

# Evaluating the Efficacy of Homeopathic Combinations for the Treatment of Fever due to COVID19 and its effect on addressing the associated Respiratory distress

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**Abstract and Research Overview-** The Interventional, Non Randomized, Active Controlled clinical research question for the overview was structured and scoped according to the PICO criteria (Population, Intervention, Comparator, Outcomes). Use of the PICO framework facilitates the systematic review process as it improves conceptual clarity of the clinical problem, allows more complex search strategies, results in more precise search results, and allows evidence to be selected appropriately.

Primary clinical research questions developed for the overview:

After successfully completing the Clinical Trial No. CTRI/2020/06/025530 [Registered on: 02/06/2020] on using the Homeopathic Combination for the Prophylaxis of Viral Fevers/ COVID19, during the second wave it became eminent that will same combination work for treating the patients suffering from COVID19 infection and associated Fever along with another combination for Treating the decreased SpO2 in absence any other treatment?

The agreed PICO criteria for the primary clinical research question “Is homeopathy effective in treatment of COVID19 fever and associated respiratory distress in absence of other treatments?

Population: patients on home quarantine observing all the requirements of COVID19 Lockdown.

Intervention: (1) Evaluating the Efficacy of Homeopathic Combinations for the Treatment of Fever due to COVID19 (2) Its effect on addressing the associated Respiratory distress (3) Effects of homeopathy can be determined by speedy recovery, symptom management etc. Combination of Homeopathic Medicines stratified by Homeopathic Doctor (Co Investigator) and Research Team

Comparator: (1) Not available due to lock down

Outcomes: Clinical outcomes while taking Medicine + Improvements in Fever and respiratory distress + Adverse events + No effects

Other systematic review considerations Limits: NA, Time duration: 4 Months

Effectiveness of Homeopathic Medicines in treatment of COVID19 fever and associated respiratory distress

Evidence summary: The effectiveness of Homeopathic Medicines for the treatment of Covid19 Quality Sample size: 30 patients

Population Covered: 18 to 80 years Covid +ve Patients on home quarantine

Intervention: Combination of homeopathic medicines of various potencies.

Comparator: Not Available.

Outcome: Treatment of fever and respiratory distress of patients suffering from COVID19 infection / post COVID complications.

Results as reported in the systematic review: Effective as compared to patients who did not get Homeopathic Combinations

Systematic review interpretation: Evidence observed in efficacy of the *Homeopathic Medicines for Treatment of COVID19*

**Keywords:**

Dr. Anurag Agarwal, Dr. Piyush Gupta, Dr. Shivani Rastogi, Dr. R.K. Jaiswal, Cancer Aid Society, NAPCAIM, National Association of Palliative Care For AYUSH & Integrative Medicine, Dept. of Anaesthesia Ram Manohar Lohia Institute of Medical Sciences, CAIDS, Zuhause Heilen Private Limited, COVID, COVID19, Homeopathic, Homeopathy, Viral Fever, Homeopathic Combinations, Prophylaxis, Homeopathic Study, Clinical Trial, AYUSH. Research

An Homeopathic, Interventional, Non-randomized, Active Controlled Trial conducted jointly by Dept. of Anaesthesia Ram Manohar Lohia Institute of Medical Sciences, Cancer Aid Society & Zuhause Heilen Pvt. Ltd.

Ethical Clearance obtained from: Cancer Aid Society Ethics Committee CDSCO Registration No.: ECR/331/Indt/UP/2020

**Background:**

An extension of successfully completed a Clinical Trial No. CTRI/2020/06/025530 [Registered on: 02/06/2020] on using the Homeopathic Combination for the Prophylaxis of Viral Fevers/ COVID19. Same combination was tested for treating the patients suffering from COVID19 infection and associated Fever along with another combination for Treating the decreased SpO2.

