

# Mathematics for All Minds: Pedagogical Relevance of Gardner's Multiple Intelligences Theory in Teaching and Learning of Mathematics

Faiz Iqbal<sup>1</sup>, Dr. Md Musa Ali<sup>2</sup>, Ejaz Ahmad<sup>3</sup>

<sup>1</sup>*Deptt. of Edu. & Training, Maulana Azad National Urdu University, Hyderabad, India*

<sup>2,3</sup>*Deptt. of Educational Studies, Jamia Millia Islamia, New Delhi, India*

**Abstract**—Mathematics is abstract in nature and often associated with logical and numerical ability as well as the intelligence of learners. A certain level of intelligence is necessary for a learner to learn mathematics appropriately and smartly, which can limit the opportunities for the many learners to learn mathematics, especially those who may excel in other intelligences as outlined in Gardner's multiple intelligences theory. The multiple intelligences theory of Gardner -1983 indicated that it was not only an intelligence theory; rather, it was a philosophy about the ways learners learn. The theory offers a broader understanding of human capabilities by recognising diverse forms of intelligence such as linguistic, spatial, bodily-kinaesthetic, interpersonal, and intrapersonal abilities, as well as naturalistic and existential. The multiple intelligences theory not only helps teachers in teaching mathematics but also helps in managing the mathematics classroom. The present paper presents the relevance of Gardner's Multiple Intelligence theory in particular as a guide to teaching and learning mathematics.

**Index Terms**—Mathematics education, Gardner's multiple intelligence theory, Mathematics teaching and learning, Learners' diversity

## I. INTRODUCTION

Mathematics is widely regarded as the "queen of science" because the development of nearly all other scientific fields is based on the advancement of mathematical concepts [1][2]. It serves as a fundamental symbolic language that allows humans to reason about quantities and connect various dimensions of the world, from everyday life to complex works and technological environments [1] [3]. Given its vital role in a highly technological and

globally competitive society, mastery of mathematics is increasingly viewed not just as an occupational requirement but as a human right in itself [3].

The nature of mathematics is defined by its objective, logical, and practical approach to solving problems through deduction from basic principles [4]. It involves a series of complex processes to discover concepts and solve contextual problems using both informal language and formal algorithms. The major objective for teaching mathematics is to produce mathematically literate learners who can understand and apply mathematics to solve their real life problems [5].

Despite the universal importance of the subject, teachers face significant challenges due to the diverse backgrounds of learners, learning styles, and background knowledge of students within the same classroom. When traditional teacher-centred methods are used, active and creative students can often become bored, especially if the teaching style does not align with their specific cognitive strengths and learning style [1]. The traditional IQ-based view of intelligence, which suggests that individuals possess only one general intelligence, has limited the way teachers perceive learners' potential. Standard intelligence tests typically focus heavily on linguistic and logical-mathematical abilities, often ignore other valid ways in which individuals solve problems [3].

Therefore, there is a need for a broader theoretical framework in mathematics education that accommodates these individual differences. Traditional transmission of knowledge is often inadequate for the abstract nature of mathematics, which many students struggle to analyse. Teachers require strategies that can translate these intangible

concepts into concrete, meaningful experiences for all learners.

Howard Gardner's Theory of Multiple Intelligences (MI) [6] provides such a framework by means of asserting that intelligence is multifaceted rather than unitary. Gardner distinguishes nine distinct intelligences present in every individual: verbal-linguistic, logical-mathematical, musical, spatial, bodily-kinaesthetic, intrapersonal, interpersonal, naturalistic, and existential. While most people have a unique profile where some intelligences are highly developed and others are less so, MI theory suggests that all learners can learn and become success if they are given the opportunity to learn through their strengths.

The purpose of this study is to examine the relevance of Gardner's Multiple Intelligence theory in the teaching and learning of mathematics. By study how different intelligences can serve as "entry points" into mathematical content, this paper aims to demonstrate how a multiple-instruction approach can improve student achievement, promote creativity, and provide teachers with the tools to address the learners with diverse needs in the modern classroom.

