

# A Literary Review on Importance of Charakokta Deepaniya Mahakashaya Dravyas in Bhavaprakasha Samhita

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**Abstract**—Ayurveda consist of 3 pillars. They are Hetu, Linga and Aushadha. Hetu are causative factor for any disease, Linga is symptoms of any disease and Aushadha is Herbs or medicine for the diseases. Deepaniya Mahakashaya is also a combo of 10 herbs comes under Aushadha. For Aarogya or health Agni should be proper. According to Acharya Charaka If any Vikriti or deviation occur in Kaayagni or Jatharagni, which lead many problems such as health issues, Ageing, Dullness of skin, low energy level and some mental problems etc. Establishment of proper Agni is achieved by Deepaniya Mahakashaya Dravyas. During the treatment of any physical or mental disease, we do first Deepan -Pachan – Anuloman after Nidana -Parivarjana (removal of cause). In Deepan-Pachan -Anuloman first term is Deepan. Deepan is a procedure or karma or Dravya by giving which we increase the digestive fire or Jatharagni. Any Agni work is to fire likewise Jatharagni digest the food in body if properly acts otherwise it can burn the food or indigested Aahar Ras i.e. Aam is generated.

Acharya Charaka has described particular 10 Dravyas known as Deepaniya Mahakashaya and these Dravyas are used in majority places in acharya Bhavaprakasha yogas. They are Pippali, Pippalimoola, Chavya, Chitraka, Nagara, Ajamoda, Maricha, Amlavetasa, Bhallataka and Hingu.

The medicine or yoga which contain Deepan Dravyas are best during any treatment. So acharya Bhavaprakasha have used these Deepaniya Dravyas in his majority yogas. By this Deepan and Vyadhi Haran both function

can be performed by minimum medications.

**Index Terms**—Deepaniya Mahakashay, Deepana, Aama, Bhavaprakasha Samhita Aushadhiya Yogas.

## I. INTRODUCTION

Deepaniya Mahakashay term is given by Acharya Charaka in Charaka Samhita Sutra Sthan 4<sup>th</sup> Chapter Shadvirechanashatashritiya Adhyaya. Acharya Charaka have given 50 Mahakashaya in this chapter. Each Mahakashay contain 10 dravya or herbs in it, so also known as Charaka Dashemani. In these 50 Mahakashay one is Deepaniya Mahakashaya.

Deepan: The Word Deepana literally means kindling, inflaming, setting a fire, in human biology, it means stimulting digestion. Deepan is a pacification treatment for kaph dosa. It is an essential prerequisite before therapeutic emesis (Vamana)and therapeutic purgation (Virechana).

The word Deepana is derived from the word deepa which means building the fire with nich or lyu suffix. Deepaniya Mahakashaya have following 10 herbs in it. They are Pippali, Pippalimool, Chavya, Chitraka, Shringavera (Shunthi), Amlavetasa, Maricha, Ajamoda, Bhallatakasthi, Hinguniryas.

