family and Cross cultural adjustment of Indian expatriates in Japan
- There is no significant relationship between Experiential learning orientation and Cross cultural adjustment of Indian expatriates in Japan
- 6. There is no significant relationship between psycho-demographic variables and Cross cultural adjustment of Indian expatriates in Japan

SAMPLING

The study was based on both secondary and primary data survey. The population consisted of Indian expatriates who are currently working in Japan for some specific term assignment. Convenience sampling along with snow-ball sampling technique is used. Few expatriates were contacted and then they further referred others in their contacts. Emails of the required respondents were attained and thus the expatriates were sent the questionnaire through Google forms and data was thus accumulated. Data from total of 114 expatriates was sought within three month period and analysis was done on that.

Research instruments: A Self-administered questionnaire with 56 items scale was developed and was sent to the sample selected through Google forms using snowball sampling technique. The questionnaire was divided into two sections. Section A consisted of psycho-demographic variables and section B consisted of all the other variables taken for study. The reliability of questionnaire was checked by pilot testing on 20 expatriates and the cronbach alpha value was 0.83 which was sufficient to select the questionnaire for study.

Data analysis and results:

Chi square analysis was applied to find out the various relationships in the study. It was found that almost all the variables that we hypothesized in the study had significant relationship with cross cultural adjustment of Indian expatriates in Japan except organizational socialization (See Table 1). This shows that for cross cultural adjustment both work related and non-work related factors play an important role.

The organizations that are engaged in hiring expatriates should take care of all the factors to make Expatriatism a success in their respective organizations and thus this would reduce the huge costs incurred on this. Organizational socialization includes the various social and ceremonial ways with an expatriate is welcomed and greeted at the time of arrival. This was not found to have a significant relationship with cross cultural adjustment.

Table 1
Relationship between the selected variables and Cross cultural adjustment of Indian expatriates working in Japan

	77 '11	CI.
	Variable	Chi square value
1.	Job Satisfaction	10.559*
2.	Organizational Socialization	8.167
3.	Perceived effectiveness of Cross cultural training	15.076**
4.	Family support	22.81**
5.	Learning Orientation	32.85**
6.	Age	4.153
7.	Gender	2.407
8.	Work Experience overall	3.106
9.	Work Experience in Japan	17.983**
10.	Language proficiency	17.934**
11.	Marital Status	16.712**

**Significant at 1% level *Significant at 5% level

Degrees of freedom (in case of Age)=6, (in case of

Gender and marital status)= 2

Degrees of freedom (in all other cases) = 4

The findings showed a significant relationship with work related factors such as Job Satisfaction and cross cultural training with cross cultural training. Among non-work related factors both family support and an experiential learning orientation were found to have significant relationship with cross cultural adjustment.

Various psycho demographic variables were also studied and it was found that age, gender and work experience in general were not significantly related to cross cultural adjustment. Marital status was significantly related and those who were not married serious need to take care of the spouse adjustment of the Indian expatriates by the Japanese organizations. It has been studied and proved that in case of Expatriatism organizations need to intervene into the family issues also to the extent it can prevent culture shock. Those who have earlier work experience in Japan and Language proficiency in Japanese are also found to be significant factors affecting cross cultural adjustment of Indian expatriates in Japan.

CONCLUSION AND FUTURE SCOPE OF THE STUDY

The literature evidences the importance of Expatriatism in the world. A number of organizations are demanding expatriates and are sending their employees on foreign work assignments. Literature also shows that since the inception of this arrangement expatriates have been facing various challenges especially of cross cultural adjustment and even culture shock. This leads to expatriate failures and huge costs for the organizations involved. Various factors that were earlier studied in different studies on different samples were taken and their relationship was studied with cross cultural adjustment of Indian expatriates. Self administered questionnaire was sent through snow ball technique to various expatriates and a total of 114 responses were received. The study shows a significant relationship between Job Satisfaction, Cross cultural training, Family support and experiential learning orientation. Among Psycho demographic variables, marital status, work experience in Japan and Language proficiency were found to be the significant variables to facilitate cross cultural adjustment. A number of more factors can be taken in future including the ones studied in the present paper as the cross cultural adjustment is a pertinent issue and has proved to be a complex one with various emerging factors in different samples. The study is conducted for Indians working in Japan because Japan is culturally different country and here the adjustment level might have been different and multifaceted. The data analysis evidences this fact and calls for further research dimensions with wider coverage of factors.

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