# Development and Validation of a Lesson Plan Evaluation Rubric for EDU-SAT Teaching: A Mixed-Methods Approach

## Dr. Manjulata Rajesh Sthapak<sup>1</sup> <sup>1</sup>Principal Government High School, Lehsar District Mandla (M.P.) India

*Abstract*—This study focuses on the development and validation of a lesson plan evaluation rubric specifically designed for EDU-SAT (Educational Satellite) teaching. EDU-SAT provides satellite-based education to remote and underserved areas, where lesson quality plays a crucial role in student engagement and learning outcomes. To ensure effective lesson delivery, there is a need for a standardized tool to evaluate lesson plan quality tailored to the unique requirements of EDU-SAT teaching. This research employs a mixed-methods approach, combining qualitative data from expert consultations and quantitative data from rubric testing to develop and validate the EDU-SAT Lesson Plan Evaluation Rubric (ELPER).

The study involved the iterative development of the rubric, followed by validation through expert reviews and field testing with 50 lesson plans from EDU-SAT teachers. Statistical analysis, including reliability testing and factor analysis, confirmed the rubric's validity and reliability. The ELPER proved effective in identifying key components of high-quality lesson plans, including clarity of objectives, interactivity, adaptability, and content structure.

The findings support the use of ELPER as a practical tool for improving lesson planning practices in EDU-SAT teaching. The validated rubric provides educators with clear criteria for designing effective lesson plans that enhance student engagement and learning outcomes. Recommendations are provided for the integration of ELPER into training programs and continuous professional development for EDU-SAT educators.

*Index Terms*—Lesson Plan Evaluation, EDU-SAT, Rubric Development, Validation, Mixed-Methods, Educational Technology, Remote Education, Teaching Quality.

#### I. INTRODUCTION

Satellite-based education systems like EDU-SAT have transformed the delivery of quality education to

remote and underserved regions, offering a promising solution to educational inequities. EDU-SAT leverages satellite technology to broadcast lessons directly to classrooms, overcoming geographical barriers and providing access to standardized educational content. However, the effectiveness of EDU-SAT teaching heavily relies on the quality of lesson planning, which serves as the foundation for structured, engaging, and effective instruction.

To ensure high-quality lesson planning, educators need reliable tools to evaluate and refine their lesson plans. Current evaluation methods often lack standardization and do not adequately address the unique challenges of satellite-based teaching, such as limited interactivity and reduced real-time feedback. This study aims to develop and validate a lesson plan evaluation rubric tailored to the specific needs of EDU-SAT teaching, providing educators with a structured approach to assess and improve their lesson plans.

The EDU-SAT Lesson Plan Evaluation Rubric (ELPER) was developed using a mixed-methods approach, integrating qualitative insights from expert consultations and quantitative analysis from rubric testing. The study's objective is to create a validated tool that identifies key components of high-quality lesson plans and provides actionable feedback to educators, ultimately enhancing teaching effectiveness in satellite-based education.

**Research Objectives:** 

- 1. To develop a lesson plan evaluation rubric specifically designed for EDU-SAT teaching.
- 2. To validate the rubric through expert reviews and field testing with EDU-SAT lesson plans.
- 3. To assess the reliability and validity of the rubric in identifying high-quality lesson plan components.

- 4. To provide recommendations for the implementation of the rubric in EDU-SAT teaching and professional development programs. Hypotheses:
- 1. H0\_1: The developed lesson plan evaluation rubric is not a valid tool for assessing lesson plan quality in EDU-SAT teaching.
- H0\_2: The rubric does not reliably identify key components of high-quality lesson plans in EDU-SAT teaching.
- 3. H0\_3: The use of the rubric does not significantly improve the quality of lesson plans developed by EDU-SAT teachers.

### II. LITERATURE REVIEW

2.1 Lesson Plan Evaluation in Satellite-Based Education

- 1. Johnson, M., & Brown, L. (2020). This study highlights the challenges of evaluating lesson plans in satellite-based education, emphasizing the need for standardized evaluation tools. The research discusses how traditional evaluation methods fail to address the unique dynamics of satellite teaching, calling for tailored rubrics that reflect the specific needs of EDU-SAT environments.
- 2. Smith, A., & Thompson, K. (2019). The authors explore existing lesson plan evaluation tools and their applicability to remote and technologydriven classrooms. The study suggests that rubrics specifically designed for satellite education can provide more accurate assessments of lesson quality and guide educators in improving their instructional strategies.
- 3. Garcia, P., & Lopez, J. (2021). This research reviews various rubric-based evaluation methods used in digital and remote education. The authors argue that a validated rubric can serve as a practical tool for ensuring consistent lesson quality across diverse educational settings, including satellite-based programs like EDU-SAT.
- 4. Lee, D., & Kim, H. (2018). The study investigates the effectiveness of rubric-based evaluations in adaptive teaching environments. Findings indicate that rubrics help educators identify strengths and areas for improvement in their

lesson plans, leading to more effective teaching practices in remote education contexts.

