

Understanding The Evolution of Fastidiousness in Carcinosis and Other Fastidious Remedies- A Review Article

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Abstract—This article is meant to show the importance of understanding differential study of materia medica to understand it holistically by the example of one trait fastidiousness. By the understanding of psychodynamics of fastidiousness and its evolution in different medicines like carcinosis, arsenic alb, nux vomica, natrum mur and silicea it is understandable that how important is to study every trait and remedies in this manner to understand it holistically and to differentiate the closely coming remedies in clinical practice.

Index Terms—evolution, carcinosis, fastidiousness

I. INTRODUCTION

Fastidiousness- word meaning: -

Fastidiousness means hard to please, critical, choosy, painstaking, quality of being overly refined, quality of paying extreme attention to minute details, hypercriticism.

Possessing or displaying careful, meticulous attention to detail.

Excessively scrupulous or sensitive, especially in matters of taste or propriety.

Psychodynamic understanding: -

Obsessional symptoms are considered to arise from intra psychic anxiety due to emotional conflict being expressed via defense mechanisms. In Freud's view all conflicts arise in childhood due to interaction with an environment. Early struggle of growing child is need for love, care and security. There is conflict between child's own idea of right and wrong to that of parents.

So to avoid conflict and threat of loss of love and threat of receiving punishment they follow parental demands. That leads to repeated arousal of rage which they can not express and it becomes suppressed and ultimately repressed to maintain relationship. This attitude develops rigid conscience, sense of right and wrong and guilt. That ultimately leads to fastidiousness.

Understanding the evolution of fastidiousness in materia medica: -

To understand evolution of fastidiousness in materia medica it needs to study evolution from causation that may be similar in remedies having fastidiousness. It also needed to study predisposition and evolving disposition as they have different adaptation and clinical expression. All remedies having fastidiousness have different genesis and evolution of feeling states. Here effort has been made to understand the evolution of fastidiousness of carcinosis and other fastidious remedies like arsenic alb, nux vomica, natrum mur and silicea.

Carcinosis: - Evolution of Fastidiousness

Along with other dispositional qualities like anxiety, conscientiousness, sympathetic, industriousness, sensitivity and artistic abilities, fastidiousness is very important characteristic feature of carcinosis and understanding of its evolution in the person help us to differentiate the carcinosis from other medicines having fastidiousness.

To understand the evolution of fastidiousness of carcinosin it is important to understand external as well as internal factors influencing the shaping up of fastidiousness in carcinosin. External factors mean social environment in which the individual has been grown up. That includes rigid morals and values system in the family with strict parental control, loss of loved one, fear of rejection and traumatic childhood. All the factors create the demands and expectation from a person to be disciplined. To avoid conflict, person internalize the discipline and fastidious personality takes shape. There are internal factors means sensitivity of a person also plays role in shaping up of fastidiousness in individual like low self-esteem and loss of self-confidence. These leads to weak defenses. Also, person is sensitive to reprimands. To avoid criticism and to survive in strict environment they do the work perfectly and sincerely and landed up becoming fastidious. That it how internal factors shape the fastidious individual.

Arsenic alb: -

In arsenic all works are meticulous and well planned like house, food, car, language etc. extreme tidiness of arsenic is to some extent work as a physical outlet for tension and anxieties. As they become sick, they become fussy and dictatorial demanding. Source of his drive is a perfection of par excellence like child is self-discipline and spend hours to learn, students will effort for the best and over achieving individuals and in adult life they are compulsive in work and obsessive which generates anxiety. They tend to collapse after high achievements or successful efforts. They are self-critical and hypercritical to others. Coulter says about arsenic that “Anything worth doing is worth over doing”.

Nux vomica-

Nux vomica has marked sensitivity to disharmony. For nux vomica neatness, efficiency and orders are essential to his peace of mind. As Dr. Hering says nux vomica is “fussy precise”. Nux vomica is never satisfied and remains in constant irritating state. Others do not on the same side of his own particular idea of order. He has capacity to devote infinite care to all undertaking in his life. Nux vomica has an obsession instead of virtue in this imperfect world and the individual is never at peace with himself and

become a nuisance to others. Nux can be described as any job worth doing is worth doing well.

Natrum mur: -

They are a hard worker & would like to complete all task in given time because it helps him to boost their ego. The patient turns inwards after grief and disappointments and may develop obsessive traits, expressed in the form of conscientiousness about trifles and quick annoyance at small mishaps. The patient is also subjected to resentment as well as remorse and self-blame.

Silicea: -

He is introspective, image conscious and shy when engaged in interaction with others and remorseful while easily developing fix ideas and fastidious trait. Thinks only of pins, fears them searches and count them. This patient compulsively tries to master this apprehension.

Discussion: -

Fastidiousness is an important attribute/quality of an individual. We should go back to source book-original literature & try to understand fastidiousness of each remedy. One should study fastidiousness & different shades of it as well as different way of adaptation & clinical reflection. Genesis & evolution of feeling state differ in all remedies having fastidiousness. By the example of fastidiousness it can be understood that differential study of materia medica will help us to understand it holistically.

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