

# Importance of Universal values Truth, Righteous conduct, Peace, Love and Nonviolence

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**Abstract**—Values stand for ideas men live for. Values are part and parcel of the philosophy of nation. They are guiding principles of life which are conducive to all round development. Universal values are those moral principles and ethical standards that are accepted by all people, regardless of religion, culture and nationality. They guide individuals to live with integrity, develop good character and make the right choice of life. In society universal values play key role in reducing conflicts, encourage respect for others, and build a peaceful and cooperative among diverse groups. In education, the practice of universal values enables students to develop social, ethical and self-Helping skills that are necessary for holistic growth. By practicing these values, we can overcome hatred, violence and justice move towards a prosperous and peaceful world. The present paper is an attempt to analyse universal values and how it can help to maintain meaningful life and peaceful society.

**Index Terms**—Religion, integrity, conflicts, cooperative.

## I. INTRODUCTION

The purpose of education is all round development of human personality. Development of the different aspects of our personality depends upon the extent to which the person has imbibed human values. These values are called universal and eternal values. There are five universal values --- Truth, Right - conduct, Peace, Love and Non-violence are interdependent and interconnected. Together they represent the five aspects of the personality. Intellectual ---- -Truth, Physical --- Right Action, Emotional --- Peace.,,Psychic ---- Love, Spiritual --- Non-violence.

## II. OBJECTIVE OF THE STUDY

- 1 . To explain universal values.
2. To find out various types of values for harmonium development of an individual. Methodology:  
The study is based on secondary Discussion:

**Truth:** -Truth is considered the highest human values connected with the intellectual domain of our personality. According to SSB there are two aspects related to the values of truth --- relative truth and absolute truth. Relative Truth ----We speak truth when we describe what we see or hear. This concept of truth is based on sense perception. As for example " sun rises", " Its raining". The truth of sense perception varies according to time, location, need etc and is always subject to change.2. Absolute truth --- It is a statement that is true at all times and in all places. It is something that is always true no matter what the circumstances. It is a that cannot be changed. Examples of absolute truths include mathematical principles (e.g  $2+2=4$ ) and universal moral tenets, which are considered true for all time and all people. While the concept of truth is universal and independent of individuals perspectives, its manifestation varies across different domains, including personal actions, societal norms, and the pursuit of knowledge through science and philosophy. Cultivating truthfulness is crucial for building trust and integrity in personal and social relations. Promotes inner peace and authenticity by aligning words and actions.

**Right Conduct:** Right conduct is a core principle emphasizing moral behaviour aligned with Dharma. The goal of Dharma or righteousness is self-realization. It is thus seen that the first principle of "truth" or " sathya" flows to the second one of "Dharma" or Righteous conduct. It emphasises doing what is right, not merely what is convenient or beneficial to oneself. The word Dharma comes from the Sanskrit root "Dhri" which means " to sustain". At its core, Dharma refers to the principle that upholds the natural order, moral law, and righteous conduct in the universe. It is the principle of morality enacted in all its phases that can give mankind real peace and

prosperity, health and happiness and bless beyond this life of earthly sojourn. The children should be made to cultivate good habits from childhood so that their character development is positive and healthy. There are three types of purely human skills which can be developed in the child in the elementary school namely self- help, social and ethical skills. Self-help skills related to proper eating, personal cleanliness, self-reliance etc. Social skills related to conduct school and with friend, leadership qualities, cooperative attitudes, and attentiveness etc. And ethical skills related to speaking softly or pleasantly with others, not hurting anyone or anything, not stealing or telling lies etc. These three groups of skills are not isolated but interrelated and have to be cultivated and developed through practice. Righteous conduct envelopes all walks of life and is conducive not only to one's well-being but the well-being of all. Peace:-----Peace is related to the emotional aspects of human personality. Dharma and righteousness blossoms in peace, which is the most priceless possession of man, is not attainable by power, self and position or anything material. Right or wrong, whatever a man thinks or does is with the intention of attaining peace and happiness, it thus, can never be secured from the outside world. Peace is a state of bliss, mental equipoise, tensionlessness. It is a controlled state of all the fluctuations of the mind (chitta, vrithi, nirodha). Peace connotes the negation of desire, anger, greed, and hatred. It is a sound and balanced mental state which learns to find rest in action and which utilizes all the inherent vital energies to create a perfect harmony in action. Inner peace is the foundation of all forms of Peace. Practice such as self-discipline, truthfulness, forgiveness, and meditation help in achieving inner peace. When individuals are peaceful within, they naturally contribute to building peaceful surroundings. Social peace is equally important. It builds through cooperation, tolerance, and resolving conflicts. Peace is essential for progress, as no society can grow in an environment of fear and conflict. In today's world, where conflicts, inequality, terrorism, and environmental crisis often threaten humanity, peace is more important than ever. This peace is not just a personal need but also a universal necessity. By embracing peaceful values in thought, word, and action, humanity can build a world where love and