**Outcome:**

Initially the Trial was to be conducted on indoor patients however it was observed that in absence of injections it was not possible to give Homeopathic Medicines Orally at very short intervals as all the patients were on Oxygen hence the study was amended for the patients on home quarantine observing all the requirements of COVID19 Lockdown.

The Medicines were delivered to the patients contacting telephonically and the study was conducted in 30 patients.

Google Form was created for recording the data having requisite fields and responses obtained for assessment on the following options followed by RTPCR Test after treatment:

- Temperature (high) above 98.7 & SpO2 (low) 90% to 94%
- Temperature (high) above 98.7 & SpO2 (low) less than 90%
- Temperature (normal) upto 98.7 & SpO2 (low) 90% to 94%
- Temperature (normal) upto 98.7 & SpO2 below 90%
- Temperature (high) above 98.7 & SpO2 (NORMAL) 94% and above
- Temperature (NORMAL) upto 98.7 & SpO2 (NORMAL) 94% and above

**1. Before starting Homeopathic Combinations**

1 Patients was RTPCR +ve but asymptomatic and became RTPCR -ve

**2. 1 Day after starting Homeopathic Combinations**

4 Patients recorded Normal Temperature upto 98.7 & SpO2 over 94%

(2 Patients had Temperature (high) above 98.7 & SpO2 (low) 90% to 94%,

1 Patient had Temperature (high) above 98.7 & SpO2 (NORMAL) 94% and above,

1 Patient had Temperature (normal) upto 98.7 & SpO2 below 90%)

**3. 2 Days after starting Homeopathic Combinations**

6 Patients recorded Normal Temperature upto 98.7 & SpO2 over 94%

1 Patients recorded Temperature (normal) upto 98.7 & SpO2 (low) 90% to 94% recovered from below 90%

(2 Patients had Temperature (high) above 98.7 & SpO2 (NORMAL) 94% and above

3 Patients had Temperature (high) above 98.7 & SpO2 (low) 90% to 94%

1 Patients had Temperature (normal) upto 98.7 & SpO2 (low) 90% to 94%

1 Patients had Temperature (normal) upto 98.7 & SpO2 below 90%)

4. 4 Days after starting Homeopathic Combinations  
7 Patients recorded Normal Temperature upto 98.7 & SpO2 over 94%

3 Patients recorded Temperature (normal) upto 98.7 & SpO2 (low) 90% to 94% recovered from below 90%  
1 Patient recorded Temperature (high) above 98.7 & SpO2 (low) 90% to 94% recovered from below 90%  
(7 Patients had Temperature (high) above 98.7 & SpO2 (low) 90% to 94%

2 Patients had Temperature (normal) upto 98.7 & SpO2 (low) 90% to 94%

1 Patients had Temperature (normal) upto 98.7 & SpO2 below 90%)

5. 5 Days after starting Homeopathic Combinations  
1 Patients recorded Normal Temperature upto 98.7 & SpO2 over 94%

(1 Patient had Temperature (normal) upto 98.7 & SpO2 below 90%)

6. 7 Days after starting Homeopathic Combinations  
4 Patients recorded Normal Temperature upto 98.7 & SpO2 over 94%

1 Patients recorded Temperature (normal) upto 98.7 & SpO2 (low) 90% to 94% recovered from below 90%  
1 Temperature (high) above 98.7 & SpO2 (low) 90% to 94%

(2 Patients had Temperature (high) above 98.7 & SpO2 (low) 90% to 94%

1 Patient had Temperature (high) above 98.7 & SpO2 (low) less than 90%

1 Patient had Temperature (normal) upto 98.7 & SpO2 below 90%)

1 Patient had Temperature (high) above 98.7 & SpO2 (low) 90% to 94%, this lady came from USA to look her RTPCR -ve father admitted in ICU for low SpO2, got RTPCR +ve while returning, took the combination and became RTPCR -ve on 6<sup>th</sup> Day, when she was advised to switch on the AC her temperature became normal)

Note:

- Three Patients had increased sugar levels due to use of Steroids were able to maintain Sugar Levels using separate homeopathic combination.
- 4 Patients have uncontrolled cough which was controlled using separate homeopathic combination.

