

# Youth and Fundamental Duties in Shaping a Responsible Democracy in India

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*“All power is within you; you can do anything and  
everything”*

*- Swami Vivekananda*

## I. INTRODUCTION

Democracy is not merely a system of governance but a social arrangement that relies on the active participation of its people. In India, a country characterized by diversity and pluralism, the stability and strength of democracy depend substantially on its citizens, particularly the youth. India's youth population—estimated to be among the largest globally—provides both an unparalleled opportunity and a formidable challenge. <sup>1</sup> The democratic structure of the nation is fundamentally strengthened when young citizens recognize that rights and duties are two sides of the same constitutional coin.

The Indian Constitution, while guaranteeing Fundamental Rights, also emphasizes the moral responsibility of citizens through Fundamental Duties. These duties serve as guiding principles, intended to promote a sense of discipline, commitment, and national spirit. For a democratic society like India, fostering such civic consciousness among the youth is essential for the sustenance of democratic values and the nation's future progress.

India's aspiration to become a fully developed nation by 2047—Viksit Bharat @ 2047—rests heavily upon youth engagement, enlightened citizenship, and responsible behavior. This research paper explores the evolving relationship between youth and the Constitution's duty framework, examining how a duty-oriented approach can contribute to a more inclusive, vibrant, and accountable democratic society.

## II. THEORETICAL FRAMEWORK: DEMOCRACY, CITIZENSHIP, AND DUTY

The concept of democracy extends far beyond the electoral process. Political theorists argue that democracy is sustained through civic virtues—responsibility, participation, and community engagement. <sup>2</sup> In contemporary political thought, deliberative democracy highlights the need for informed and morally grounded citizens. From Aristotle's conception of virtue ethics to Rousseau's idea of the social contract, the idea of responsible citizenship has remained central.

In the Indian context, democratic citizenship encompasses three essential dimensions:

1. Political Citizenship – participation in democratic processes, exercising one's right to vote, and engaging in public discourse.
2. Social Citizenship – fostering harmony, respecting diversity, and combating discrimination.
3. Moral Citizenship – fulfilling constitutional duties, protecting public property, and safeguarding national unity.

Youth embody a unique position within this framework due to their inherent dynamism, adaptability, and capacity for innovation. Their engagement becomes crucial in translating theoretical democratic values into lived societal practices.

## III. INDIA'S YOUTH DEMOGRAPHIC: OPPORTUNITY AND CHALLENGE

India's demographic profile presents a compelling narrative. Over 65% of the population is below the age of 35, and nearly 50% is below 25. <sup>3</sup> This demographic dividend has been frequently celebrated as a promising

opportunity for India to accelerate its economic, political, and social development.

### 3.1 Advantages of India's Youth Bulge

- Economic Productivity – A large working-age population can significantly enhance national productivity.
- Technological Adaptability – Youth are faster adopters of technology, positively influencing innovation.
- Political Participation – High youth turnout and activism can strengthen democratic processes.
- Social Reform – Historically, youth have catalyzed social transformations worldwide.

### 3.2 Challenges

- Unemployment – Youth unemployment poses social and political risks.
- Skill Gap – A mismatch between education and employability demands undermines the demographic dividend.
- Political Apathy – Despite increasing participation, apathy persists among sections of the youth.
- Misinformation – Digital influence, while empowering, also exposes youth to misinformation and polarization.

The successful navigation of these challenges demands a deeper emphasis on civic education and the inculcation of constitutional values, particularly Fundamental Duties.

## IV. EVOLUTION OF FUNDAMENTAL DUTIES IN THE INDIAN CONSTITUTION

Unlike Fundamental Rights and Directive Principles, the Constitution initially did not include Fundamental Duties. Their incorporation was a later development shaped by historical, political, and constitutional considerations.

### 4.1 Swaran Singh Committee and the 42nd Amendment

In 1976, during the Emergency period, the Government of India appointed the Swaran Singh Committee to make recommendations on constitutional reforms. 5 The committee recommended the inclusion of a set of duties to remind citizens of their responsibility towards the nation.

