

# Times of Remedies and Moon Phases

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## INTRODUCTION

The Times of Remedies” was mainly based upon Boger’s own practical observations and long clinical experience. He was of opinion that the particular time when a medicine manifests its full therapeutic action is often of decisive importance.

The portion devoted to “aggravations” and “amelioration” is a translation from an article which originally appeared in The Zeitschrift des Berliner Vereines Homoeopatischer Aerzte ( Vol. XXV )

Dr. Boger has emphasized the importance of “Time-factor” and the “Moon Phases” in the action of drug . It is rather a new method of application of remedies developed from an extensive research work carried by this indefatigable worker in the cause of advancement of the homoeopathic science and it is due to his tireless energy and hardwork that a new angle of vision in prescribing medicine has been brought about.

### Plan & Construction Of The Book :

- In Memorium - short life history of Boger
- Foreward
- Abbreviated names of medicines and their full names (330 medicines)
- Times of the remedies and Moon phases.
- The times which characterize the appearance and aggravation of the symptoms and their remedies .
- Moon phases –introduction, table and letter
- Index

### Arrangement Of Rubrics :

- Under the title “Times of the Remedies and Moon Phases” : The General rubrics start with 1 AM followed by various subrubrics like 1 am to 2am, 1am to 3 am, 1 am to 5 am etc.
- It is followed by 2 AM, 3 AM upto 12 Night
- Rubrics are given in Bold letters.

- The aggravations and amelioration in subrubrics are marked as “ < and > ” .

### Gradation:

1<sup>st</sup> grade – CAPITAL

2<sup>nd</sup> grade – Bold

3<sup>rd</sup> grade – Roman

### Arrangement of the Sections / Chapter:

- Under the title “Times of the Remedies and Moon Phases” : The General rubrics start with 1 AM followed by various subrubrics like 1 am to 2am, 1am to 3 am, 1 am to 5 am etc.

It is followed by 2 AM, 3 AM upto 12 Night.

- The second section is “ The Times which Characterize the appearance and aggravation of the symptoms and their Remedies ” it consist of :

1. Seasons – Spring , Summer , Autumn , Winter
2. Fever – Chill and Heat
3. Periodicity – It contains 20 subsections from Mind to Fever
4. During Day – It contains 25 subsections
5. Morning (4am-9am) - followed by 28 subsections
6. Forenoon (9am to 12 noon) - followed by 21 subsections
7. Noon - It contains 14 subsections
8. Afternoon (12noon to 6pm)- followed by 28 subsections
9. Evening (6pm to 9pm) - followed by 29 subsections
10. Night (9pm to 4am) - followed by 30 subsections

Moon Phases : II Part of the Repertory

This work was published along with the “times of the remedies” in 1931.

The total number of remedies used in this work is 186.

Dr. Boger has emphasized the importance of “moon phase” in the action of a drug.

➤ It is presented in the form of table as different moon phases & the remedies are grouped under these headings :

New moon  
First quarter  
Full moon

Last quarter

➤ The table consist of an enumeration of the time, at which a particularly successful prescription has been made; thereby accentuating the importance of the time period in which the remedy has been found more useful.

- Whenever a patient reported with striking relief in the symptoms, Boger will write down the date of prescription.
- These dates were collected and located in the phase of the moon.
- The number mentioned in the table denotes the number of cases where he (against which number is written) was successful in bringing out results.
- The results are entirely clinical.
- This table is a strong confirmatory symptom evaluator in the final decision, as to remedy to be chosen .

Special Features :

- The repertory has consider the time phases starting from 1am till 12 midnight .
- Boger has given a importance to Periodicity – which is the third section followed by 20 subsections from mind to fever.
- A section on Season has also been added , giving elaborative description of different season with remedies .
- Boger has given a separate section on Fever as well starting with Chill then Heat .
- In second part of the repertory , a table comprising of different phases of moon has been given which helps concluding the action of different drugs in different phases of the moon cycle .

Some Important Rubrics Under This Repertory:

SPRING – Diarrhoea: -< Lach.

SPRING – Toothache: -< Puls.

SUMMER – Cough: -> Ars-I

WINTER – Asthma: -< Carb-V

FEVER – Chill – Never at night: - Chin.

FEVER – Heat – 2 PM : - PULS

PERIODICITY – Every twenty-first day : - Aur.

PERIODICITY – Every fourth day: - Ars.

PERIODICITY – Every third day: - Eup-Per.

PERIODICITY – Nose – 9A.M :- Kali-B

DURING DAY – Stool – Incontinentia Alvi: - Hyos.

MORNING – Abdomen – Sunrise, at : - Cham.

MORNING – Heart – 4 AM to 5AM : - LYC.

FORENOON – Fever – Sweat – Every Other day : - Fer.

NOON – Respiratory Organs – Cough > when lying down: - MANG.

AFTERNOON – Stomach – Hiccough ( singultus ) – 1 P.M to 2 P.M : - Verat – V.

AFTERNOON – Larynx – Hoarseness – 5 P.M : - CAUST. , Chel.

EVENING – Mouth – Taste – Pus of , in the mouth: - Hyos.

EVENING – Fever – Heat – The highest temperatures with delirium until midnight : - BRY.

EVENING – Fever – Sweat – 7 P.M to 10 P.M :- Samb.

NIGHT – Respiratory Organs – Suffocative attacks – 11P.M :- Scilla

NIGHT – Chest – Oppression of the chest – 2 A.M :- Kali-B.

NIGHT- Neck – Stiffness of the neck – PHYT.

NIGHT- Back – Sweat on the back – 3 A.M : -- Rhus-T.

NIGHT – Skin – Formication :- CIST.

NIGHT – Fever – Sweat – Cold : - SEP.

MERITS :-

- It is a handbook for easy reference.
- Moon phases are given utmost importance in this book .
- There are a number of clinical and pathological rubrics.
- The division is according to different time , which gives more value to the time modality .
- This is an authentic work , done by C.M Boger where he wrote every action of drug considering the moon phase .

DEMERITS :-

- The limited number of remedies and rubrics.
- The arrangement of the chapter should be more systematic .
- Mental symptoms are scattered.
- No full remedy indexes.
- Certain rubrics are not defined well.