- 2 Patients had severe constipation which was relieved using separate homeopathic combination.
- Two of the Patients who were on Oxygen at home for over two months without any improvement showed remarkable recovery with One Week of using Homeopathic Combinations where SpO2 Level improved between 90% to 94% however they were advised to continue treatment till full recovery.

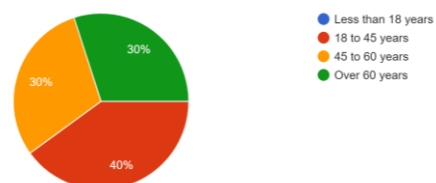
## CONCLUSION

Homeopathic Combinations were highly successful in treating effectively the COVID19 infection, associated temperature and decreased SpO2 Levels showing improvement after 1 day of taking the combination. All the patients were Satisfied and gave encouraging remarks regarding the combination. Needless to mention that a few of the Care Givers belonged to the System of Modern Medicine who reported the Homeopathic Combination as being effective.

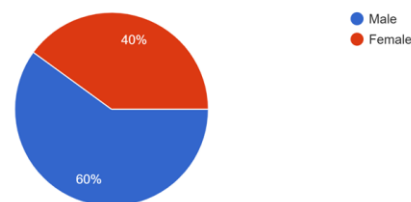
Link of Graphical representation:

<https://drive.google.com/file/d/1ke1OWQxv6CZlCUJsbG2tDxV3qetzPOS1/view?usp=sharing>

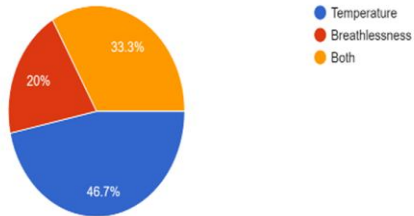
Age  
30 responses



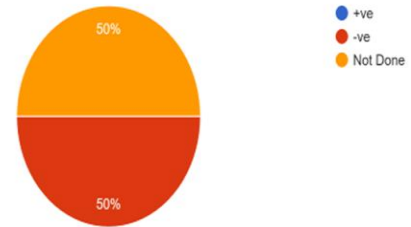
Sex  
30 responses



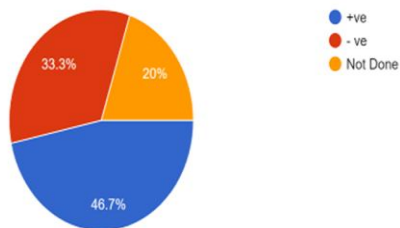
Present Symptoms  
30 responses



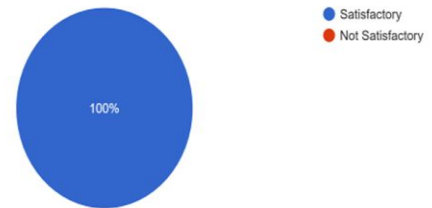
RT - PCR Test Result after Treatment  
30 responses



