Seizure Relief Through Homeopathy

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Abstract: Homeopathy has been explored as a complementary approach in the management of seizure disorders within neurology, with some case reports and preclinical studies suggesting potential benefits. However, most controlled trials found only non-significant improvements compared to placebo, indicating inconclusive evidence for its efficacy when used alongside standard anti-epileptic drugs.
Core Concepts: Epilepsy is a common chronic neurological disorder characterized by recurrent seizures resulting from abnormal neuronal activity in the brain. Conventional treatments involve anti-epileptic medications which can suppress seizures but may not always cure them or prevent all symptoms.
Homeopathic Research Findings: Certain individualized homeopathic medicines such as Lachesis, Nux vomica, and Cicuta virosa have shown promise in some clinical reports and experimental studies, either by improving seizure control, shortening seizure duration, or supporting antioxidant defense mechanisms. In children, randomized placebo-controlled trials demonstrated only mild, statistically non-significant improvements with individualized homeopathic therapy over placebo when added to standard care. Quality of life improvements in epileptic children treated with homeopathy have been noted in some observational studies, though these findings need rigorous validation.

I. INTRODUCTION

Epilepsy is a neurological disorder affecting children as well as adults. There are episodes of various body movements medically termed as seizures. These seizures are spasmodic, irregular body movements, affecting various muscle groups of body. It may present with varying intensity and duration, and different groups of muscles in different individuals, at different times. The term 'epilepsy' comes from a Greek word meaning to take hold of hence the use of 'seizure' to describe its effects. Epilepsy may also be looked upon as a tendency to have repeated seizure. The seizures are an outward, visible sign that a part of the brain is not working as it should. Its activity of transmitting and receiving electrical and chemical messages becomes disrupted.

II. CAUSES

- An infection in the brain, e.g. meningitis or encephalitis.
- Head injury.
- If the brain is starved of oxygen, e.g. before or at birth.
- Part of a metabolic disorder.
- The way the child's brain developed before birth.
- Recreational drugs or alcohol.
- Brain tumors.
- Part of an inherited condition, e.g. neurofibromatosis and Down's syndrome.
- Metabolic disturbances, such as hypoglycaemia, hyponatremia or hypoxia.
- Dehydration.
- Sleep deprivation.
- Parasitic infections such as cerebral malaria.

III. SYMPTOMS

- Convulsion without fever.
- Intermittent fainting spells.
- Loss of bladder and bowel control during fainting spells.
- Extreme weakness and fatigue after attack.
- Sudden stiffness.
- Confusion of memory.
- Sudden bouts of blinking and chewing without any obvious cause or stimuli.
- Changes in sense of smell, touch and sound.
- Jerking of body, arms and legs.

IV. HOMEOPATHIC TREATMENT FOR SEIZURE DISORDER

Argentum Nitricum - epilepsy caused by fright or at the time of menses. Dilatation of pupils for days or hours before the attack and restlessness and trembling of hands after the attack. Sharp cry. Violent muscular twitching, especially of the throat; complete unconsciousness with frothing at mouth; often bites her tongue, then a deep sleep for about three hours. Fit comes by taking sweet fruits.

Belladonna - in recent cases of epilepsy only; the convulsions begin in the upper extremities and extend to the face, eyes and mouth; fits of short duration several times during the day and passing off suddenly.

Causticum - epilepsy at the age of puberty due to menstrual irregularity or suppression of eruptions or to some fright, worse during new moon; Involuntary urination; Better by drinking cold water.

Calcarea carb. -The treatment of epilepsy should be directed to the underlying dyscrasia, as this is at fault in most, if not all, cases. Calcarea carbonica, with its rickety, tuberculous, scrofulous and flabby symptoms, its characteristic deficiency of lime assimilation, as shown in children by the open fontanelles and backward dentition, will frequently be the remedy with which to commence the treatment. lts anxiety, palpitation, apprehensive mood despondency, fretfulness and irritability, its weakness of memory, its loss of consciousness, its vertigo and convulsions are prominent and characteristic indications for its use in epilepsy.

Bufo rana-Epilepsy arising from fright, or self-abuse, or sexual excesses, will often find its remedy in Bufo rana. The aura preceding the attacks starts from the genital organs, even during coitus the patient may be seized with violent convulsions. Previous to the attacks, the patient is very irritable, often talks incoherently and is easily angered. It is especially in the sexual form, that brought on by masturbation, that Bufo is signally useful. It has also proved useful in severe cases in children where the head in the convulsion is drawn backwards.

Cuprum Metallicum-Cuprum is a very deep-acting remedy, its well-known power of producing convulsions and spasms and its excellent clinical record make it a valuable remedy in epilepsy. It is also a remedy for nocturnal epilepsy when the fits occur at regular intervals, such as the menstrual periods. Epileptiform spasms during dentition or from retrocessed exanthema may indicate Cuprum.

Natrum Mur - twitching of arms and legs before and during the attack; aversion to bread. Dullness, difficulty of thinking, depression and irritability; Aura begins in the arms or maybe as if mouse ran up the leg to right side of abdomen. Attacks preceded by vertigo, sleep, gritting of teeth, nausea and vomiting, froth at mouth. Trembling; Body jerks, legs rapidly drawn up, hands clinched, thumbs not drawn in. chronic cases of psoric taint, suppressed itch.

Nux Vom - remarkable remedy for epilepsy treatment, convulsions of epilepsy with consciousness, worse with anger, touch, emotion, moving, indigestion. Convulsions with titanic rigidity, opisthotonos, red face and closed eyes. Involuntary defecation and urination in fit; Aura from epigastrium; Deep sleep follows the attack. Worse in open air.

Cicuta Virosa - sudden rigidity followed by jerks and violent distortions, oppression of breathing, lock jaw, face dark red, frothing at the mouth with opisthotonos; great prostration after the attack.

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