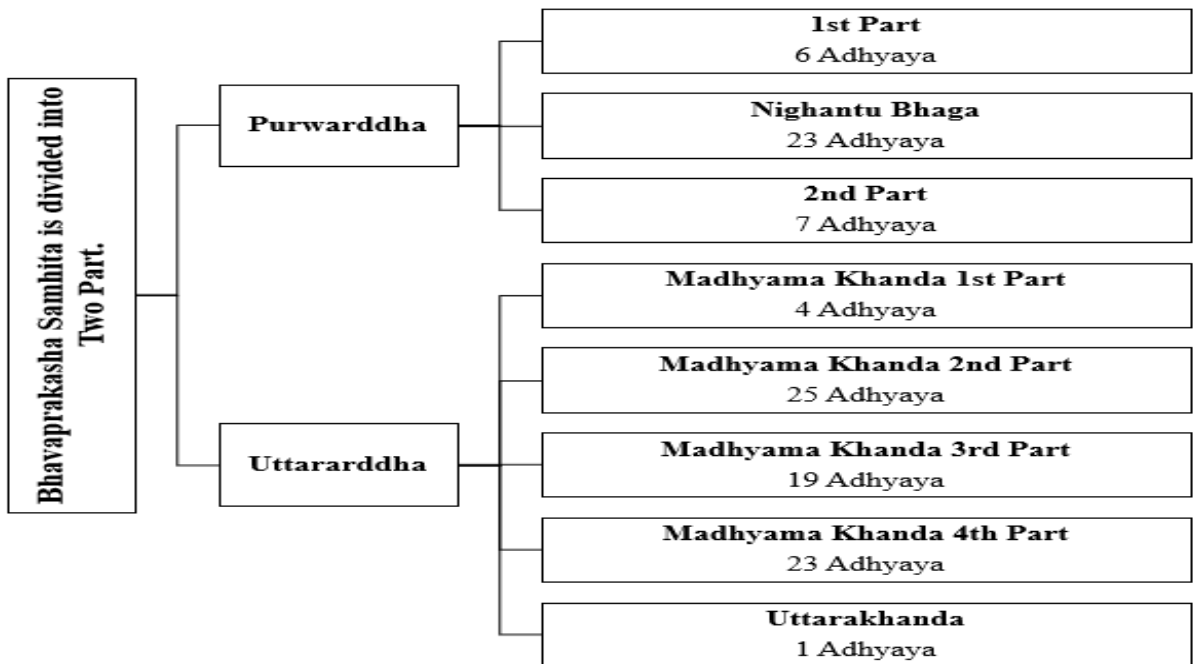
Sr.No.	Dravya	Botanical Name	Gun	Ras	Veerya	Vipak	Karm
1	Pippali	Piper longum	Laghu, Snigdha, Teekshn	Katu	Anushna- sheet	Madhur	Kafavaatshamaka
2	Pippalimool	Piper longum	Laghu, Ruksh	Katu	Usna	Katu	Kafavaatshamaka
3	Chavya	Piper retrofractum	Laghu, Ruksh	Katu	Usna	Katu	Kafavaatshamaka
4	Chitraka	Plumbago zeylanica	Laghu, Ruksh, Teekshn	Katu	Usna	Katu	Kafavaatshamaka
5	Shringavera	Zingiber officinale	Laghu, Snigdha	Katu	Usna	Madhur	Kafavaatshamaka
6	Amlavetasa	Garcinia pedunculata	Laghu, Ruksh	Amla	Usna	Amla	Kafavaatshamaka
7	Maricha	Piper nigrum	Laghu, Teekshn	Katu	Usna	Katu	Kafavaatshamaka
8	Ajamoda	Carum roxburghienum	Laghu, Ruksh, Teekshn	Katu, Tikta	Usna	Katu	Kafavaatshamaka
9	Bhallataka	Semicarpus anacardium	Laghu, Snigdha, Teekshn	Katu, Tikta, Kashay	Usna	Madhur	Kafavaatshamaka
10	Hingu	Ferula northex Bairs	Laghu, Snigdha, Teekshn	Katu	Usna	Katu	Kafavaatshamaka

Aama: Aama is a key concept in the ayurvedic understanding of physiology, pathology and therapeutics. Rather than being a single entity or substance, Aama denotes the abnormal or impaired process of digestion and metabolism that leads to builds up of toxic by-products, which can't be neutralised or eliminated by the body.

Definition and Synonym of Deepana- The diet or medicine or process which stimulates digestion is called Deepana. Sha. Sa. Pu. Kh. 4/1. Deepan process stimulates digestion at a primary level.

By virtue of their Rasa, Guna, Veerya and Vipaaka they do mainly Deepan work that is they increase the Jatharaagni (digestive Fire) so digestion of food becomes proper and no Aama or raw Ahara Rasa is created.

Majority of diseases causes due to Jatharagnimand (low digestive fire). By Jatharagnimand no food is digested properly and Aama is generated. Aama is the root cause of disease in our body. So, our primary duty is to increase our digestive fire by taking the Deepaniya Mahakashay.



