

A Literary Review on Charakokta Deepaniya Mahakashaya Dravyas in Sushruta Samhita

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Abstract—Ayurveda is most ancient traditional medical knowledge which have piles of knowledge in form of Brihat Trayi and Laghu Trayi. Brihat Trayi comprises of knowledge of three Acharyas or three books like Charaka Samhita (Acharya Charaka), Sushruta Samhita (Acharya Sushruta) and Astanga Hridaya (Acharya Vagabhatta).

Sushruta Samhita is main book of Shalya (Surgery). According to Acharya Sushruta main Prayojana (aim) of Ayurveda is Vyadhiparimoksha (cure of diseases) and Swasthasya - Swasthya Rakshanam (maintance of health) in first chapter of Sutra Sthana (Vedotpatti Adhyaya). For this purpose, Acharya Sushruta have used Dravyas of Deepaniya Mahakashaya in his Yogas for curing of diseases and also for health maintance in Anna-Paana (diet) and in Pathya Kalpana.

In both these functions ayurveda mainly concentrate on correction of Agni (Jatharagni) and extinguishing of Aama (toxic material formed after metabolism of food).The work of Agni or fire is to burn everything, likewise it also burn Aama in body and also corrects the Jatharagni so that proper digestion of food takes place .By proper digestion proper Aahar Rasa will be formed, by proper Aahar Rasa all other dhatus (Rasa, Rakta, Mansa, Meda, Asthi, Majja, Shukra) will formed in appropriate manner and Doshas will also remain balanced and excretion of Mutra (urine), Purisha (stool) and Sweda (sweat) takes place properly .

For correction of Agni there is unique composition of ten (10) Dravyas in Charaka Samhita also known as Deepaniya Mahakashaya. These dravyas not only used in medicinal purpose to correct Agni of a person, singly or in combination of two (2) or more Dravyas like Trikatu, Panchakola, Shadadushana etc and also in majority of different Aushadhiya Yogas and also in the preparation of Aahara in kitchen in Indian life style for flavour and

easy digestion of food. These Dravyas are Pippali, Pippalimool, Chavya, Chitraka, Naagara, Ajamoda, Maricha, Amlavetasa, Bhallataka and Hingu. The medicine or yoga which contain Deepan dravyas are best during any treatment. So, Acharya Sushruta have used these Deepaniya dravyas in his majority yogas. After Nidaana Parivarjana, for treatment of any disease Deepana -Pachana and Anuloman is primary important step.

Index Terms—Deepaniya Mahakashay, Deepana, Aama, Sushruta Samhita Aushadhiya Yoga.

I. INTRODUCTION

Deepaniya Mahakashaya term is given by Acharya Charaka in Charaka Samhita Sutra Sthan 4th Chapter Shadvirechanashatashritiya Adhyaya. Acharya Charaka has given 50 Mahakashaya in this chapter. Each Mahakashaya contain 10 dravyas or herbs in it, so also known as Charaka Dashemani. In these 50 Mahakashaya one is Deepaniya Mahakashaya.

Deepan: The Word Deepana literally means kindling, inflaming, setting a fire. In human biology, it means stimulating digestion. Deepan is a pacification treatment for kapha dosa. It is an essential prerequisite before therapeutic emesis (vaman) and therapeutic purgation (virechan). The word Deepana is derived from the word deepa which means building the fire with niche or Lyu suffix.

Deepaniya Mahakashaya have following 10 herbs in it. They are Pippali, Pippalimool, Chavya, Chitraka, Shringavera (Shunthi), Amlavetasa, Maricha,

Ajamoda, Bhallatakasthi, Hinguniryas.
Their Botanical name, Rasa, Guna, Virya, Vipaka and

Karma are described in following table.

Sr. No.	Dravya	Botanical Name	Guna	Rasa	Veerya	Vipaka	Karma
1	Pippali	Piper longum	Laghu, Snigdha, Teekshn	Katu	Anushna-sheet	Madhur	Kafavaatshamaka
2	Pippalimool	Piper longum	Laghu, Ruksh	Katu	Usna	Katu	Kafavaatshamaka
3	Chavya	Piper retrofractum	Laghu, Ruksh	Katu	Usna	Katu	Kafavaatshamaka
4	Chitraka	Plumbago zeylanica	Laghu, Ruksh, Teekshn	Katu	Usna	Katu	Kafavaatshamaka
5	Shringavera	Zingiber officinale	Laghu, Snigdha	Katu	Usna	Madhur	Kafavaatshamaka
6	Amlavetasa	Garcinia pedunculata	Laghu, Ruksh	Amla	Usna	Amla	Kafavaatshamaka
7	Maricha	Piper nigrum	Laghu, Teekshn	Katu	Usna	Katu	Kafavaatshamaka
8	Ajamoda	Carum roxburghienum	Laghu, Ruksh Teekshn	Katu, Tikt	Usna	Katu	Kafavaatshamaka
9	Bhallataka	Semicarpus anacardium	Laghu, Snigdha, Teekshn	Katu, Tikta, Kashay	Usna	Madhur	Kafavaatshamaka
10	Hingu	Ferula northex Bairs	Laghu, Snigdha, Teekshn	Katu	Usna	Katu	Kafavaatshamaka