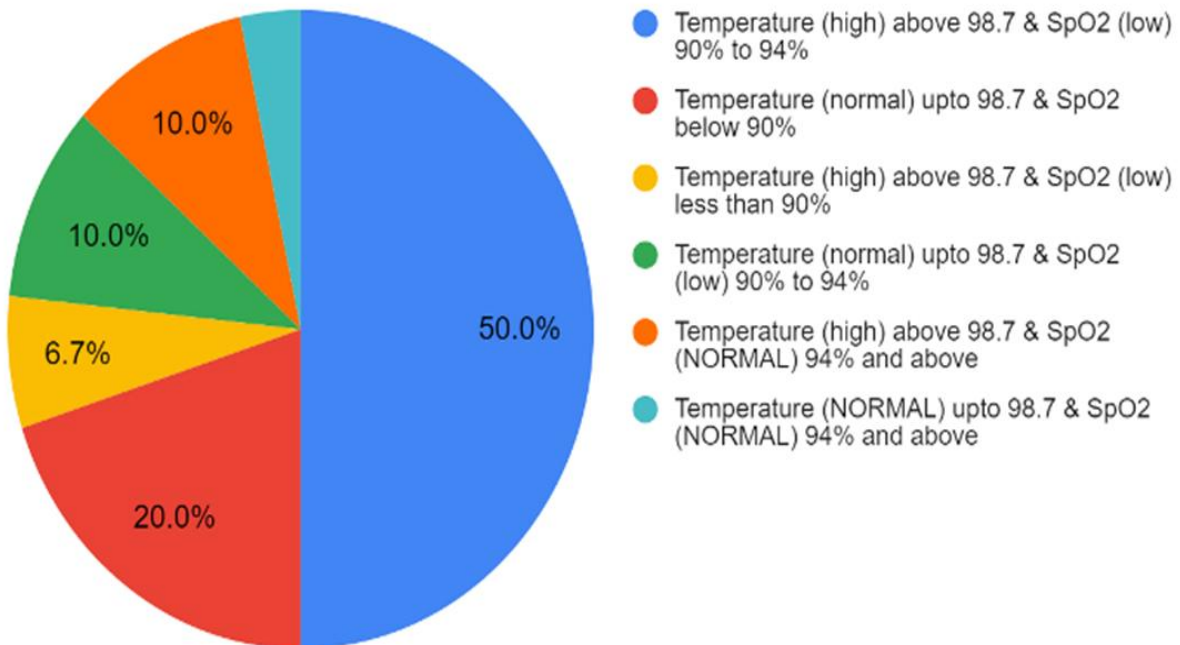
RT PCR Test Result  
30 responses



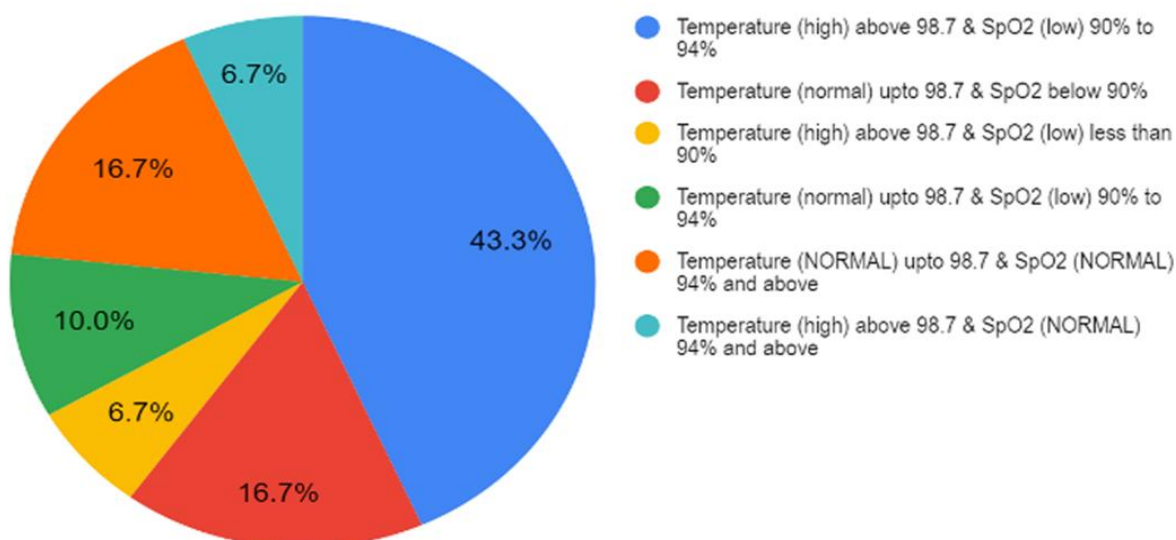
Result of Homeopathic Combination  
30 responses