Sr. No.	Yog	Dravya (Herbs)	Shlok No.	Page No.
1	Dantavishodhana Churna	Shunthi, Maricha, Pippali	Bha.Pra.Pu.1 <sup>st</sup> part 5/26	112
2	Pathya before food	Shunthi (Ginger)	Bha.Pra.Pu.1st part 5/130	126
3	In morning Ajirna	Shunthi	Bha.Pra. Pu. 1st part 5/233	143
4	Aushadha Anga Grahana	Chitraka	Bha.Pra.Pu.1st part 6/102	183
5	Aushadhi Pariksha	Bhallataka	Bha.Pra.Pu.1st part 6/111	184
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7	Pratinidhi Dravya -1	Chitraka – Danti	Bha.Pra. Pu.1st part 6/138	187
8	Pratinidhi Dravya -2	Chavya – Pippalimoola	Bha.Pra.Pu.1st part 6/144	187
9	Pratinidhi Dravya -3	Amlavetasa – Chukra	Bha.Pra.Pu.1st part 6/149	188
10	Pratinidhi Dravya -4	Bhallataka – Chitraka	Bha.Pra.Pu.1st part 6/159	189
11	Katu Rasa Dravya with Vrishya Guna	Shunthi, Pippali	Bha.Pra.Pu.1st part 6/198	194
12	Grahi Dravya	Shunthi, Chavya	Bha.Pra.Pu.1st part 6/221	199
13	Chhedana Dravya	Maricha	Bha.Pra.Pu.1st part 6/223	199
14	Shukra Janaka and Rechaka	Bhallataka	Bha.Pra.Pu.1st part 6/227	200
15	Pramathi Dravya	Maricha	Bha.Pra.Pu.1st part 6/234	202
16	Madhura Vipaaka Dravya	Shunthi	Bha.Pr.Pu.1st part 6/242	203
17	Prabhava Visheshha Dravya	Chitraka	Bha.Pra.Pu.1st part 6/245	204
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19	Haritaki in Shishira Ritu with	Pippali	Bha.Pra.Pu.Ni.part Hari. V./34	210
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24	Paryaya	Pippalimoola	Bha.Pra.Pu.Ni.part Hari. V./64	222
25	Chaturushana	Pippalimoola, Pippali, Shunthi, Maricha	Bha.Pra.Pu.Ni.part.Hari. V./66	222
26	Gunadharma Varnana -4	Chavya	Bha.Pra.Pu.Ni.part Hari. V./67, 68, 69	223
27	Gunadharma Varnana -5	Chitraka	Bha.Pra.Pu.Ni.part Hari. V./70	224
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29	Shadushana	Pippali, Pippalimoola, Chavya, Chitraka, Maricha, Shunthi	Bha.Pra.Pu.Ni.part Hari. V./74	227
30	Gunadharma Varnana	Ajamoda	Bha.Pra.Pu.Ni.part Hari. V./78, 79	229
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33	On Atiyoga of mango	Shunthi	Bha.Pra.Pu.Ni.part Aam.F.V./14	701

