

# A Clinical Study to Assess the Predominancy of Sycotic Miasm in Case of Gout with Effectiveness of Anti-Sycotic Homeopathic Medicine: A Case Report

Dr. Purvang Gajjar<sup>1</sup>, Dr. Bibhu Prasad Panda<sup>2</sup>

<sup>1</sup>PG Scholar (Part-1), <sup>2</sup>Guide, HOD/ Professor, Department of Organon of Medicine and Homeopathic Philosophy, Rajkot Homeopathic Medical College, Parul university.

**Abstract-** A 47-year-old male presented with symptoms of gout and a raised serum uric acid level of 8.1 mg/dL. After detailed case-taking and constitutional homeopathic treatment focused on the sycotic miasm, the patient showed significant clinical improvement. Follow-up revealed a reduction in serum uric acid to 5.4 mg/dL, without the use of conventional urate-lowering drugs. This case demonstrates the efficacy of individualized homeopathic management in gout through holistic and miasmatic approach.

## I. INTRODUCTION

- Gout is a chronic metabolic disorder caused by hyperuricemia, leading to deposition of urate crystals in joints and tissues, producing recurrent arthritis, swelling, and pain.
- From a homeopathic perspective, chronic diseases arise from underlying miasms. In gout, the sycotic miasm is predominant, reflected in:
  - Excessive deposition and accumulation (uric acid crystals).
  - Chronicity with recurrent painful attacks.
  - Associated sycotic traits like warts or metabolic disturbances.
- Conventional drugs (NSAIDs, urate-lowering medicines) relieve acute symptoms but do not address the miasmatic root, and recurrence remains common.
- Homeopathy, through individualized constitutional treatment, acts at the miasmatic level, providing long-term relief and prevention of recurrence.

## II. CASE PRESENTATION

- Age/Sex: 47-year-old male
- Chief Complaints: Severe pain, redness, and swelling of the great toe joint with difficulty walking.
- History: Recurrent episodes for several months, worsening at night and after rich food.
- Investigations: Serum uric acid – 8.1 mg/dL

## III. TOTALITY OF SYMPTOMS

### Mental Generals

- Restless and hurried in all activities, cannot wait for anything
  - Forgetful, especially of names and recent events
  - Hopeful and optimistic, yet easily discouraged when unwell
  - Anxiety about health and future
  - Desire for open air, seaside ameliorates complaints
- ### Physical Generals
- Craving for ice, cold drinks, green sour fruits, oranges
  - Thirst for large quantities of water
  - Sleeps in knee–chest position
  - Aggravation: damp weather, at night, from exertion, after rich food
  - Amelioration: cold applications, rest, seaside
- ### Physical Particulars