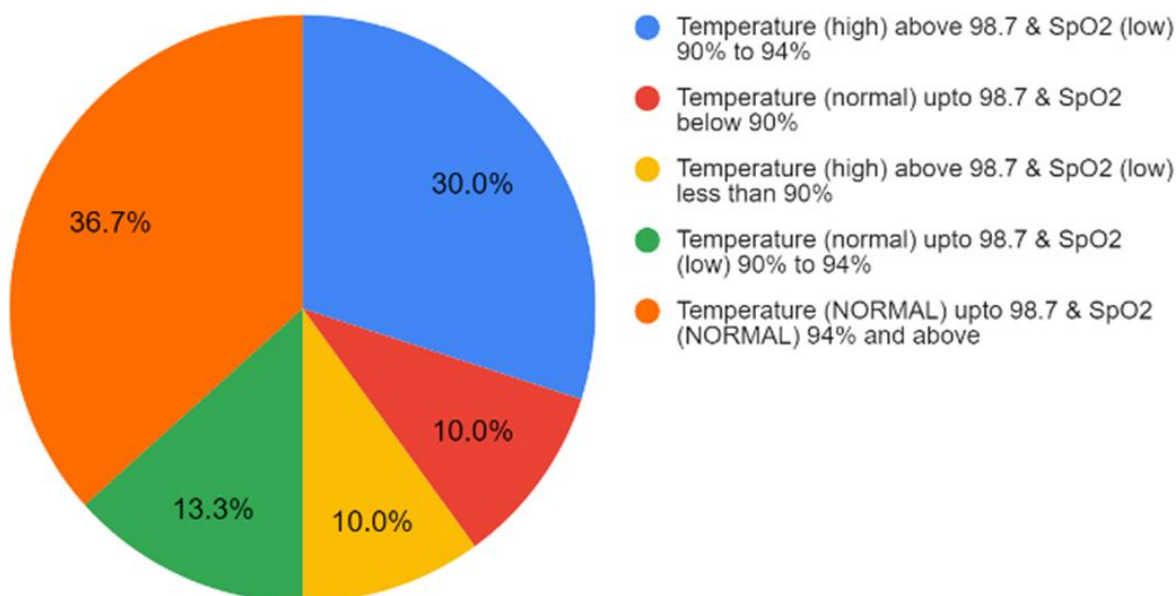
Count of Temperature, SpO2 (before starting Homeopathic Combination)



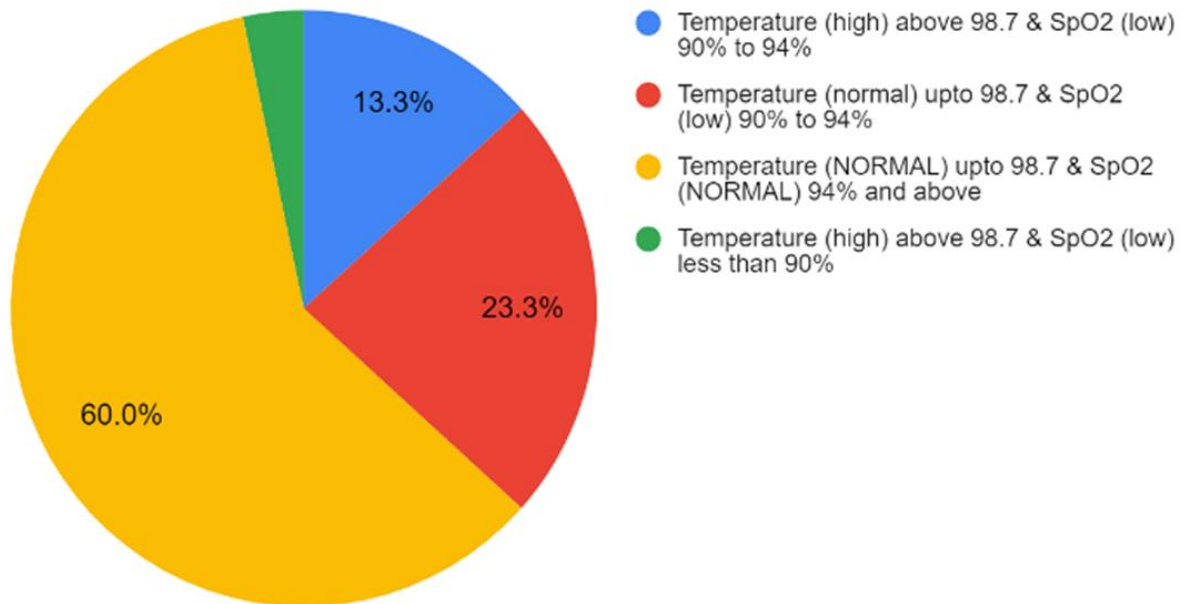
Count of First Day Temperature, SpO2 ( one day after starting Homeopathic Combination)