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35	Krishara	Shunthi (Ginger), Hingu	Bha.Pra.Pu.Ni.part Kri.V./9	874
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171	Shankar Lauha Sevana	Chitraka (Shaaka)	Bha.Pra.U.5/124	64
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173	Gudashtakam	Shunthi, Maricha, Pippali, Chitraka, Pippalimoola	Bha.Pra.U.6/36	78
174	Pandu Arsha Nashaka Agnikara Yoga	Ajamoda, Shunthi, Maricha	Bha.Pra.U.6/38	79
175	Amajirna Chikitsa	Pippali	Bha.Pra.U.6/40	79
176	Amajirna Prashamanam, Shoolaghnam, Bastishodhanam	Shunthi	Bha.Pra.U.6/41	79
177	Hingwashtaka	Shunthi, Maricha, Pippali, Ajamoda, Hingu	Bha.Pra.U.6/44	79
178	Vrihad Agnimukha Churna	Chitraka, Hingu, Amlavetasa, Shunthi (Ginger)	Bha.Pra.U.6/45	80
179	Vaishvanara Kshara	Chitraka, Shunthi, Maricha, Pippali, Hingu, (Ginger)	Bha.Pra.U.6/53	81
180	Lavanabhaskara Churna	Pippali, Pippalimoola, Chavya, Amlavetasa, Maricha, Shunthi	Bha.Pra.U.6/62	81
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182	Vadavanala Churna - Dwitiya	Shunthi, Pippali, Chitraka	Bha.Pra.U.6/70	82
183	Samasharkara Churna	Maricha, Pippali, Shunthi	Bha.Pra.U.6/71	82
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185	Jwalanala Rasa	Pippali, Pippalimoola, Chavya, Chitraka, Shunthi,	Bha.Pra.U.6/84, 86	83
186	Agnikumara Rasa	Pippali, Shunthi, Maricha	Bha.Pra.U.6/88, 89	87
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193	Anjana Prayoga in Vishuchika	Shunthi, Maricha, Pippali	Bha.Pra.U.6/113	89
194	Darushataka Lepa	Hingu	Bha.Pra.U.6/120	90
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198	In Kaseru Ajirna	Shunthi	Bha.Pra.U.6/143	93
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618	Ashta Mangala Ghrita	Pippali	Bha.Pra.U.71/37	790
619	Skandapasmara Lepa	Hingu	Bha.Pra.U.71/60	793
620	Putana Graha Jushta Chikitsa	Hingu	Bha.Pra.U.71/90	796
621	Gandha Putana Graha Jushta Chikitsa	Pippali, Pippalimoola, Chitraka	Bha.Pra.U.71/94	796
622	Chaturbhadravaleha	Pippali	Bha.Pra.U.71/151	803
623	Vilwadi Qwatha	Chavya	Bha.Pra.U.71/152	803
624	Vidangadi Churna	Ajamoda, Pippali	Bha.Pra.U.71/154	804
625	Nagaradi Qwatha	Shunthi	Bha.Pra.U.71/156	804
626	Rajanyadi Churna	Chavya	Bha.Pra.U.71/158	804
627	Mustakadi Swarasa	Pippali	Bha.Pra.U.71/160	804
628	Drakshadi Churna	Pippali	Bha.Pra.U.71/163	805
629	Panchakola Churna	Pippali, Pippalimoola, Chavya, Chitraka, Shunthi	Bha.Pra.U.71/167	805
630	Saindhawadi Churna/Saindhavadyaleha	Shunthi, Hingu	Bha.Pra.U.71/168	805
631	Kanadyaleha	Pippali, Maricha	Bha.Pra.U.71/169	805
632	Churna on crying	Pippali	Bha.Pra.U.71/176	806
633	Kukunaka Hara Lepa Shunthi	Shunthi	Bha.Pra.U.71/177	806
634	Dantashoola Hara Yoga	Pippali	Bha.Pra.U.71/184	807
635	Vajikara Rasala	Shunthi, Maricha	Bha.Pra.U.72/23	811
636	Madana Manjari Vati	Maricha, Pippali, Shunthi	Bha.Pra.U.72/29	812
637	Vastanda Yoga	Pippali	Bha.Pra.U.72/31	812
638	Stri Rati Vallabha Pugapaaka	Shunthi, Maricha, Pippali	Bha.Pra.U.72/34, 35	812
639	Aamrapaaka	Maricha, Chitraka, Pippalimoola, Shunthi	Bha.Pra.U.72/42, 44	814
640	Madhupakva Haritaki	Pippali, Chitraka, Maricha, Shunthi	Bha.Pra.U.72/60	815

641	Aakarabhadhi Churna	Shunthi, Pippali	Bha.Pra.U.72/76	816
642	Siddha Rasayana Yoga	Pippali	Bha.Pra.U.73/7	818
643	Ritu Haritaki	Shunthi, Pippali	Bha.Pra.U.73/8	818
644	Lauha Guggulu	Shunthi, Maricha, Pippali	Bha.Pra.U.73/14	818

## II. CONCLUSION

No separate discription of Deepaniya mahakashay is in Harit Samhita, but these Dravyas are found in Yogas of acharya Harit which act similarly to Deepaniya Mahakashay. These Yoga or Dravyas are following-

Sr. No.	Dravya	Number of Times Used
1	Pippali	270
2	Shunthi	391
3	Maricha	231
4	Chitraka	136
5	Hingu	102
6	Pippalimool	64
7	Chavya	57
8	Bhallataka	25
9	Amlavetasa	12
10	Ajamoda	26

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