5. Miller, J., & Wright, T. (2018). This research focuses on the development of evaluation rubrics for technology-enhanced learning environments. The authors emphasize the importance of involving educators in the rubric development process to ensure that the tool reflects practical classroom realities and supports teaching improvement.

2.2 Development and Validation of Educational Rubrics

- 1. Chaudhary, P., & Singh, K. (2018). This study discusses best practices for developing educational evaluation rubrics, highlighting the importance of expert input and iterative testing. The authors provide a framework for rubric validation that includes reliability testing and feedback from educators.
- 2. Sharma, R., & Gupta, S. (2019). The research outlines the steps involved in validating educational rubrics, including pilot testing, expert reviews, and statistical analysis. The study demonstrates the use of factor analysis to establish construct validity and refine rubric components.
- Jackson, S., & Patel, N. (2019). This study explores the challenges of developing rubrics for new educational contexts, such as satellite-based education. The authors recommend a mixedmethods approach that combines qualitative insights with quantitative validation to create robust evaluation tools.
- 4. Lopez, G., & Perez, F. (2020). The authors examine the use of rubrics in professional development programs, emphasizing their role in guiding educators towards high-quality lesson planning. The study highlights the value of rubrics in providing clear, actionable feedback that supports continuous improvement.
- 5. Williams, L., & Taylor, S. (2019). This research reviews validation methods for educational rubrics, focusing on the statistical techniques used to ensure reliability and validity. The study provides guidelines for conducting reliability tests, such as Cronbach's alpha, to assess the consistency of rubric scores.

2.3 Mixed-Methods Approaches in Educational Research

- 1. Baker, T., & Smith, R. (2018). The authors discuss the advantages of mixed-methods research in educational studies, particularly in tool development and validation. The study highlights how combining qualitative and quantitative data can provide a comprehensive understanding of the research problem.
- 2. Hernandez, L., & Ruiz, M. (2020). This study employs a mixed-methods approach to develop and validate a teaching evaluation tool. The authors argue that integrating expert feedback with statistical validation strengthens the reliability and applicability of the tool.
- Wright, T., & Young, M. (2017). The research outlines a mixed-methods framework for developing educational assessments, demonstrating how qualitative insights can inform the refinement of quantitative measures. The study supports the use of iterative testing to improve tool accuracy.
- Zhang, Y., & Zhou, L. (2018). This study uses mixed-methods to validate an instructional quality rubric, combining expert reviews with empirical testing in classroom settings. The authors emphasize the importance of stakeholder involvement in the development process.
- 5. Zhang, Y., & Zhou, L. (2018). The authors discuss the role of mixed-methods research in validating educational interventions, highlighting the value of triangulating data sources to ensure robust findings.

### III. METHODOLOGY

### 3.1 Research Design

This study uses a mixed-methods approach to develop and validate the EDU-SAT Lesson Plan Evaluation Rubric (ELPER). The research design integrates qualitative data from expert consultations with quantitative data from rubric testing to ensure the rubric's validity and reliability. The mixed-methods approach allows for a comprehensive examination of the rubric's effectiveness in evaluating lesson plan quality in EDU-SAT teaching.

The research was conducted in three phases: (1) Development of the rubric through expert input and literature review, (2) Validation of the rubric through pilot testing with EDU-SAT lesson plans, and (3) Statistical analysis to assess the reliability and validity of the rubric.

3.2 Sample

The sample for the study included 30 education experts, 50 lesson plans from EDU-SAT teachers, and 20 teachers for rubric testing. Experts were selected based on their experience in remote education, instructional design, and lesson planning. The lesson plans were sourced from five schools participating in the EDU-SAT program, representing a range of subjects including Mathematics, Science, and English. The expert panel provided feedback during the rubric development phase, and the selected lesson plans were used to test the rubric's effectiveness. Teachers participating in the testing phase were trained to use the rubric and provided input on its applicability and usability.

3.3 Data Collection Tools

Data were collected using a combination of qualitative and quantitative tools:

• Expert Consultations: Semi-structured interviews and focus group discussions were conducted with education experts to gather feedback on the initial rubric design. Experts evaluated the rubric's components, criteria, and scoring guidelines, providing suggestions for refinement.

### 3.3 Data Collection Tools (continued)

- Rubric Testing: The developed rubric was used to evaluate 50 lesson plans from EDU-SAT teachers. Each lesson plan was independently scored by multiple raters using the EDU-SAT Lesson Plan Evaluation Rubric (ELPER) to assess its quality based on criteria such as clarity of objectives, interactivity, adaptability, and content structure.
- Teacher Feedback Surveys: Surveys were administered to teachers who participated in the rubric testing phase to collect their perceptions of the rubric's usability, relevance, and impact on their lesson planning practices. The survey included Likert-scale items and open-ended questions to gather detailed feedback.
- Reliability and Validity Tests: Statistical tools, including Cronbach's alpha for reliability and exploratory factor analysis for validity, were used to analyze the data collected from the rubric testing phase. These tests helped determine the consistency and construct validity of the rubric.
- 3.4 Data Analysis

Data analysis was conducted in three stages:

- 1. Qualitative Analysis: Feedback from expert consultations and teacher surveys was thematically coded to identify strengths and areas for improvement in the rubric. This qualitative analysis informed iterative revisions of the rubric, ensuring that it addressed the practical needs of EDU-SAT teaching.
- 2. Reliability Testing: Cronbach's alpha was used to assess the internal consistency of the rubric scores across different raters. An alpha value above 0.70 was considered acceptable, indicating that the rubric provided consistent evaluations of lesson plan quality.
- 3. Validity Testing: Exploratory factor analysis (EFA) was employed to evaluate the construct validity of the rubric. EFA helped identify underlying factors that represent the rubric's components, confirming whether the criteria effectively captured the intended dimensions of lesson plan quality.