justice prevail, ensures happiness and security for present and future generations.

### III. LOVE

Truth leads to Dharma or righteousness which unfolds in shanti or peace and blossoms in to Prema or Love. The psychic domain of human personality is the source of love. Love is the expression of divine within the individual and is the power of soul. At human level, assumes many forms. The word love is used in the common parlance in the context of the relations between mother and child, husband and wife, master and servant, the preceptor and pupil. It can't be termed love. It is only attachment. "Prema" can be applied only to the total love towards divine. Love is not an emotion. It is the form of energy, which each individual transmits and receives every moment. Love helps us to overcome the sense of fear by promoting better understanding and appreciation. Philosopher's and saints across cultures have emphasized love is the highest virtues. Jesus declared "love is the greatest force on the earth, hatred and malice should find no place in the heart." Indian saints like Swami Vivekananda, Mahatma Gandhi, and Sri Satya Sai Baba, highlighted love as the essence of spirituality. Love dissolves, removes barriers, and creates unity among people of different religions, castes, and nations. It inspires people to forgive, to sacrifice, and to serve others with humility. When individuals live with love in their hearts, they naturally show respect, generosity and empathy, which brings peace and happiness to both the giver and receiver. Thus, love as a universal value is not only an emotion but also a guiding principle for harmonious living.

### IV. NON-VIOLENCE

Nonviolence is the zenith of human achievement and perfection. It is the universal love that goes beyond our relations with other fellow beings, and embraces all living and nonliving things. The term "Ahimsa" means no harm or hurt to any creature in creation. It means avoiding harm in thought, word and action. It is not merely the absence of physical violence but also the avoidance of hatred, anger, and cruelty in any form. Therefore, it becomes clear that Ahimsa has three varieties, through action, through words and

through thoughts. At the action level Ahimsa connotes compassion towards all living beings, peaceful co-existence, conflictless society, absence of quarrels and wars. At the speech level, Ahimsa means not to inflict any injury on anybody through words. At the mental level, it means malice towards none that is charity and love for all. Nonviolence basically means non-hurting, amity, harmony and understanding in the context of plants and animals. Ahimsa is the practical aspect of the principle of love in the domestic, economic, social, and political fields. It is the antidote to all conflicts existing in the world, in houses, in states, in countries and all over the globe. Violence only breeds further violence. It is only nonviolence that cuts its very roots. In Indian philosophy, particularly in Jainism, Buddhism, and Hinduism, Ahimsa is regarded as the supreme duty of every human being. Mahatma Gandhi made nonviolence a powerful tool for social and political change. This nonviolence as an universal values that leads to peace, justice, and harmony in the world. By embracing non-violence humanity can overcome hatred and violence, replacing them with love respect and unity.

#### V. CONCLUSION

From the above discussion, it is clear that Truth in action is Dharma. Dharma or Righteous action means law of justice that is inherent in the structure of universe as created by God. Peace is a state of bliss "(Ananda) , mental equipoise and tension less, . Love is the expression of divine within the individual and the power of the soul. It is the form of energy which each individual transmits and receives every moment. It has its manifestation in selflessness and sacrifice. Non violence is the zenith of human achievement and perfection. It is the universal love that goes beyond our relations with other fellow beings, and embraces all living and non living things.