Aama: Aama is a key concept in the ayurvedic understanding of physiology, pathology and therapeutics. Rather than being a single entity or substance, Aama denotes the abnormal or impaired process of digestion and metabolism that leads to builds up of toxic by-products, which can't be neutralised or eliminated by the body.

Definition and Synonym of Deepana- The diet or medicine or process which stimulates digestion is called Deepana. Sha. Sa. Pu. Kh. 4/1. Deepana process stimulates digestion at a primary level. By virtue of their Rasa, Guna, Veerya and Vipaaka they do mainly Deepana work that is they increase the Jatharaagni (digestive Fire) so digestion of food

becomes proper and no Aama or raw Aahara Ras is generated.

Majority of diseases causes due to Jatharagnimand (low digestive fire). By Jatharagnimand no food is digested properly and Aama is generated. Aama is the root cause of disease in our body. So, our primary duty is to increase our digestive fire by taking the Deepaniya Mahakashaya.

II. MATERIAL AND METHODS

Subject matter is collected from following

1. Sushruta Samhita
2. Dravyaguna-Vigyan
3. Shabdakosha
4. Different Article and online platforms

Sushruta Samhita is divided into 6 sthaanas.

1st Sutra Sthaana 46 Adhyaaya	2nd Nidaana Sthaana 16 Adhyaaya	3rd Sharira Sthaana 10 Adhyaaya	4th Chikitsa Sthaana 40 Adhyaaya	5th Kalpa Sthaana 8 Adhyaaya	6th Uttara Tantra 66 Adhyaaya
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III. RESULTS AND DISCUSSION

Sr. No.	Yoga	Dravya (Herbs)	Shlok No.	Page No.
1	Bhasma Kshara	Chitraka	Su.Su.1 1/12	35
2	Prativaapa	Chitraka, Hingu	Su.Su.1 1/15	36
3	Twaka Agnikarma	Pippali	Su.Su.1 2/4	38
4	Vrana Mukha Gharshana Churna	Chitraka, Shunthi, Maricha, Pippali	Su.Su.1 4/35	54
5	Sanyoga Viruddha Dravya	Pippali, Maricha	Su.Su.2 0/13	83
6	Karma Viruddha Dravya	Shunthi	Su.Su.2 0/4	84
7	Vatika Shotha Lepa	Shunthi	Su.Su.3 6/3	137
8	Kafaja Shotha Lepa	Ajamoda	Su.Su.3 6/6	137
9	Shotha Darana Lepa	Chitraka	Su.Su.3 6/9	138
10	Sanshodhana Varti Dravya	Ajamoda, Chitraka, Shunthi, Maricha, Pippali	Su.Su.3 6/13, 14	138
11	Purana Dravya Sangraha	Pippali	Su.Su.3 7/8, 9	140
12	Aaragvadhadi Gana	Chitraka	Su.Su.3 8/6	142
13	Varunadi Gana	Chitraka	Su.Su.3 8/8	142
14	Muskakadi Gana	Chitraka	Su.Su.3 8/20	143

