Efficacy of Homeopathic Medicines in the Management of Warts: A Review with a Case Report

Dr. Mansi Nathwani[1], Dr. Priyanka Shroff[2]
[1]*PG Scholar (part 1), Rajkot Homeopathic Medical College, Parul University*
[2]*Proffesor, Department of Organon of Medicine (PG), Rajkot Homeopathic Medical College, Parul University*

***Abstract*—Warts are common benign skin growths caused by human papillomavirus (HPV) infection. Conventional treatment options include topical keratolytics, cryotherapy, and surgical removal, which may be associated with pain, recurrence, or scarring. Homeopathy is frequently used as an alternative or complementary approach in the management of warts. This article reviews the homeopathic perspective on warts and presents a clinical case in which homeopathic treatment was administered. While some clinical observations suggest improvement, scientific evidence Further controlled studies are required to establish definitive conclusions.**

I. INTRODUCTION

Warts (verrucae) are benign epidermal proliferations caused by infection with various strains of human papillomavirus (HPV). They commonly affect children and young adults and may appear on the hands, feet, face, and genital areas. Although many warts resolve spontaneously, some persist, recur, or cause discomfort and cosmetic concern.

Homeopathy, a system of medicine based on the principle of "similia similibus curentur", aims to stimulate the body's self-healing mechanisms through individualized remedies. Homeopathic practitioners often report favorable outcomes in wart management.

Homeopathic Perspective on Warts

In homeopathy, warts are considered an external manifestation of internal imbalance, often associated with chronic miasms, particularly the sycotic miasm. Treatment is individualized, not only the type and location of the wart but also the patient's constitutional characteristics, general health, and mental-emotional state.
Commonly prescribed homeopathic remedies for warts include:
Thuja occidentalis – Frequently used for multiple, pedunculated, or cauliflower-like warts
Causticum – Often indicated for large, jagged, or bleeding warts
Nitric acid – Used for painful, fissured warts that bleed easily
Dulcamara –Used when warts worsen in cold and damp conditions
Calcarea carbonica – Prescribed in patients with sluggish metabolism and recurrent warts
Remedy selection is based on totality of symptoms rather than the wart alone.

II. CASE REPORT

A 14-year-old male presented with multiple warts on both hands for a duration of approximately 8 months. The warts were painless but cosmetically distressing. Previous treatment with topical salicylic acid had provided minimal improvement.
Clinical Findings
Multiple, soft, pedunculated warts on the dorsal surface of both hands
No bleeding or pain
General health otherwise normal
Homeopathic Assessment
The patient was shy, anxious in social situations, and had a tendency toward recurrent respiratory infections.
Based on the totality of symptoms, Thuja occidentalis was selected.

III. PRESCRIPTION

Thuja occidentalis 200C, one dose weekly for four weeks
No topical applications were used
Patient was advised on general hygiene and to avoid picking the warts

IV. FOLLOW-UP AND OUTCOME

After four weeks, a reduction in the size of the warts was noted. By the end of three months, most warts had regressed significantly, with no new lesions observed. No adverse effects were reported. At six-month follow-up, the patient remained wart-free.

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