

Understanding The Utility of Boenninghausen's Concept of Concomitant by Identifying Different Types of Concomitants in Clinical Cases- a Case Series Study

Dr. Dhaval R. Akbari¹, Dr. Hema Parikh²

¹MD (Hom), Ph.D. Scholar¹-Shri Govind Guru University, Vinzol-Godhra
Associate Professor, Dept. of Repertory, Shree Mahalaxmiji Mahila Homoeopathic Medical College and Hospital, Vadodara, Gujarat.

²MD (Hom), Professor & Head, Department of Repertory, Smt. Malini Kishore Shanghvi Homoeopathic Medical College, Karjan, Vadodara.

Abstract: - Boenninghausen's concept of concomitant is well known and utilized by practitioners but in limited way. From the study of literature concomitant has been utilized in many different ways. So, the objective of the study is to identify different types of concomitants based on the view of different stalwarts to broaden the understanding of concomitants and show its utility in clinical practice. In this study retrospective study of four cases treated successfully in clinical practice where, concomitants have been used in totality have been selected and different types of concomitants have been identified from the case based on view of stalwarts. In essence, the document delves into the exploration of Boenninghausen's concept of concomitant in clinical cases. The study's findings shed light on the various types of concomitants identified, including concomitants related to chief complaints, associated complaints, physical generals, and general states. These findings highlight the potential for broadening the application of Boenninghausen's concept of concomitant in clinical practice, providing insights into its diverse utility beyond its traditional use. This not only enriches the comprehension of concomitants but also focuses on their practical relevance in enhancing clinical outcomes and patient care.

Key words: - Boenninghausen, concomitants

INTRODUCTION

According to dictionary, the word concomitant means something which accompanies or connected collaterally at the same time with something else. [1, 2, 3]

In homoeopathy, we understand concomitants as symptoms that accompany the chief complaints, which does not have any patho-physiological correlation with the chief complaints and which do have time-association.

Boenninghausen, in his preface to "Therapeutic Pocket Book", in his article "characteristic value of

the symptom" in the hexameter under heading 'Quibus Auxiliis' and in his essay on the treatment of Intermittent Fever, demonstrated the utility of concomitants in individualizing the remedy. Furthermore, he guided about perceiving the concomitants in a case and said that, symptoms which are less frequently appears in connection with chief complaints, different sphere than chief complaints and characteristic of medicine can be used by generalizing it even though it was not observed at particular level earlier. [4, 5, 6, 7]

Dr. Roberts demonstrated use of associated complaints as concomitant and concomitant before actual complaint starts through cases in his book "The principle and art of cure by homoeopathy". [8] In the symposium area D under the Boenninghausen's concept of totality in paper D-2 Dr. Kasad under striking concomitants mentioned the Bodman's view that physical concomitant in a mental case and metal concomitant in physical case are important. [9]

By analyzing cases from the book Principle and Practice of Homoeopathy by Dr. Dhawale it is evident that he used concomitant with chief complaint, physical general modality and physical general as concomitant and general state as concomitant. This broader understanding and application of concomitant in cases throw the light on area less understood and thus less applied. [10, 11, 12,13]

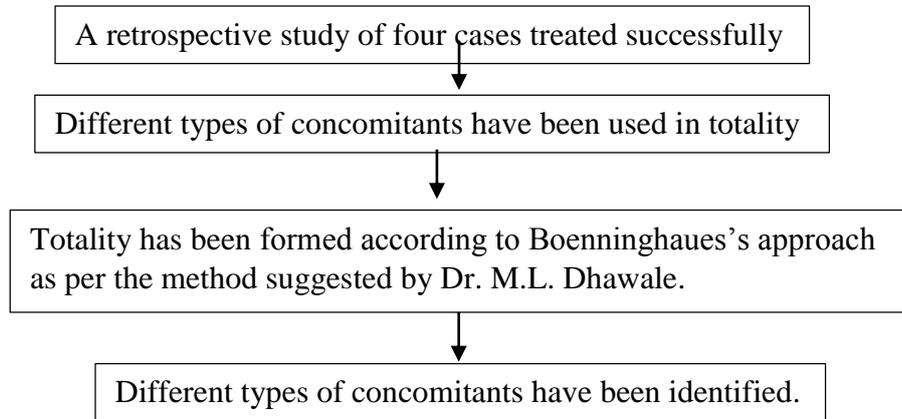
From the above literature review stalwarts have perceived and utilized concomitants in various ways. Still in recent times concomitants have been used in limited ways in clinical practice. Hence, this paper is

aimed to demonstrate possible ways in which concomitants can be identified and utilized in clinical practice in broader spectrum.

- To identify different types of concomitants based on the view of different stalwarts.
- To broaden the understanding of concomitants and show its utility in clinical practice.