15	Pippalyadi Gana	Pippali, Pippalimoola, Chavya, Chitraka, Shunthi, Maricha, Ajamoda, Hingu	Su.Su.3 8/22, 23	143
16	Nyagrodhadi Gana	Bhallataka	Su.Su.3 8/48	145
17	Mustadi Gana	Bhallataka, Chitraka	Su.Su.3 8/54	145
18	Trikatu	Shunthi, Maricha, Pippali	Su.Su.3 8/58, 59	145
19	Aamalakyadi Gana	Pippali, Chitraka	Su.Su.3 8/60	145
20	Urdhva Bhaga Hara Dravya	Pippali	Su.Su.3 9/3	147
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22	Shirovirechaka Dravya	Pippali, Maricha, Shunthi, Hingu	Su.Su.3 9/6	148
23	Kafa Sanshamana Varga	Pippali, Pippalimoola, Chavya, Chitraka, Shunthi, Maricha, Ajamoda, Hingu	Su.Su.3 9/9	148
24	Sheeta Virya Dravya -Pitta Shamaka	Pippali	Su.Su.4 0/5	151
25	Amla Varga Dravya	Amlavetasa	Su.Su.4 2/19	158
26	Katu Varga Dravya	Pippali, Pippalimoola, Chavya, Chitraka, Shunthi, Maricha, Ajamoda, Hingu	Su.Su.4 2/21	159
27	Tikta Varga Dravya	Chitraka	Su.Su.4 2/22	159
28	Vamana Karma	Pippali	Su.Su.4 3/5	160
29	Use of Madanafala	Pippali, Pippalimoola, Chavya, Chitraka, Shunthi, Maricha, Ajamoda, Hingu	Su.Su.4 3/6	160
30	Virechana in Vaatarogi	Shunthi	Su.Su.4 4/6	162
31	Virechana in Kafa Rogi	Shunthi, Maricha, Pippali	Su.Su.4 4/7	162
32	Nishotha in Kafaja Roga	Shunthi	Su.Su.4 4/9	162
33	Other Nishotha Yoga	Shunthi, Maricha	Su.Su.4 4/10	162
34	Virechana in Sukumara Prakriti	Maricha	Su.Su.4 4/18	163
35	Virechana in Kafaja Vikaara	Shunthi, Pippali	Su.Su.4 4/20	163
36	Sannipata Urdhva Raktapitta, Jwara Nashaka Yoga	Pippali	Su.Su.4 4/24	163
37	Virechana Yoga (Without complication)	Pippali	Su.Su.4 4/25	163

38	Virechana Yoga in Kafa-Pittaja Rogi	Pippali	Su.Su.4 4/46	164
39	Virechana Yoga in Pitta-Kafaja	Maricha, Shunthi, Chitraka	Su.Su.4 4/49, 50	165
40	Grahani, Pandu, Arsha, Kushtha Nashaka Yoga	Chitraka, Pippali	Su.Su.4 4/52	165
41	Virechana Yoga in Pittaja Vikara	Shunthi, Maricha, Pippali	Su.Su.4 4/54	165
42	Haritaki Yoga -1	Shunthi, Maricha	Su.Su.4 4/64	165
43	Haritaki Yoga -2	Shunthi	Su.Su.4 4/65	165
44	Haritaki Yoga -3	Shunthi	Su.Su.4 4/66	166
45	Haritaki Yoga -4	Pippali, Pippalimoola, Chavya, Chitraka, Shunthi, Maricha Ajamoda, Hingu	Su.Su.4 4/67	166
46	Haritaki Yoga -5	Shunthi	Su.Su.4 4/68	166
47	Sadyah Virechana Yoga	Pippali	Su.Su.4 4/83	167
48	Best Virechana without Pathya	Pippali	Su.Su.4 4/87	167
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50	Gulma and Kafa Nashaka Arista	Pippali, Pippalimoola, Chavya, Chitraka, Shunthi, Maricha, Ajamoda, Hingu	Su.Su.4 5/196, 197	184
51	Vishtambhi	Bhallataka	Su.Su.4 6/190	201
52	Shaaka Varga /Kritanna Varga	Pippali, Maricha, Shunthi, Hingu, Chitraka	Su.Su.4 6/221, 222	203
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54	Kafa -Vaata Shamaka, Vrishya	Pippali(Dry)	Su.Su.4 6/223	203
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56	Katu, Ushna, Laghu, Avrishya, Kafa- Vaata Shamaka	Maricha (dry)	Su.Su.4 6/224, 225	203
57	Ushna, Laghu, Kafa-Vaata Shamaka Madhura Vipaaka, Katu Rasa, Vrishya	Shunthi (dry)	Su.Su.4 6/226	203
58	Hridya, VVrishya, Ushna, Katu, Rochana	Shunthi(wet)	Su.Su.4 6/227	203

59	Laghu, Ushna, Deepana-Pachana, Ajirna -Shooa Nashaka	Hingu	Su.Su.4 6/228	203
60	Kafa, Shopha Hara	Chitraka	Su.Su.4 6/239	204
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62	Best in Katu Varga	Pippali, Shunthi	Su.Su.4 6/338	210
63	Kritanna Varga	Pippali, Shunthi	Su.Su.4 6/343	210
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65	Purisha Gandhi Shukra Chikitsa	Hingu, Chitraka	Su.Sha. 2/11	10
66	Granthibhoota Artava Chikitsa	Shunthi, Maricha, Pippali	Su.Sha. 2/16	11
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76	Dashama Maasa Chikitsa	Shunthi	Su.Sha. 10/68	84
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78	Krishna Karma	Bhallataka	Su.Chi. 1/90	10
79	Roma Shatana Taila	Bhallataka	Su.Chi. 1/106	11
80	Shodhana Taila	Chitraka	Su.Chi. 2/89	20

