

Effective Homeopathic Treatment of Juvenile Flat Warts: A Case Report

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Abstract—Introduction: Flat warts, also known as juvenile warts, are benign, smooth, small skin growths primarily caused by human papillomavirus (HPV) infection, commonly affecting children and adolescents. They typically appear on the face and hands and are characterized by a flat, smooth surface. Despite their benign nature, these warts may cause cosmetic concerns and discomfort. Treatment options vary, with homoeopathic remedies offering a non-invasive alternative. **Materials and Methods:** The patient, Miss XX, an 8-year-old girl, presented with flat, brownish-black warts around both eyes and cheeks, persisting for one year. No history of external treatments was reported. The homoeopathic approach involved administering a single dose of Dulcamara 200C, followed by Sac Lac and B. Pills as supportive treatments. The treatment was monitored with regular follow-ups. **Results:** The flat warts on the cheeks and around the eyes reduced in size, and the skin returned to a normal appearance. No recurrence of warts was observed during the follow-up period. **Conclusion:** This case demonstrates the effectiveness of Dulcamara 200C in treating juvenile flat warts, highlighting the potential of homeopathic medicine for skin conditions. The patient's complete recovery without external applications supports the use of individualized, potentized remedies in managing warts.

Index Terms—Dulcamara, Flat warts, Homoeopathy, Skin disorders.

I. INTRODUCTION

Flat warts, also known as verrucae planae, are benign skin growths caused by infection with human papillomavirus (HPV), most commonly affecting children and adolescents. These warts are typically

smooth, flat-topped, and range in color from skin-toned to brownish-black. They are often found in clusters, with common sites including the face, hands, and forearms (1). The pathogenesis involves the virus entering through small abrasions in the skin, leading to the proliferation of infected keratinocytes in the basal layer of the epidermis (2). Flat warts, while usually asymptomatic, may cause cosmetic concerns due to their location and appearance. Treatment options typically include topical therapies such as salicylic acid, cryotherapy, or laser treatments, but these methods can be invasive and may lead to scarring (3). Dr. Christian Frederick Samuel Hahnemann in his Organon of medicine explained that homoeopathic medicines act by law of similars, meaning the medicines can make symptoms appear on the healthy humans and those symptoms are cured by the same medicine when they are administered to the sick person.

Epidemiology

It is estimated that 10% of people worldwide are affected by warts, with the incidence among school-age children reaching 10% to 20%. Individuals who handle meat and those with compromised immune systems are more likely to develop warts (4)

II. CASE REPORT

This is a case of 8-year-old girl child who came to the Outpatient department of Sarada Krishna Homoeopathic Medical College and Hospital on 01/05/2023. The presenting complaints were flat papular eruptions around both eyes and both cheeks, present for 1 year.

Brownish-black in color, no pain or itching, no aggravating factors. The warts first appeared over the eyelids and later spread to the cheeks. The size of the lesions remained constant over the course of the year, with no prior treatment sought.

There is no relevant family history.

HISTORY OF PREVIOUS ILLNESS WITH TREATMENT ADOPTED:

4 years of age: Appendicitis- Appendectomy done.

FAMILY HISTORY: Nothing relevant.

GENERAL FEATURES:

Appetite : Good, 3 times /day

Thirst: Good. No dryness of mouth

Stool: Regular

Urine: Normal

Sweat: Head

Sleep: Sound sleep

Dreams: Nothing specific

REACTION TO:

Desire: Spicy, mutton

Aversion: Nil

Thermal: Hot

MENTAL GENERALS:

Easily angered and hits others

PHYSICAL EXAMINATION:

CONSCIOUS: Conscious

GENERAL APPEARANCE: Dark

GENERAL BUILD UP AND NUTRITION: Thin

Height : 121 cm

Weight : 23.3 Kg

BMI : 15.9 Kg/m² (Underweight)

PHYSICAL FINDINGS:

ANAEMIA: No pallor

JAUNDICE: Not icteric

CYANOSIS: No cyanosis

EDEMA: No edema

LYMPHADENOPATHY: No lymphadenopathy

GAIT : Steady

PULSE : 83 beats / minute

TEMPERATURE: 98.60 F

RESPIRATORY RATE: 17/ minute

SYSTEMIC EXAMINATION:

EXAMINATION OF SKIN:

Site: Around both eyes, both cheeks over zygomatic area

Color: brownish - black

Margin: defined

Size: small

Shape: irregular

Pattern of distribution: symmetrical

Distribution: localized

Numbers: multiple

Discharge: absent

III. ANALYSIS OF SYMPTOMS

COMMON SYMPTOMS	UNCOMMON SYMPTOMS
flat papular eruptions around the eyes and over the cheeks Brownish black colour	Easily angered Profuse perspiration of scalp Desire spicy food, mutton Hot patient

EVALUATION OF SYMPTOMS

MENTAL GENERALS	PHYSICAL GENERALS	PARTICULARS
Easily angered and hits others	Sweat profuse over scalp Hot patient Desire spicy food, mutton	Flat papular eruptions around eyes and over the cheeks Brownish black in colour