#### IV. RESULTS

4.1 Qualitative Feedback from Experts and Teachers Key Themes from Expert Feedback:

- Clarity and Specificity: Experts emphasized the importance of clear and specific criteria in the rubric. They recommended refining the language of the criteria to reduce ambiguity and ensure that each component of lesson quality was distinctly measurable.
- Adaptability and Interactivity: Experts highlighted the need for the rubric to assess lesson plans on their adaptability to student feedback and inclusion of interactive elements, which are crucial in the EDU-SAT context.
- Practical Usability: Teachers found the rubric to be user-friendly and relevant to their teaching practices. However, they suggested incorporating examples of high-quality lesson elements to guide educators in understanding the standards expected.

Teacher Feedback Survey Results

Survey Item	Mean Score (1-5)	Std. Deviation
Relevance of Rubric Criteria to EDU-SAT Teaching	4.6	0.5
Ease of Use	4.3	0.6
Impact on Lesson Planning Quality	4.4	0.4

The survey results indicate that teachers found the rubric highly relevant, easy to use, and beneficial for improving the quality of their lesson plans.

#### 4.2 Reliability Testing Results

Cronbach's Alpha for Rubric Consistency

Component	Cronbach's Alpha
Clarity of Objectives	0.78
Interactivity	0.82
Adaptability	0.76
Content Structure	0.81

4.3 Validity Testing Results

Exploratory Factor Analysis (EFA) Summary

Factor	Eigenvalue	% of Variance Explained	Factor Loadings
Clarity of Objectives	3.2	32%	0.78 - 0.85
Interactivity	2.1	21%	0.70 - 0.82
Adaptability	1.8	18%	0.68 - 0.80
Content Structure	1.5	15%	0.65 - 0.77

Overall Rubric	0.79

Interpretation: The Cronbach's alpha values for each component and the overall rubric exceeded 0.70, demonstrating acceptable internal consistency and reliability of the rubric.

Interpretation: The EFA results identified four distinct factors corresponding to the primary components of lesson plan quality: clarity of objectives, interactivity, adaptability, and content structure. The factor loadings indicated strong associations between the observed items and the identified factors, confirming the construct validity of the rubric.

#### V. DISCUSSION

The results of this study confirm the effectiveness of the EDU-SAT Lesson Plan Evaluation Rubric (ELPER) in assessing lesson plan quality in satellitebased education. The rubric's development, informed by expert feedback and validated through statistical testing, resulted in a reliable and valid tool that addresses the specific needs of EDU-SAT teaching. The rubric was found to accurately capture key components of high-quality lesson plans, including clarity of objectives, interactivity, adaptability, and content structure, which are critical for enhancing teaching effectiveness in remote education contexts.

The qualitative feedback from experts and teachers underscored the rubric's practical relevance and usability. Teachers reported that using the rubric improved their awareness of effective lesson planning practices and provided concrete guidance for enhancing their instructional designs. The high reliability scores indicate that the rubric consistently evaluates lesson plan quality, while the validity testing confirmed that the rubric's components effectively reflect essential aspects of high-quality teaching.

These findings highlight the importance of having a standardized evaluation tool tailored to the unique dynamics of satellite-based education. By providing clear criteria for lesson planning, the ELPER enables educators to systematically improve their lesson plans, thereby enhancing student engagement and learning outcomes in EDU-SAT classrooms. The study contributes to the broader field of educational technology by demonstrating how mixed-methods approaches can be employed to develop and validate practical tools that support teaching quality.

### VI. CONCLUSION

This study successfully developed and validated the EDU-SAT Lesson Plan Evaluation Rubric (ELPER), a standardized tool designed to assess and enhance

lesson planning quality in satellite-based education. The mixed-methods approach, integrating expert feedback with rigorous statistical validation, ensured that the rubric is both reliable and relevant to the unique needs of EDU-SAT teaching.

The validated rubric provides educators with a practical framework for evaluating lesson plans, offering clear guidance on what constitutes highquality instruction in satellite classrooms. By focusing on key components such as clarity, interactivity, and adaptability, the ELPER helps teachers create more engaging and effective lessons, ultimately improving student learning outcomes.

Future research should explore the implementation of the rubric in various educational contexts and assess its long-term impact on teaching practices and student performance. Additionally, ongoing refinement of the rubric based on teacher feedback and evolving educational standards will ensure its continued relevance and effectiveness.

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