81	Kafa Dushita Vrana Shodhaka	Chitraka	Su.Chi. 2/93	20
82	Shaddharan Yoga	Chitraka	Su.Chi. 4/4	25
83	Patra Lavana	Chitraka	Su.Chi. 4/30	28
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87	Kafa Pradhana Vaatarakta-Paana	Shunthi	Su.Chi. 5/10	30
88	Kafa Pradhana Lepa	Shunthi, Maricha, Pippali	Su.Chi. 5/10	30
89	Vaatarakta Chikitsa - Vardhamaana Pippali	Pippali	Su.Chi. 5/12	31
90	Apatanaka Chikitsa	Maricha	Su.Chi. 5/18	32
91	Siddha Ghee in Apatantraka Chikitsa	Hingu, Amlavetasa	Su.Chi. 5/21	33
92	Karnashhola	Shunthi	Su.Chi. 5/24	34
93	Tooni, Pratitoni Chikitsa – Pippalyadi Churna, Hingu Siddha Ghee	Pippali, Hingu	Su.Chi. 5/25	34
94	Hingwadi Churna	Hingu, Shunthi, Maricha, Pippali, Ajamoda, Chitraka, Pippalimoola, Amlavetasa, Chavya	Su.Chi. 5/28	34
95	Urustambha Chikitsa – Shaddharana Churna	Chitraka	Su.Chi. 5/33	35
96	Urustambha Chikitsa - Pippalyadi Churna	Pippali	Su.Chi. 5/34	35
97	Hingwadi Churn	Hingu, Shunthi, Maricha, Pippali, Ajamoda, Chitraka, Pippalimoola, Amlavetasa, Chavya	Su.Chi. 6/9	38
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101	Siddha Taila	Chitraka	Su.Chi. 6/12	38
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10 4	Takra	Chitrakamoola Kalka	Su.Chi. 6/13	38
10 5	Siddha Takra	Pippali, Pippalimoola, Chavya, Chitraka, Shunthi	Su.Chi. 6/13	38
10 6	Siddha Ksheera - Kashaya	Shunthi, Chitraka	Su.Chi. 6/13	38
10 7	Hingwadi Churna	Hingu, Shunthi, Maricha, Pippali, Ajamoda, Chitraka, Pippalimoola, Amlavetasa, Chavya	Su.Chi. 6/13	38
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11 2	Dwipanchamooladi Yoga	Chitraka	Su.Chi. 6/14	39
11 3	Pippalyadi Yoga	Pippali, Maricha	Su.Chi. 6/15	39
11 4	Kafaja Arsha	Shunthi	Su.Chi. 6/16	39
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11 7	Sarva Arsha Nashaka	Bhallataka	Su.Chi. 6/19	40
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11 9	Sharkara Nashaka Yoga	Ajamoda, Shunthi	Su.Chi. 7/18	41
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12 5	Pathya in Kushtha	Bhallataka	Su.Chi. 9/5	49
12 6	Sevana after Shodhana	Bhallataka	Su.Chi. 9/6	49
12 7	Kafaja Kushtha	Chitraka, Maricha, Bhallataka	Su.Chi. 9/7	50