TOTALITY OF SYMPTOMS

Easily angered

Desire spicy food and mutton

Profuse perspiration of scalp

Flat papular eruptions over the eyes and over the cheeks

MIASMATIC ANALYSIS

PSORA	SYCOSIS	SYPHILIS
Easily angered Desire spicy food	Profuse perspiration of scalp Desire mutton Flat papular eruptions	

HOMOEOPATHIC DIAGNOSIS

One sided disease: External in nature Internal in origin

REPERTORIAL TOTALITY

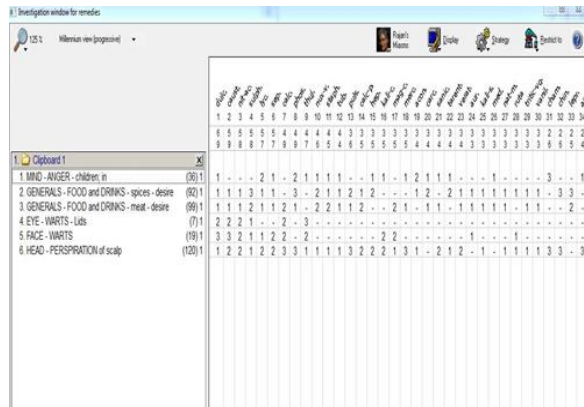


Figure 1: Reportorial chart

BASIS OF PRESCRIPTION

Repertorisation was done and a single dose of medicine Dulcamara 200 C, one 30 sized medicated globules in 1 grains of sugar of milk, dry dose advised to be taken morning orally.

FOLLOWUP

Table 1: Follow up of the case

DATE	SYMPTOMS	PRESCRIPTION
15/5/2023	Flat papular eruptions slightly better than before but persists Generals: Good	R SAC LAC / 1 DOSE (M) B. PILLS 3 x TDS X 2WEEKS
31/5/2023	Flat papular eruptions slightly better Generals: Good	R SAC LAC / 1 DOSE (M) B. PILLS 3 x TDS X 2WEEKS
16/6/2023	Flat papular eruptions slightly better Generals: Good	R SAC LAC / 1 DOSE (M) B. PILLS 3 x TDS X 2WEEKS
24/7/2023	Flat papular eruptions better Generals: Good	R SAC LAC / 1 DOSE (M) B. PILLS 3 x TDS X 2WEEKS

IV. DISCUSSION

Samuel Hahnemann states that by using this medication only internally, the body's overall morbid state is eliminated along with the local affection, and the two conditions are cured simultaneously, demonstrating that the local affection was only dependent on a disease of the rest of the body and should only be considered an integral part of the whole, one of the most significant and noticeable symptoms of the illness. Calcarea carbonica, Causticum, Dulcamara, Natrum muriaticum, Nitric acidum, Thuja occidentalis, and other medications are included in the homeopathic repertory as being effective in treating warts. Flat, firm warts on the backs of the hands and face are indicative of Dulcamara and also suitable for the homeopathic treatment of big warts as well. (5)

This case report highlights the successful use of homeopathy, specifically Dulcamara 200C, in the treatment of flat warts in a child. Flat warts, typically caused by the human papillomavirus (HPV), are benign skin lesions that often appear in groups on the face and hands. While they generally resolve on their own, treatment may be sought for cosmetic reasons, especially in children. The case presented here demonstrates that homeopathic treatment can offer a safe, non-invasive alternative to conventional methods of wart removal.

Flat warts are usually asymptomatic and have a self-limiting course, but they can be persistent, leading to distress in patients, particularly when they are located in visible areas such as the face.

In this case, Dulcamara 200C was chosen as the homeopathic remedy based on the patient's constitutional symptoms, including her tendency to become easily angered, her preference for spicy food, and her profuse scalp perspiration. These mental and physical generals, combined with the characteristic appearance and location of the flat warts, led to the selection of Dulcamara. This remedy is indicated for conditions involving the skin, especially where there is a tendency for eruptions to appear in clusters, which matched the patient's presentation. Dulcamara is also useful for conditions aggravated by cold and damp, which aligned with the patient's condition in the context of her overall symptoms.

The selection of the appropriate potency (200C) was based on the patient's susceptibility and the principle of minimal dose, a core concept in homeopathy. The high potency was deemed appropriate due to the patient's high susceptibility score based on age, constitution, and the nature of her symptoms.

The result of the treatment was quite remarkable. Within two months of administration of a single dose of Dulcamara 200C, the patient's flat warts were completely resolved without the need for any external applications. This outcome is consistent with the concept in homeopathy that a well-selected remedy can stimulate the body's vital force to restore balance and resolve disease, even in conditions that are typically self-limiting.

PHOTOGRAPHIC EVIDENCE

PHOTO TAKEN ON: 01/05/2023



PHOTO TAKEN ON: 03/07/2023



PHOTO TAKEN ON: 24/07/2023



V. CONCLUSION

This case report illustrates the successful use of Dulcamara 200C in treating flat warts in an 8-year-old child, with complete resolution of the condition after just two months of treatment with a single dose. The success of this treatment was largely due to the individualized approach in homeopathy, where the remedy was selected based on the patient's full symptom profile. The fact that the treatment did not require external applications or invasive procedures highlights homeopathy as a non-invasive, safe, and potentially effective alternative for treating skin conditions such as flat warts.

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