

# AGE Managed with Bell’s Repertory

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Name-xyz

Age / sex: 28 / female

Presenting Complaints in Detail:

Acute onset diarrhoea, for the last 2-3 days.

Profuse, hot, corrosive, watery, sour smelling, yellowish stools.

Frequent urging to stool, sudden at times.

Especially in the morning after waking up.

Complaints with duration:

Burning sensation in rectum after passing stool.

Weakness & exhaustion after each stool.

Occasionally abdominal cramping before stool, relieved after passing stool.

Associated Complaints:

Hot palms

Irritable mood

Increased thirst, prefers cold drinks.

Mild nausea, no vomiting.

Feverish feeling but no rise in Temperature.

Past History

No history or similar episodes in past.

Family History:

Father - healthy

Mother – healthy

Gynecological and Obstetric History:

Menstrual cycle - regular 28 days cycle.

General Examination

Pulse	78/min	Height	5’2”	Hair	NAD
Respiratory Rate	18/min	Weight	60 kg	Oedema	NAD
Blood Pressure	120/80 mmhg	Tongue	DRY	Skin	DRY
Temperature	97.6 ‘F	Bulit	Well	Other	NAD

Menstrual flow - moderate, lasting for 4 days.

No history of pain & discomfort

Personal History:

Marital status: married

Addiction: None

Habits and hobbies: cooking

Medicine being taken regularly (if any): None

Vaccination: Up to date

Disagree/Allergic to: Not known

Physical General:

Appetite: Reduced

Thirst: increase, Patient prefers cold drinks

Desires: Spicy food

Aversion: acidic food

Intolerance: Oily food, leads to bloating

Stool: Hard, acrid, corrosive, loose watery, yellowish, offensive

Urine: 7 to 8 times in a day.

Perspiration:

(i) Area: forehead

(ii) Odor: N.S.

(iii) Staining: No

(iv) Quantity: Moderate

Sleep: disturbed due to frequent stool.

Dream: Restless & anxious dreams

Thermal: Hot patient.

Systemic Examination

Gastrointestinal system	P/A soft, mild Tenderness
Respiratory system	BLAE (+)
Cardio-vascular system	S1S2 audible
Central Nervous system	conscious and oriented
Musculo-skeletal system	NAD

Life Sketch Investigation / Mental Generals:

Restless & Irritable  
feels exhausted after passing stool

Laboratory Investigations:

Not advised

Case Processing:

Provisional Diagnosis  
Acute Gastroenteritis  
Confirm Diagnosis  
Acute Gastroenteritis

Analysis of Case:

Classification of Symptoms:  
Diarrhoea (Pathological Names)  
Stool colour Yellow [character of stool]  
Stool feels hot [character of stool]  
Stool odour Sour [character of stool]  
Stool urging sudden [character of stool]  
Aggravation: acid food [modalities]  
Appetite: diminished (general Accompaniment)  
Hands, Hot, palms, of (general Accompaniment)

Evaluation of Symptoms:

Diarrhoea

Stool colour yellow (+1)  
Stool feels hot (+2)  
Stool odor sour (+3)  
Stool urging sudden (+3)  
Aggravation: acid food after (+2)  
Appetite: diminished (+1)  
Hands, Hot, Palms of feel (+2)

Remedy Name	Sulph	Merc	Pod	Arn	Coloc	Phos	Aloe	Bol
Tachy	15	9	7	7	7	6	6	6
Symptoms Covered	8	5	5	4	4	6	4	4
Kingdon								
[Special] [Diarrhoea] [Pathological names] Diarrhoea: (113)	1	2	2	1	2	1	1	1
[Special] [Diarrhoea] [Character of the stools] Colour, Yellow: (79)	1	1	2	1	2	1	3	1
[Special] [Diarrhoea] [Character of the stools] Hot: (10)	2	3	1			1	1	
[Special] [Diarrhoea] [Character of the stools] Smell/Sour: (20)	3	2		3	2	1		
[Special] [Diarrhoea] [Aggravations] Acids after: (10)	2				1		1	
[Special] [Diarrhoea] [Concomitants (Before Stool)] Urging Sudden:	3	1	1			1		
[Special] [Diarrhoea] [Concomitants (Extremities)] Hands Hot palm:	2					1		1
[Special] [Diarrhoea] [Concomitants (Appetite)] Appetite Diminise:	1		1	2				3

Repertorial Totality:

CHARACTER OF STOOL [YELLOW].  
CHARACTER OF STOOL HOT (20) CHARACTER OF STOOL SMELL SOUR (20)  
CHARACTER OF STOOL SMELL SOUR (20)  
AGGRAVATION ACID AFTER (10)  
CONCOMITANT: (BEFORE STOOL), URGING SUDDEN (12)  
CONCOMITANT (EXTREMITIES): HANDS, HOT PALMS OF (5)  
CONCOMITANT (GENERAL) APPETITE: DIMINISHED.

Prescription:

Rx,

SULPHUR 200 BD X 2 DAYS

SAC LAC X TDS X 3 DAYS.

Response	Symptoms/Complaints	Prescription
After 2 days of prescription	frequency of Stool decreases by 2 times in a day, after 1 day of medication. Stool becomes mild Soft but in to the Pieces nausea & vomiting completely Better one episode of fever 99°F Burning in anus after passing Stool Better	Rx SAC LAC × TDS × 2 DAYS [TYPE-5]

<p>After 3 days of last follow up</p>	<p>morning urgency gone completely mood becomes Better Vitals: BP: 110/70 mm Hg No sign of Dehydration</p> <p>No any complaints regarding GI disturbances only single time evacuation in past 2 days. Stool: Become well formed as normal stool No episode of fever No nausea &amp; vomiting No pain before, during &amp; after stool No abdominal discomfort Early morning urging Better Weakness: 20% Present Physical-generals: - Appetite improved - Thirst: improved Vitals: - Bp: 120/80 mmHg - SpO2: 98% on RA - Pulse: 72/min - Temp: 97.2 F</p>	<p>Rx, SAC LAC × TDS × 3 DAYS [TYPE-4]</p> <p>SOS-follow up</p>
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Follow Up:Diagnostic Criteria-Bristol Stool Chart				
Types	Character of Stool	4/1/25	6/1/25	8/1/25
Type 1	Separate hard lumps, like nuts (hard to pass)			
Type 2	Sausage-shaped but lumpy			
Type 3	Like a sausage but with cracks on its surface			
Type 4	Like a sausage or snake, smooth and soft			✓
Type 5	Soft blobs with clear-cut edges (passed easily)		✓	
Type 6	Fluffy pieces with ragged edges, a mushy stool			
Type 7	Watery, no solid pieces entirely liquid	✓		