12 8	Sarva Kushtha -Bhallataka Taila	Bhallataka	Su.Chi. 9/7	50
12 9	Mahatiktaka Ghrita	Pippali	Su.Chi. 9/8	50
13 0	Tiktaka Ghrita	Pippali	Su.Chi. 9/9	50
13 1	Kushtha – Kalka Lepa -1	Chitraka	Su.Chi, 9/10	50
13 2	Kushtha – Kalka Lepa - 2	Maricha, Pippali	Su.Chi. 9/10	50
13 3	Kushtha – Kalka Lepa - 2	Chitraka, Maricha	Su.Chi. 9/10	50
13 4	Dadru Nashaka Lepa	Shunthi, Maricha, Pippali	Su.Chi. 9/12	51
13 5	Shwitra Nashaka Lepa	Pippali	Su.Chi. 9/25	52
13 6	Shwitra Nashaka Lepa	Shunthi, Maricha, Pippali, Bhallataka	Su.Chi. 9/27	52
13 7	Siddha Ghrita	Shunthi, Maricha, Pippali	Su.Chi. 9/31	52
13 8	Mahaneela Ghrita	Shunthi, Maricha, Pippali, Chitraka	Su.Chi. 9/34, 35, 37	52, 53
13 9	Shwitra Nashaka Gomutra Yoga	Chitraka, Shunthi, Maricha, Pippali	Su.Chi. 9/39	53
14 0	Katipaya Yoga -1	Shunthi, Maricha, Pippali	Su.Chi. 9/44	53
14 1	Katipaya Yoga -2	Pippali	Su.Chi. 9/44	53
14 2	Katipaya Yoga -3	Chitraka, Pippali	Su.Chi. 9/45	53
14 3	Kushtha Nashaka Yoga	Chitraka, Shunthi, Maricha, Pippali	Su.Chi. 9/47	54
14 4	Vajraka Taila	Chitraka, Shunthi, Maricha, Pippali	Su.Chi. 9/54, 55	54
14 5	Mahavajraka Taila	Bhallataka, Chitraka	Su.Chi. 9/59	55
14 6	Yavakalpa in Mahakushtha	Bhallataka, Chitraka	Su.Chi. 10/4	56
14 7	Mantha Kalpa	Bhallataka, Amlavetasa	Su.Chi. 10/4	56
14 8	Arishta Vidhana	Chavya, Chitraka, Shunthi, Maricha, Pippali	Su.Chi. 10/6	56
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15 3	Specific treatment for specific person	Chitraka, Maricha	Su.Chi. 11/11	61
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15 7	Prashana – Chatana with Madhu	Chitraka	Su.Chi. 12/9	63
15 8	Navayasa Lauha	Chitraka, Shunthi, Maricha, Pippali	Su.Chi. 12/11	64
15 9	Loharishta – Pippalyadi Gana	Pippali	Su.Chi. 12/13, 14	64
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16 1	Shleshmodara Chikitsa - Trikatu – Aasthapana, Anuwasana, Bhakshya	Shunthi, Maricha, Pippali	Su.Chi. 14/7	68
16 2	Samanya Yoga -Vaataj shola - Siddha Taila /Ksheera	Pippali, Shunthi, Chavya, Chitraka, Hingu	Su.Chi. 14/10	69
16 3	Chavyadi Ghrita	Chavya, Chitraka, Ajamoda, Shunthi, Maricha, Pippali	Su.Chi. 14/10	70
16 4	With Virechaka Dravya	Shunthi	Su.Chi. 14/10	70
16 5	Aanahavarti – Pippalyadi	Pippali	Su.Chi. 14/11	70
16 6	Aanahavarti	Shunthi, Maricha, Pippali	Su.Chi. 14/12	70
16 7	Pleehodara Chikitsa	Hingu/Pippali, Chitraka/Pippali	Su.Chi. 14/13	70
16 8	Shatpala Ghrita	Pippali, Pippalimoola, Chavya, Chitraka, Shunthi	Su.Chi. 14/14	71
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17 0	Duty after Surgery - Kashayapaana, Kalka, Churna	Pippali, Pippalimoola, Shunthi, Hingu, Chavya	Su.Chi. 15/20, 21, 22	74, 75
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17 2	Kafaja Nadi Vrana Nashaka Siddha Taila	Chitraka	Su.Chi. 17/24	81

17 3	Siddha Taila	Bhallataka, Maricha, Chitraka	Su.Chi. 17/41	82
17 4	Stanya Dosha Chikitsa	Pippali	Su.Chi. 17/43	82
17 5	Vaataja Galaganda Chikitsa	Chavya	Su.Chi. 18/45	87
17 6	Galaganda Chikitsa	Pippali	Su.Chi. 18/47	87
17 7	Pathya in Galaganda	Shunthi, Maricha, Pippali	Su.Chi. 18/51	87
17 8	Kafaja Vriddhi Chikitsa	Bhallataka	Su.Chi. 19/14	89
17 9	Vaataja Shlipada Chikitsa	Shunthi	Su.Chi. 19/54	92
18 0	Kafaja Shlipada Chikitsa	Shunthi (Paana), Chitraka(Kalka/Lepa), Maricha(Siddha Taila)	Su.Chi. 19/57, 58	92
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18 2	Siddha Taila	Chitraka	Su.Chi. 20/26	94
18 3	Valmika Chikitsa – Vrana Ropana Taila	Bhallataka	Su.Chi. 20/54	95
18 4	Pratisarana in Kafaja Oshtha Roga	Shunthi, Maricha, Pippali	Su.Chi. 22/8	98
18 5	Sheetada	Shunthi	Su.Chi. 22/11	98
18 6	Upakusha	Shunthi, Maricha, Pippali (Pratisarana)/Pippali, Shunthi(Kavala)	Su.Chi. 22/20	98
18 7	Adhimansa	Pippali	Su.Chi. 22/25	99
18 8	Kafaja Jihwakantaka	Pippali(Pratisarana)	Su.Chi. 22/46	100
18 9	Pratisarana	Maricha	Su.Chi. 22/53	101
19 0	Shopha Chikitsa -1	Shunthi, Maricha (Churnadaana)	Su.Chi. 23/12	104
19 1	Shopha Chikitsa -2	Shunthi, Maricha, Pippali	Su.Chi. 23/12	104
19 2	Shopha Chikitsa -3, 4, 5	Shunthi (Churna)	Su.Chi. 23/12	104
19 3	Shopha Chikitsa -6	Shunthi, Maricha, Pippali	Su.Chi. 23/12	104
19 4	Shopha Chikitsa -7	Pippali, Pippalimoola, Chavya, Chitraka (Siddha Ksheera)	Su.Chi. 23/12	104
19 5	Shopha Chikitsa -Siddha Ksheera	Shunthi, Maricha, Pippali /Shunthi	Su.Chi. 23/12	104