Acting on this recommendation, Parliament inserted Article 51A through the Constitution (Forty-Second Amendment) Act, 1976.

The concept was inspired by the USSR Constitution, where citizenship was closely tied to performance of duties.

### 4.2 Expansion through the 86th Amendment

The Constitution (Eighty-Sixth Amendment) Act, 2002 added the eleventh duty, requiring parents or guardians to provide opportunities for education to children aged 6 to 14. This reinforced the link between rights and duties—specifically the Right to Education under Article 21A.

### 4.3 The Nature of Fundamental Duties

Fundamental Duties are:

- Moral obligations rather than enforceable legal duties.
- Non-justiciable, similar to Directive Principles.
- Civic guidelines intended to promote responsible citizenship.

They serve as a civic compass for citizens, especially the youth, encouraging a sense of responsibility and national commitment.

## V. ARTICLE 51A: CONSTITUTIONAL DUTIES AND THEIR DEMOCRATIC RELEVANCE

Article 51A enumerates eleven Fundamental Duties, including:

- respecting the Constitution,
- upholding sovereignty,
- promoting harmony,
- preserving cultural heritage,
- protecting the environment,
- safeguarding public property,
- striving for excellence.

Each duty holds contemporary relevance and contributes to a responsible democratic order.

### 5.1 Duty to Abide by the Constitution and Respect Its Ideals (Art. 51A(a))

For youth, this duty forms the bedrock of constitutional literacy. Respecting constitutional values means understanding and internalizing the principles of justice, liberty, equality, and fraternity.

### 5.2 Duty to Cherish Noble Ideals of the Freedom Struggle (Art. 51A(b))

Young Indians must connect with the moral, ethical, and political sacrifices of freedom fighters. This enhances civic consciousness and national pride.

### 5.3 Duty to Uphold Sovereignty, Unity, and Integrity (Art. 51A(c))

This duty becomes crucial in an environment marked by cyber threats, misinformation, and divisive politics.

### 5.4 Duty to Promote Harmony and Brotherhood (Art. 51A(e))

India's diversity demands youth leadership in combating hate speech, caste prejudice, and communal violence.

### 5.5 Environmental Duties (Art. 51A(g))

Environmental protection is an existential necessity. Youth-led environmental activism worldwide shows their capacity to lead climate action.

### 5.6 Duty to Safeguard Public Property (Art. 51A(i))

Public resources are essential for collective welfare. Youth must actively discourage vandalism and misuse of public property.

### 5.7 Duty to Strive for Excellence (Art. 51A(j))

Democratic development and India's rise as a global power depend on fostering excellence in education, science, sports, and public conduct.

## VI. YOUTH AS CATALYSTS OF SOCIAL AND POLITICAL CHANGE

Historically, youth have played decisive roles in moments of transformation:

- Indian freedom struggle saw immense youth participation—from Bhagat Singh to the students of Bengal and Punjab.<sup>8</sup>
- JP Movement (1974) was led largely by youth activists.
- Anti-corruption movements in contemporary India witnessed youth-driven mobilization

### 6.1 Youth Engagement in Electoral Politics

Recent elections have seen increasing youth voter participation, reflecting democratic maturity. Social

media has amplified political awareness but also poses risks of polarization.

### 6.2 Youth in Social Movements

Youth involvement in environmental conservation, anti-corruption efforts, digital literacy campaigns, and gender equality movements demonstrates their commitment to public welfare.

### 6.3 Digital Citizenship

The rise of digital platforms demands ethical digital behavior, media literacy, and respect for democratic dialogue. Fulfilling these responsibilities is an extension of constitutional duties in the digital era.

## VII. FUNDAMENTAL DUTIES AS A TOOL FOR STRENGTHENING INDIA'S DEMOCRACY

For India to maintain a robust democratic framework, Fundamental Duties must be internalized by the younger generation.