OBJECTIVES

MATERIA AND METHODS



Case no. 1

A 31 years old female came on 29-8-2023 with the complaints of right sided facial weakness, strain while closing right eye, difficulty in chewing, angle of mouth deviated to left side and facial pain while lying on right side since one day. Complaints started after intense emotions followed by weeping after reading a letter of a brother. With these complaints she started getting irritability on trifles and her thirst decreased. Since 1 week she was also suffering from complete loss of voice, expectoration, watery discharge form nose and eyes and dry coughing which is aggravated by lying on left side at night and ameliorated by siting and lying on right side. On

examination right eye closing with wrinkles in upper eye lid, while ballooning face angle of mouth deviated to left side, while blowing air from center of lips right side lips can't hold air and air passes from right side of mouth. Respiratory system is clear.

Diagnosis: - Bell's palsy, laryngitis and bronchitis

Approach: - Boenninghausen's approach as presence of characteristic causation, modalities and concomitants.

Evolution of symptoms: - According Boenninghausen's approach as per the method suggested by Dr. M.L. Dhawale

1.	A.F. emotions ³	Causation
2.	<lying on left side ³	Aggravating modality
3.	<lying on right side ²	Aggravating modality
4.	>sitting ³	Ameliorating modality
5.	Irritability on trifles ³	Concomitant to chief complaints - mental concomitant to physical complaints
6.	Thirst decreased ²	Concomitant to chief complaints – physical concomitant to physical complaints

Repertorization: -

Remedy	Puls	Phos	Nux-v	Sulph	Acon	Sep	Bry
Totality	19	18	16	15	14	14	13
Symptoms Covered	6	6	5	6	5	5	6
[Therap] [Aggravation]Excitement, Emotional:	4	3	4	2	3	2	3
[Therap] [Aggravation]Lying:On side:Left:	4	4	0	3	3	3	2
[Therap] [Aggravation]Lying:On side:Right:	1	3	3	1	2	0	2
[Therap] [Ameliorations]Sitting down:	2	3	3	3	2	3	2
[Therap] [Mind]Fretfulness:	4	3	4	4	4	3	3
[Therap] [Hunger And Thirst]No thirst:	4	2	2	2	0	3	1

Medicine: - Phosphorus-0/3 in water potency for a span of 1 month

Outcome: - cured.

Case no. 2

A 61year old male came on 10-4-2023 with the complaints of burning pain in right and left iliac fossa after urination, frequent desire to urinate, urine comes drop by drop since 2 months. Along with this he has increased thirst for one glass frequently. On USG abdomen right kidney shows 2 stones of 2 to 5 mm in caliceal system with minimal fullness of pelvicalyceal system and left kidney shows hydronephrosis and

upper hydroureter up to left VUJ due to stone of 11*7 mm size. He is also suffering from post-viral hoarse coughing since 2 months which is aggravated at night and while talking. Chest X-ray shows prominent broncho vascular markings in both lower lung fields.

Diagnosis: - Renal calculi- Acute renal colic, Bronchitis

Approach: - Boenninghausen’s approach as presence of characteristic modalities and concomitants.

Evolution of symptoms: - According Boenninghausen’s approach as per the method suggested by Dr. M.L. Dhawale

1.	<Urination after2	Aggravating modality
2.	<night2	Aggravating modality
3.	<talking2	Aggravating modality
4.	Thirst increased- one glass frequently	Concomitant – concomitant to chief complaints
5.	Coughing-hoarse3	Concomitant- associated complaints as a concomitant
6.	Urine- drop by drop	Sensation

Repertorization: -

Remedy	Chin	Nux-v	Bell	Hep	Sulph	Merc	Nat-m
Totality	18	18	17	17	17	16	16
Symptoms Covered	6	6	6	5	5	6	5
[Boenning] [Urine]After Urination:Agg.:	2	2	2	4	2	2	4
[Boenning] [Time]Time:Night:	4	2	3	4	3	4	3
[Boenning] [Aggravation and Amelioration]Talking, speaking:Agg.:	4	2	3	3	4	1	4
[Boenning] [Thirst]Thirst:	3	4	4	2	4	4	4
[Boenning] [Cough]Hoarse:	3	4	2	4	0	3	1
[Boenning] [Urine]Micturition:Urination:Drop:By drop (strangury):	2	4	3	0	4	2	0

Medicine: - Nux vomica - 200 to 1M QDS within the span of 15 days has been prescribed.

Outcome: - calculi got out while urinating and coughing also much better.

Case no. 3

A 34 years female came on 8-3-2023 with complaints of burning pain in esophagus since august-2022. She also feels food is stuck, occasional pain in epigastrium and wandering pain in both shoulders. Complaints increases when takes spicy food. She has anxiety about diseases specifically related to heart disease. She has perspiration on forehead, desire for spicy and constipation since childhood. No desire for

stool for 3-4 days. She is chilly thermally. Before 4 days of menses she gets irritability on small matters, back and thigh pain, headache, nausea and perspiration in forehead increase. At beginning of menses all complaints gets better. She ahs anxiety about family members and about health of her daughter.