19 6	Shopha Chikitsa – Siddha Yusha	Pippali, Maricha, Shunthi	Su.Chi. 23/12	104
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19 8	Agnivardhaka Snehapana	Pippali	Su.Chi. 24/106	112
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20 0	Vaajikarana – Poopalika	Pippali	Su.Chi. 26/20	119
20 1	Vaajikarana -Anya Yoga	Pippali	Su.Chi. 26/25	119
20 2	Arsha, Kriminashaka, Rasayana Yoga and Grahana Shakti Vardhaka	Bhallataka (Qwatha)	Su.Chi. 27/7	121
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21 2	Vachadi Taila	Chitraka, Pippali	Su.Chi. 37/12	160
21 3	Chitrakadi Taila	Chitraka, Chavya, Ajamoda	Su.Chi. 37/15, 16	160
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21 5	Trifaladi Taila	Chitraka, Pippali, Shunthi	Su.Chi. 37/33, 34	161
21 6	Pathadi Taila	Ajamoda, Pippali, Shunthi, Chavya, Maricha, Pippalimoola	Su.Ch. 37/36, 37	161

21 7	Vidangadai Taila	Chitraka, Shunthi, Ajamoda, Pippali, Chavya	Su.Chi. 37/39, 40, 41	161
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24 4	Mahasugandhi – Agadaraja in Sarvavisha	Shunthi, Maricha, Pippali	Su.K.6/ 15, 18	55
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41 9	Paanajirna – 4 -Madya Prayoga	1.Pippali 2.Hingu, Maricha 4.Chavya, Hingu, Pippalimoola, Shunthi	Su.U.4 7/38	337

42 0	Paanatyayadi Saptanam Chikitsa	Maricha, Shunthi, Chavya	Su.U.4 7/42	338
42 1	Kushmanda Swarasa Prayoga	Pippali, Maricha	Su.U.4 7/45	338
42 2	Varshamvadi Peyam	Pippali	Su.U.4 7/46	338
42 3	Madyaja Trishna Chikitsa	Pippali	Su.U.4 7/51	339
42 4	Trishna Shamaka Madya	Shunthi	Su.U.4 7/80	344
42 5	Aamaja Trishna Chikitsa	Bhallataka	Su.U.4 8/30	354
42 6	Samanya Chhardi Chikitsa	Pippali	Su.U.4 9/30	364
42 7	Sarva Chhardi Nashaka Yoga	Shunthi, Maricha, Pippali	Su.U.4 9/33	364
42 8	Hikka Chikitsa – Avapidana Nasya	Pippali	Su.U.5 0/16	368
42 9	Shunthi Ksheeram	Shunthi	Su.U.5 0/23	370
43 0	Hikkahara Ghreya Yoga	Hingu	Su.U.5 0/24	370
43 1	Hikka Nashaka Yoga	Pippali	Su.U.5 0/26	371
43 2	Hikkahara Yoga	1.Pippali, Shunthi 2.Pippali	Su.U.5 0/28	371
43 3	Abhayadi Purana Ghrita	Hingu	Su.U.5 1/16	378
43 4	Shwasa - Kaasa Nashaka Ghrita	Pippali	Su.U.5 1/17	378
43 5	Hinsradi Ghrita	Shunthi, Maricha, Pippali, Chitraka	Su.U.5 1/18	378
43 6	Shringayadi Ghritam	Shunthi	Su.U.5 1/21	379
43 7	Saurchaladi Ghrita	Shunthi, Maricha, Pippali, Chitraka	Su.U.5 1/25	379
43 8	Talishadi Ghrita	Pippali, Chitraka, Hingu	Su.U.5 1/27	379
43 9	Shwasa – Kaasa Hara 5 Leha	1.2.Pippali, 3.Shunthi	Su.U.5 1/32, 33, 34	380
44 0	Saptachchhada Yoga	Pippali	Su.U.5 1/36	380
44 1	Shirishapushpadi Yoga	Pippali	Su.U.5 1/38	380
44 2	Drakshadyavaleha	Pippali	Su.U.5 1/40	380

