# Quality Improvement Studies in Garment Manufacturing Units - A Review

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Abstract— In the garment manufacturing industry, maintaining high-quality standards is crucial for competitive advantage and customer achieving satisfaction. This review paper synthesizes findings from eight research studies on defect reduction and quality improvement techniques in garment manufacturing. Key methodologies such as Six Sigma's DMAIC (Define, Measure, Analyze, Improve, Control) approach, Statistical Quality Control (SQC) tools, and Total Quality Management (TQM) are examined for their efficacy in minimizing defects and enhancing production efficiency. Human factors, including operator training and fatigue, are also highlighted as significant contributors to defect rates. The literature emphasizes the critical role of continuous quality control measures and systematic approaches in achieving and sustaining high product quality in garment manufacturing.

Index Terms - Garment Manufacturing, Quality Control, Defect Reduction, Six Sigma, DMAIC, Statistical Quality Control, Total Quality Management, Human Factors

# I. INTRODUCTION

Quality control is an essential aspect of garment manufacturing, directly impacting both the product quality and the economic viability of manufacturing units. The importance of implementing effective quality control measures cannot be overstated, especially in a highly competitive market where defect rates can significantly affect a company's reputation and profitability. The literature reviewed highlights various tools and methodologies, such as Pareto charts, Cause-Effect diagrams, and Six Sigma's DMAIC methodology, which are instrumental in identifying and reducing defects in garment production [1], [2].

This literature review aims to explore the current state of rejection analysis and quality improvement practices in garment manufacturing units. By examining different studies conducted in various regions, particularly in Bangladesh, Pakistan, and Punjab, this review seeks to provide a comprehensive understanding of the challenges and effective strategies for minimizing defects and improving overall product quality. The objective is to identify best practices and recommend actionable steps for garment manufacturers to enhance their quality control processes and maintain a competitive edge in the market [1]-[3].

# II. LITERATURE REVIEW

# A. Quality Control Tools and Methodologies

Quality control tools such as Pareto Analysis and Cause-Effect Diagrams are foundational in identifying and addressing defects within garment manufacturing. Pareto Analysis helps prioritize the most significant defect types, allowing manufacturers to focus their improvement efforts where they will have the most impact. Cause-Effect Diagrams, also known as Ishikawa or fishbone diagrams, aid in systematically identifying potential causes of defects, thus facilitating more targeted and effective corrective actions. Studies have shown that these tools, when combined with proper training and implementation, can significantly reduce defect rates and enhance product quality [1], [4].

The Six Sigma methodology, particularly its DMAIC (Define, Measure, Analyze, Improve, Control) framework, has been highlighted as an effective approach to systematic quality improvement. DMAIC provides a structured, data-driven process for identifying root causes of defects and implementing solutions. In garment manufacturing, the use of Six Sigma tools such as control charts, scatter diagrams, and histograms has led to substantial reductions in defect rates. Case studies within the literature demonstrate how Six Sigma's rigorous approach to process variability and defect reduction can lead to improved product quality and increased productivity, reinforcing its value as a quality management strategy [3], [5], [6].

# B. Common Defects in Garment Manufacturing

Defects in garment manufacturing can be categorized into several types, including fabric defects, cutting and spreading defects, sewing defects, and finishing defects. Fabric defects, such as knots, slubs, and color variations, often arise from poor-quality raw materials or improper handling during production. Cutting and spreading defects, like misaligned patterns and improper cuts, are typically due to inaccurate pattern placement and faulty equipment. Sewing defects, including skipped stitches, broken seams, and puckering, are frequently caused by machine malfunctions or operator errors. Finishing defects, such as poor pressing and incorrect labeling, stem from inadequate equipment and improper handling [4], [8].

The economic impact of these defects is significant, as they increase production costs and cycle times due to the need for rework. Effective management of these defects involves implementing stringent quality checks at each stage of production, from fabric procurement to final packing. Quality control techniques such as Total Quality Management (TQM) and Statistical Process Control (SPC) are essential for identifying and prioritizing defects. By employing these methods, manufacturers can systematically address the root causes of defects and implement corrective measures, ultimately enhancing product quality and reducing rejection rates [2], [7], [8].