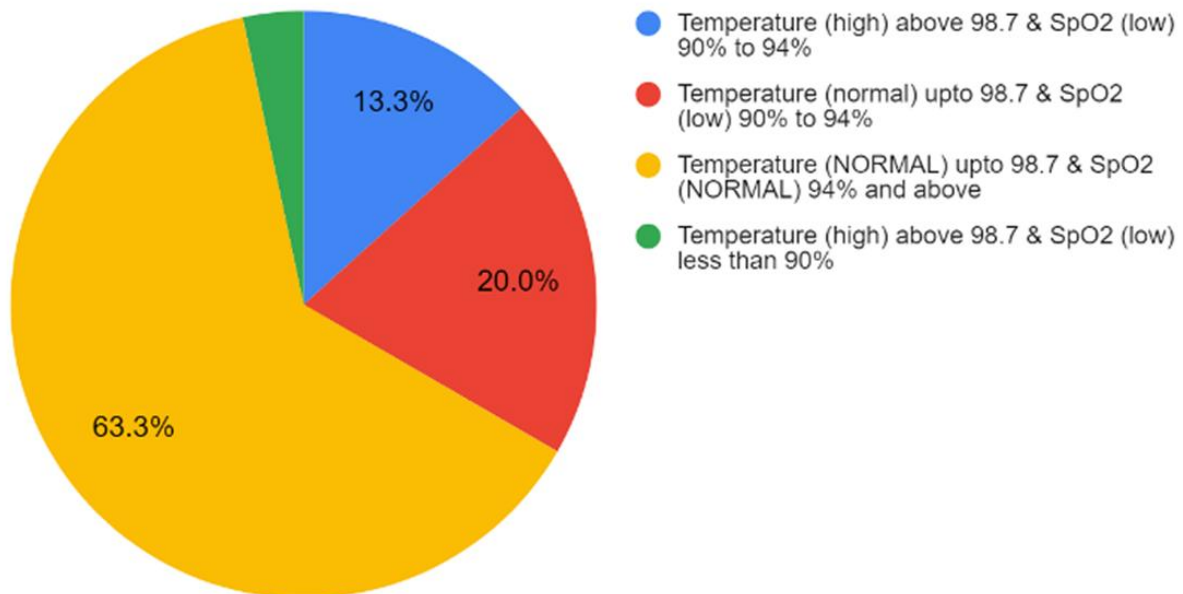
Count of Second Day Temperature, SpO2 ( two days after starting Homeopathic Combination)



### Count of Fourth Day Temperature, SpO2 (four days after starting Homeopathic Combination)



### Count of Fifth Day Temperature, SpO2 (five days after starting Homeopathic Combination)



Count of Seventh Day Temperature, SpO2 (seven days after starting Homeopathic Combination)