44 3	Haridradi Churna	Maricha, Pippali	Su.U.5 1/41	380
44 4	Go – Vaaji Purisha Swarasa Prayoga	Pippali	Su.U.5 1/42	380
44 5	Bhargyadi Leha	Shunthi, Maricha, Pippali,	Su.U.5 1/44	380
44 6	Shwasa – Hikka Pathya	Pippali, Hingu	Su.U.5 1/46, 47	381
44 7	Shwasahara Siddhatam Yoga	Hingu	Su.U.5 1/55	381
44 8	Kaasa -Samanya Chikitsa	Hingu, Shunthi	Su.U.5 2/14	387
44 9	Falatrikadi Churna	Shunthi, Maricha, Pippali	Su.U.5 2/15	388
45 0	Pathyadi Churna	Pippali, Shunthi	Su.U.5 2/16	388
45 1	Kaasahara Yoga	1, 3 Shunthi 2.Pippali	Su.U.5 2/17	388
45 2	Marichadi Yoga	Maricha	Su.U.5 2/18	388
45 3	Dhatri Aadi Yoga	Pippali	Su.U.5 2/18	388
45 4	Hare nukadi Yoga	1.Pippali 2.Shunthi	Su.U.5 2/19	388
45 5	Hingu Prayoga	Hingu	Su.U.5 2/21	389
45 6	Lehya Churna	Maricha	Su.U.5 2/22	389
45 7	Varti – Dhooma	Hingu	Su.U.5 2/22	389
45 8	Maricha Churna Yoga	Maricha	Su.U.5 2/24	389
45 9	Nidigdihikadi Churna Prayoga	Shunthi, Pippali	Su.U.5 2/25	389
46 0	Kaasahara Utkarika	Shunthi	Su.U.5 2/26	389
46 1	Katutrika Ghrita -Kafaja Kaasa Ghrita / Churna	Shunthi, Maricha, Pippali	Su.U.5 2/30	390
46 2	Pathadi Ghrita	Shunthi, Maricha, Pippali, Chitraka	Su.U.5 2/31	390
46 3	Kharjuradi Yoga	Pippali	Su.U.5 2/34	391
46 4	Raktadi Churna	Chitraka, Pippali	Su.U.5 2/35	391
46 5	Gudodakam	Maricha	Su.U.5 2/38	391

46 6	Kalyana Guda	Pippalimoola, Chavya, Shunthi, Maricha, Pippali, Ajamoda, Chitraka	Su.U.5 2/39, 40	391
46 7	Agastyavaleha	Pippali, Shunthi, Pippalimoola, Chitraka,	Su.U.5 2/43, 45	392
46 8	Vaataj Swarabheda Ghrita	1. Ajamoda, 2.Chitraka	Su.U.5 3/12	395
46 9	Krimi Nashana Qwatha	Pippalimoola	Su.U.5 4/32	402
47 0	Udavarta and Vaatajanya Shoola Nashaka Yoga	Hingu	Su.U.5 5/44	411
47 1	Devadarvadi Qwatha	Chitraka, Shunthi	Su.U.5 5/45	411
47 2	Vachadi Churna	Pippali	Su.U.5 5/48	411
47 3	Ikshwakumuladi Churna	Chitraka	Su.U.5 5/49	412
47 4	Devadarvadi Churna	Chitraka	Su.U.5 5/50	412
47 5	Guda Pradhamana Udavartahara Yoga	Pippali	Su.U.5 5/52	412
47 6	Falavarti	Chitraka, Pippali, Ajamoda	Su.U.5 5/53	412
47 7	Pathyadi Churna	Hingu	Su.U.5 6/14	416
47 8	Visuchika Nashaka Yoga	Hingu	Su.U.5 6/15	416
47 9	Katutrikadi Yoga	Shunthi, Maricha, Pippali	Su.U.5 6/16	416
48 0	Visuchikahara Pippali -4 Yoga	1.Pippali, Ajamoda 2, 3.Pippali, 4.Shunthi, Pippali	Su.U.5 6/17	416
48 1	Vyoshadya Anjana	Shunthi, Maricha, Pippali	Su.U.5 6/18	417
48 2	Vaatika Arochaka Chikitsa	Pippali, Hingu	Su.U.5 7/7	420
48 3	Arochaka Nashaka Leha	Shunthi, Maricha, Pippali, Chitraka	Su.U.5 7/11	421
48 4	Tryushanadi Churna	Shunthi, Maricha, Pippali	Su.U.5 7/15	422
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48 6	Valadi Kalka Mutra Doshahara	Chitraka	Su.U.5 8/44	429
48 7	Mutra- Rakta Yonidosahara Ghrita	Pippali	Su.U.5 8/54	430
48 8	Mhabalaghrita	Chitraka, Pippali	Su.U.5 8/66	430