Diagnosis: - GERD

Approach: - Boenninghausen’s approach as presence of characteristic concomitants and physical generals.

Evolution of symptoms: - According Boenninghausen’s approach as per the method suggested by Dr. M.L. Dhawale.

1.	Anxiety about heart disease	Concomitant – concomitant to chief complaints
2.	Headache2 before menses	Concomitant – physical general as a concomitant
3.	Nausea2 before menses	Concomitant – physical general as a concomitant

4.	Perspiration on forehead increases before menses	Concomitant – physical general as a concomitant
5.	Constipation-stool every 3-4 days	Physical general
6.	Desire-spicy ²	Physical general
7.	Perspiration forehead ²	Physical general
8.	Wandering pain	Physical general

Anxious personality for differentiation.

Repertorization: -

Remedy	Puls	Sulph	Phos	Calc	Sep	Zinc
Totally	18	18	16	16	15	15
Symptoms Covered	5	5	5	4	5	5
[Therap] [Mind]Anxiety:	4	3	4	4	3	3
[Therap] [Menstruation]Before Menstruation:	4	4	3	4	4	4
[Therap] [Stool]Constipation:	2	4	3	4	3	3
[Therap] [Fever]Sweat special Parts:	4	4	3	4	4	3
[Therap] [Hunger And Thirst]Desire for:Spiced food (and highly-seasoned food):	0	0	3	0	0	0
[Therap] [Sensation]Pain:Jumping from place to place:	4	3	0	0	1	2

Medicine: - Calcaria carb - 200 one dose weekly given within the span of 5 months

Outcome: - Cured.

Case no. 4

A 41 years male came on 26-8-2022 with complaints of swelling on upper and lower eyelids and wheels with itching on chest, abdomen, back, thighs and soles since 2 years. Complaints started after COVID vaccination and aggravates in evening after 6 pm. With this he has anxiety about health². He also has complaints of ankle and toe pain due to increase uric

acid level on and off. He has offensive perspiration and thermally chilly. He has dreams of water⁵ and finds money while walking².

Diagnosis: - Urticaria

Approach: - Boenninghausen’s approach as presence of characteristic causation, modalities, concomitants and physical generals.

Evolution of symptoms: - According Boenninghausen’s approach as per the method suggested by Dr. M.L. Dhawale.

1.	A.F. after COVID vaccination	Causation
2.	2<evening after 6 pm	Aggravating modality
3.	2<night	Aggravating modality
4.	Uric acid diathesis	Concomitant- general state as a concomitant
5.	Anxiety about health ²	Concomitant – concomitant to chief complaints
6.	Perspiration- offensive	Physical general

Repertorization: -

Remedy	Puls	Sep	Lyc	Nit-ac	Sulph	Calc
Totally	24	24	23	23	23	22
Symptoms Covered	6	6	6	6	6	6
[Complete] [Generalities]Vaccination:After, ailments from:	4	4	4	4	4	4
[Complete] [Generalities]Evening, six pm. - nine pm.:Agg.:	4	4	4	4	4	4
[Complete] [Generalities]Night, nine pm. - five am.:Agg.:	4	4	4	4	4	4
[Complete] [Blood]Uric acid diathesis, lithemia:	4	4	4	3	3	3
[Complete] [Mind]Anxiety:Health, about:	4	4	3	4	4	4
[Complete] [Perspiration]Offensive:	4	4	4	4	4	3

Medicine: - Lycopodium-200 one dose to three dose weekly to 1M one dose weekly with in span of 4 months

Outcome: - Cured.

RESULT

Cases where following categories of concomitants were used and got cured.

Case no.	Concomitants used in case	Type of concomitant
Case- 1	Irritability about trifles	Concomitant to chief complaints-mental concomitant to physical complaints

	Thirst decreased	Concomitant to chief complaints-physical concomitant to physical complaints
Case-2	Thirst- increased-one glass frequently	Concomitant to chief complaints
	Cough-hoarse	Associated complaints as a concomitant
Case-3	Anxiety about heart disease	Concomitant to chief complaints
	Before menses (headache, nausea, perspiration on forehead)	Physical general as a concomitant
Case-4	Anxiety about health	Concomitant to chief complaints
	Uric acid diathesis	General state as a concomitant

CONCLUSION

Overall, the study serves to expand the understanding and application of Boenninghausen’s concept of concomitant by identifying different types of concomitants in clinical cases. By analysing successful clinical cases, the study demonstrates the effective utilization of various concomitants, thereby advocating for a broader utilization of this concept in clinical practice. This not only enriches the comprehension of concomitants but also focuses on their practical relevance in enhancing clinical outcomes and patient care.

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