# C. Human Factors in Quality Control

Operator skills and training are critical determinants of defect rates. Studies have shown that defects often arise due to lack of proper training, fatigue, and complacency among workers. Targeted training programs for quality checkers and operators can significantly mitigate these issues by equipping them with the necessary skills and knowledge to perform their tasks effectively. Continuous training and development programs ensure that operators are updated on the latest quality control techniques and best practices, thereby reducing the likelihood of human error [1], [6]. Moreover, addressing human factors such as fatigue and complacency is vital for maintaining high-quality standards. Implementing strategies to reduce worker fatigue, such as optimizing work schedules and providing adequate breaks, can help maintain consistent performance levels. Additionally, fostering a culture of continuous improvement and accountability can motivate workers to maintain high standards and reduce complacency. By prioritizing human factors in quality control, garment manufacturers can achieve more consistent product quality and lower defect rates, leading to improved overall efficiency and customer satisfaction [3], [8].

# D. Case Studies and Empirical Evidence

Numerous case studies illustrate the practical application and benefits of quality control methodologies in garment manufacturing. For instance, research conducted in Bangladesh has demonstrated significant improvements in defect reduction through the use of Six Sigma and its DMAIC methodology. One study showed a reduction in defect rates from 12.61% to 7.7% in a garment factory's sewing section, highlighting the effectiveness of structured, data-driven approaches in identifying and addressing root causes of defects. These improvements not only enhanced product quality but also increased the factory's competitiveness in the global market [1], [6].

Similarly, the application of Six Sigma in Pakistan's textile industry has yielded substantial benefits. A case study focusing on a textile weaving unit reported an improvement in the sigma level from 2.2 to 3, resulting in a monthly profit increase of \$26,000. This was achieved by identifying and rectifying key defects through routine monitoring and data-driven decision-making. Additionally, studies in Punjab have shown that implementing Standard Operating Procedures (SOPs) and robust quality control measures can significantly reduce rejection rates and improve product quality. These case studies provide empirical evidence of the effectiveness of quality control tools and methodologies, reinforcing their value in enhancing manufacturing processes [5], [7].

#### E. Continuous Improvement and Monitoring

Continuous improvement and ongoing monitoring are fundamental to maintaining high-quality standards in garment manufacturing. Total Quality Management (TQM) is a comprehensive approach that fosters a culture of continuous improvement by involving all organizational members in the quality control process. By emphasizing incremental improvements and customer satisfaction, TQM helps manufacturers achieve consistent product quality and operational efficiency. Studies have shown that TQM can lead to significant defect reductions and improved production processes, thereby enhancing overall competitiveness [2], [7].

Regular monitoring and control are also crucial for sustaining quality improvements. Tools such as control charts and regular inspections enable manufacturers to detect and address deviations in realtime, ensuring that defects are promptly corrected. Continuous monitoring helps maintain process stability and prevents the recurrence of issues. Implementing these practices requires a dedicated quality control team and a robust quality management system to track and analyze performance data. By prioritizing continuous improvement and monitoring, garment manufacturers can achieve long-term quality enhancements and maintain a strong competitive position in the market [3], [5].

# F. Recommendations for Quality Improvement

To achieve sustained quality improvement in garment manufacturing, several strategic recommendations can be implemented. First, establishing and adhering to Standard Operating Procedures (SOPs) ensures consistent production quality by standardizing processes and reducing variability. SOPs provide clear guidelines for operators and help maintain uniformity in production, thereby minimizing defects. Investing in advanced quality control equipment, such as automated inspection systems, can further enhance the accuracy and efficiency of defect detection and correction [6], [7].

Ongoing training and development programs for staff are also essential for maintaining high-quality standards. Regular training sessions ensure that operators are well-versed in the latest quality control techniques and best practices, reducing the likelihood of human error. Additionally, implementing routine maintenance schedules for equipment can prevent machine malfunctions that contribute to defects. Regular checks and maintenance ensure that machinery operates at optimal performance levels, reducing downtime and defect rates. By adopting these recommendations, garment manufacturers can significantly improve product quality and achieve greater operational efficiency [1], [5], [8].

#### CONCLUSION

The literature reviewed provides a comprehensive overview of the challenges and effective strategies for rejection analysis and quality improvement in garment manufacturing. Quality control tools such as Pareto Analysis, Cause-Effect Diagrams, and Six Sigma's DMAIC methodology have been shown to be highly effective in identifying and reducing defects. Case studies from various regions, including Bangladesh, Pakistan, and Punjab, provide empirical evidence of the benefits of implementing these methodologies, highlighting significant improvements in defect rates and overall product quality.

In conclusion, systematic, data-driven approaches to quality control are essential for maintaining competitiveness in the garment manufacturing industry. By prioritizing human factors, continuous improvement, and ongoing monitoring, manufacturers can achieve sustained quality enhancements and reduce rejection rates. The insights gained from this literature review offer valuable guidance for garment manufacturers seeking to improve their quality control processes and maintain a strong position in the global market. Future research and broader implementation of these methodologies can further enhance quality standards and drive industry-wide improvements.

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