489	Shwadanshtra Taila	Shunthi	Su.U.5 9/19	434
490	Ajadiroma Dhoopanam	Hingu	Su.U.6 0/4	442
491	Graha Dosha Nashaka Nasya, Anjan, Seka	Pippalimoola, Shunthi, Maricha, Pippali, Chavya	Su.U.6 0/41	442
492	Shirishadi Varti	Shunthi, Pippali	Su.U.6 0/43	442
493	Naktamaladi Varti	Shunthi, Maricha, Pippali	Su.U.6 0/44	442
494	Saindhavadi Varti	Hingu	Su.U.6 0/45	443
495	Lashunadi Varga Siddha Sarpi - Graha Dosha Nashaka	Hingu, Shunthi, Maricha, Pippali	Su.U.6 0/46, 48	443
496	Krishnadi Ghrita	Pippali	Su.U.6 1/30	451
497	Siddharthaka Ghrita	Shunthi, Maricha, Pippali, Hingu, Chitraka	Su.U.6 1/31	451
498	Panchagavya Ghrita	Shunthi, Maricha, Pippali, Chitraka	Su.U.6 1/35	451
499	Fala Ghrita	Hingu, Ajamoda	Su.U.6 2/28, 29	462
500	Brahmyadivarti	Shunthi, Maricha, Pippali, Hingu	Su.U.6 2/31, 32	462

IV. CONCLUSION

Deepaniya Mahakashaya functions both psychologically and somatically, initiating the Adya Awastha of digestion. These Dravyas play a crucial role in activating Jatharagni and extinguish Aama (Indigested Aahara Rasa). Separate description of

Deepaniya mahakashaya is not in Sushruta Samhita, and these Dravyas are found in Yogas of acharya Sushruta Samhita which act as Deepana Dravyas and Aama shamana Dravya's both. Deepaniya Mahakashaya Dravyas act by Prabhava (Effect). These Yoga or Dravyas had used how many times in Sushruta Samhita is in following table.

Sr. No.	Dravya	Number of Times Used
1	Pippali	263
2	Shunthi	220
3	Maricha	158
4	Chitraka	120
5	Hingu	69
6	Pippalimoola	34
7	Chavya	41

8	Bhallataka	38
9	Amlavetasa	11
10	Ajamoda	34

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Covering Letter
To,

Date: 16th December 2025

The Editor-in-Chief (IJIRT)
International Journal of Innovative Research in
Technology

Subject: "A Literary Review on Charakokta
Deepaniya Mahakashaya" Dravyas in Sushruta
Samhita

Dear Sir/Madam,

I am writing to submit an article titled "A
Literary Review on Charakokta Deepaniya
Mahakashaya" Dravyas in Sushruta Samhita for
possible publication in your esteemed journal.

The article explores the significance of Sushruta
Samhita in the context of Ayurvedic treatment by
Deepaniya Mahakashaya Dravya's mentioned in
Charaka Samhita. It delves into the various dravya
(substances) and Yogas (formulations) mentioned in
Sushruta Samhita that are relevant to the management
of Agnimandya condition. The article aims to
highlight the potential benefits and therapeutic
applications of these Ayurvedic approaches.

I believe that this article would be of interest to readers
of your journal, particularly those engaged in
Ayurvedic research and clinical practice. The findings
presented in the article could contribute to a deeper
understanding of the therapeutic potential of Sushruta
Samhita and its relevance to modern healthcare.

I have attached a copy of the article for your
consideration. Please do not hesitate to contact me if
you require any further information or clarification.
Thank you for your time and attention.

Sincerely,
Shashi Tiwari
M.D. (Second Year) Ayurvedic Samhita Evam
Siddhant Department, Quadra Institute of Ayurveda,
Roorkee – Haridwar (Uttarakhand)

Enclosure: Article - "A Literary Review on Charakokta
Deepaniya Mahakashaya" Dravyas in Sushruta
Samhita