

# Role of Homoeopathic Medicine Pulsatilla in the treatment of Psoriasis: A case study

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*Abstract— Psoriasis is chronic, common and non-infectious skin disease characterized by well-defined slightly raised, dry erythematous macular silvery, scales where skin becomes inflamed and hyperproliferate to about ten times of normal rate<sup>2</sup>. Psoriasis is T lymphocyte driven disorder to an unidentified antigen with a possible altered response from a keratinocyte.<sup>8</sup> Psoriasis is autoimmune papulosquamous disorder. It is also known as lepra vulgaris, Alphos, dry or scaly tetter<sup>1</sup>. As it is cosmetically, economically concern and patients get fade up by other mode of treatment before reach to homoeopathy. We physician have responsibility to treat it as early as possible in a homoeopathic manner.*

## I. INTRODUCTION

So as per guidelines given in aphorism 204 & 205, all chronic affection and diseases properly so called must be cured only from within, by the homoeopathic medicines appropriate for the miasm that lies at their root. Then only by the disappearance of the totality of the symptoms by the cure, the affection of the vital force, that is to say, whole internal and external morbid state is also removed<sup>3</sup> (aphorism 12).

### CASE History

- Mr. XYZ a 26 years old male came on May 2023 with following Complaints.

### Chief complaints

- Itching skin eruptions all over body especially on abdomen and limbs. (already diagnosed as psoriasis by dermatologist as per patients word)

### Mind and Life Space

Patient is farmer a 26 years old male, from joint family, very much pampered by grandparents and parents so he was very much attached to grandparents, relative of local politician, talking how he is doing farming, taking efforts for farm, asking to cure him as early as possible as he wants to look after

his farm but due to skin eruption he was unable to work in farm, because eruptions are very much itchy, telling how he is concern and careful about his grandparents, he become irritable during his sickness even he get simple fever, while narrating complaints he was smiling and gestures are like shy boy. telling during history he has to work more because during his sister's marriage his parents took loan, so now he has to work more in his farm to repay it. Who will do that, asking in how much time eruptions will disappear.

### Physical

Appetite: Good

Thirst: thirstlessness

Craving: Nothing specific

Urine: Normal

Stool: constipated sometimes

Perspiration: Normal

Sleep: On back, sound sleep

### Past History complaints

No any specific

### Family History

Mother: No any specific

Father: No any specific

Siblings: No any specific

### Rubrics Repertorization

- Mind; ailments from embarrassment (while narrating patient was bit smiling, typical embarrassment while narrating complaints)
- Mind; Effeminate (while entering his effeminate manner)
- Mind; Talking business of (continually talking about his farm work)

- Mind; Irritability heat during (while complaints he become irritable / during fever he become irritable)
- Sleep; position on back
- Skin; psoriasis

Remedies after reportorial filter.  
Pulsatilla, Sulphur, Phosphorus

Justification of remedy  
The disposition and mental state are the chief guiding symptoms to the selection of Pulsatilla.

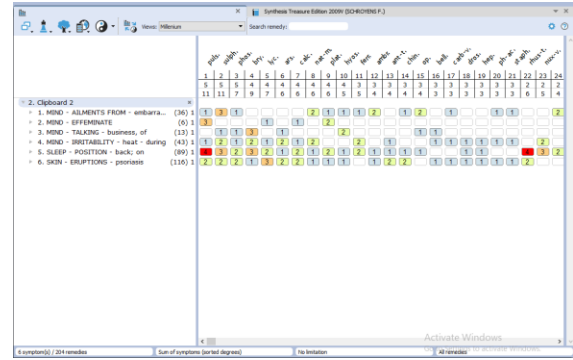
Remedy

Prescribed Pulsatilla 200c one dose  
According to Repertorization result and comparative study from Materia medica Pulsatilla 200 c one dose given.

Repertory used – Synthesis repertory through Radar software.  
Follow up

**CONCLUSION: CASE DISCUSSION**

From above case it is clear that whatever may be the diagnosis, if proper selection of constitutional remedy is done cure is achieved, skin is most vulnerable part for expression but that is mirror of mind what homoeopathy need to do is to look into that mirror so as to get result. on the basis of holistic approach PULSATILA removed itching eruptions and as there is no relapse of eruption so we can say homeopathy helps in psoriasis, so to find out constitutional Simillimum, need to know patient’s physical make up, mental makeup and general make up so as to reverse the chain of illness and bring patient back to normalcy<sup>7</sup>



12/05/23	Itching skin eruptions all over body especially on abdomen and limbs.	pulsatilla 200 single dose SL 15 days.
27/05/23	itching reduced, No change in eruptions	SL
11/06/23	itching reduced, eruptions reduced	SL
26/06/23	itching reduced, eruptions reduced	pulsatilla 200 single dose
12/07/23	No relapse , itching reduced, eruptions reduced	SL
23/08/23	itching reduced, eruptions reduced	SL
1 /09/23	No itching and No eruptions	SL

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