Healing Architecture through Inclusive Design: Creating Accessible, Dignified, and Wellness-Centred Built Environments

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***Abstract*—Healing Architecture focuses on creating built environments that support physical recovery, psychological comfort, and emotional well-being. However, healing environments often fail when they exclude persons with disabilities, elderly users, or individuals with diverse sensory and cognitive needs. Inclusive Design ensures accessibility, dignity, and participation for all users by integrating diverse needs from the earliest design stages. This research paper examines Healing Architecture through the lens of Inclusive Design and argues that true healing can only be achieved when spaces are universally accessible and experientially supportive.**

I. INTRODUCTION

Architecture plays a crucial role in shaping human health and well-being. Healing Architecture emphasizes light, nature, ventilation, acoustics, and spatial comfort to promote recovery. Inclusive Design complements this by ensuring environments are usable and dignified for all users.

II. OBJECTIVES

- To study Healing Architecture principles
- To understand Inclusive Design concepts
- To integrate inclusivity with healing environments
- To propose strategies for Indian context

III. METHODOLOGY

The study is based on qualitative literature review and comparative analysis of healing and inclusive design principles.

IV. CONCLUSION

Healing Architecture through Inclusive Design ensures equitable, accessible, and emotionally supportive spaces. In the Indian context, such an approach is essential for creating sustainable and humane built environments.