### 7.1 Duties and Democratic Participation

Fulfilling duties enhances:

- civic responsibility,
- social cohesion,
- respect for diversity,
- informed participation.

### 7.2 Duties and Rule of Law

Respect for the Constitution and public institutions strengthens the rule of law and democratic legitimacy.

### 7.3 Duties and National Development

From cleanliness (Swachh Bharat) to education, environmental protection, and public order, duties contribute directly to national progress.

## VIII. VIKSIT BHARAT @ 2047: YOUTH AND DUTY-DRIVEN DEVELOPMENT

India's vision of becoming a developed nation by 2047 hinges on:

### 8.1 Youth-Led Governance Participation

More youth representation in politics, public administration, and governance.

### 8.2 Skill Development and Excellence

Duty to strive for excellence aligns with national skill development frameworks.

### 8.3 Social Harmony for National Unity

Cohesive societies are prerequisites for economic and political development.

### 8.4 Environmental Sustainability

Youth-led climate action is essential for sustainable progress.

## IX. INSTITUTIONALIZING DUTY AWARENESS AMONG YOUTH

### 9.1 Education Policies

NEP 2020 emphasizes constitutional values, duty awareness, and civic ethics.<sup>9</sup>

Schools and universities must integrate civic education into curricula.

### 9.2 National Youth Programs

Government initiatives such as NYKS, NSS, and youth parliaments foster leadership and civic sense.

### 9.3 Digital Awareness Campaigns

Combatting misinformation and promoting responsible online behavior should be central to youth engagement.

### 9.4 Community Engagement

Youth must be encouraged to participate in volunteerism, community service, and social entrepreneurship.

## X. JUDICIAL PERSPECTIVE ON FUNDAMENTAL DUTIES

Though not enforceable, courts have invoked Fundamental Duties in various judgments.

### 10.1 AIIMS Students' Union v. AIIMS (2002)

The Supreme Court emphasized that Fundamental Duties, though not enforceable, provide valuable guidance.<sup>10</sup>

### 10.2 Environmental Jurisprudence

Courts have used Art. 51A(g) to uphold environmental rights.

### 10.3 Cultural Preservation Cases

Judiciary has urged citizens to respect heritage sites and cultural integrity.

These judicial interpretations reaffirm the relevance of duties in democratic governance.

## XI. CHALLENGES IN REALIZING A DUTY-CENTRIC YOUTH CULTURE

- Lack of awareness of constitutional duties
- Insufficient civic education
- Ideological polarization
- Digital misinformation
- Weak institutional support
- Socio-economic inequalities
- Limited platforms for constructive engagement

Addressing these challenges requires coordinated efforts by government, educators civil society, and youth themselves.

## XII. RECOMMENDATIONS

### 12.1 Strengthening Civic Education

Introduce mandatory civic courses focusing on rights, duties, and responsibility.

### 12.2 Youth Integration in Policy

Engage youth in policymaking through youth councils and advisory boards.

### 12.3 Digital Literacy

Enhance critical thinking and digital ethics in the era of artificial intelligence.

### 12.4 Institutional Recognition

Recognize youth contributions in public service and civic engagement.

### 12.5 Legal Awareness Programs

Encourage awareness of constitutional values and duties.

## XIII. CONCLUSION

The youth of India stand at the cusp of transformative potential. As the nation marches toward Viksit Bharat @ 2047, the fulfilment of Fundamental Duties becomes indispensable. Duties act as moral guardrails and civic guidelines that inspire youth to contribute to

national development, uphold democratic values, and strengthen constitutional governance.

A responsible democracy cannot rely solely on state institutions; it requires active citizen participation rooted in constitutional morality. The future of India's democracy rests significantly on its young citizens—aware of their rights, committed to their duties, and driven by the ideals of justice, unity, and national excellence.

Youth are indeed the architects of India's democratic destiny. By embracing their Fundamental Duties, they not only honor the Constitution but also actively shape a more inclusive, vibrant, and accountable democracy for generations to come.

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