## II. GARDNER'S MULTIPLE INTELLIGENCE THEORY

As Howard Earl Gardner, a student of Erik Erikson, was strongly influenced by the work of Jean Piaget and Jerome Bruner in the field of cognitive development. Gardner come up to intelligence from a broader perspective and proposed an alternative understanding of human intellectual abilities. The Harvard cognitive psychologist Howard Gardner first introduced the Theory of Multiple Intelligences in his influential book *Frames of Mind: The Theory of Multiple Intelligences* [6]. The theory was later elaborated in the books, *Multiple Intelligences: The Theory in Practice* [7], *Intelligence Reframed: Multiple Intelligences for the 21st Century* [8], and *Multiple Intelligences: New Horizons* [9]. Gardner claimed that all learners have different kinds of intellectual strengths and that traditional psychometric approaches treat intelligence as a single measurable trait that provide only a limited understanding of human ability. [6] defined intelligence as the ability to solve problems or create products that are valued within one or more cultural contexts. He also acknowledged that

intelligence is not a fixed or narrowly defined entity and that the identification of different intelligences involves interpretative judgment rather than rigid classification.

In the original formulation of the theory, [6] identified seven types of intelligence: linguistic, logical-mathematical, spatial, musical, bodily-kinaesthetic, interpersonal, and intrapersonal. Naturalistic intelligence was later added as the eighth type, and the inclusion of existential intelligence was then suggested.

Gardner emphasised that although individuals may demonstrate particular strength in specific areas, each person typically possesses a range of intelligences in varying degrees such as linguistic, logical-mathematical, spatial, musical, interpersonal, intrapersonal, bodily-kinaesthetic, and naturalistic abilities. These intelligences represent different ways of thinking, learning, and problems solving rather than isolated abilities. The theory therefore provides a broader framework for understanding of human potential, individual differences in learning and intellectual development and provides an important theoretical basis for educational practice.

The Pedagogical Relevance of Multiple Intelligences in Teaching and Learning of Mathematics

The implementation of Howard Gardner's Theory of Multiple Intelligences (MI) offers a multifaceted framework for addressing the diverse cognitive profiles found within the contemporary mathematics classroom. By shifting away from a unitary view of intelligence, MI theory allows teachers to provide diverse "entry points" into complex mathematical content, ensuring that learners can process information through their specific cognitive strengths;

### 1. Verbal-Linguistic Intelligence:

Verbal-linguistic intelligence means that the sensitivity to spoken and written language and the ability to use language to understand and communicate ideas. In mathematics learning, language skills like listening, speaking, reading, and writing are essential for understanding mathematical concepts, interpreting symbols, and solving problems. Students with strong language abilities are better able to comprehend word problems and translate verbal descriptions into mathematical expressions.

In mathematics teaching, effective verbal communication supports conceptual understanding by enabling students to interpret mathematical expressions and follow step-by-step reasoning accurately [10]. Activities such as discussions, written explanations, and mathematical journals help students articulate their reasoning and develop familiarity with the mathematical register. This intelligence is therefore essential in mathematics education because mathematical understanding depends heavily on precise language and clear communication of ideas [10].

#### 2. Logical-Mathematical Intelligence:

Traditionally considered the core of the discipline, this intelligence requires the capacity to analyse problems logically, carry out mathematical operations, and reason deductively. Learning mathematics requires mathematical-logical intelligence to understand and analyse problems. Research suggests that students with high logical-mathematical intelligence often outperform those with other dominant profiles in standard assessments, particularly in arithmetic and logical problem-solving. Similarly, the students face difficulties in problem solving due to lack of mathematical-logical intelligence [11]. Teachers can stimulate this intelligence through brain teasers, number games, Sudoku, and computer programming, moving beyond rote memorisation to encourage the development of unique problem-solving strategies.

#### 3. Spatial Intelligence:

Spatial intelligence involves the ability to perceive, visualise, and manipulate spatial relationships and patterns. In mathematics learning, spatial abilities are closely associated with understanding geometric relationships, interpreting diagrams, and visualising numerical and symbolic structures. Research consistently shows a positive relationship between spatial skills and mathematics achievement, indicating that students with stronger spatial abilities tend to perform better in mathematical tasks across different age groups [12] [13].

In mathematics teaching, visual representations help learners transform abstract ideas into concrete images. Activities such as interpreting diagrams, working with geometric models, and visualising transformations of shapes support spatial reasoning and mathematical problem solving [14]. Spatial processes such as mental

rotation and visualisation enable students to understand relationships among shapes, quantities, and structures more effectively.

#### 4. Bodily-Kinaesthetic Intelligence:

Bodily-kinaesthetic intelligence involves using physical movement and tactile experiences to understand and solve problems. In mathematics learning, this intelligence is expressed through hands-on activities in which students manipulate objects or use bodily actions to represent mathematical ideas. Kinaesthetic learning encourages active participation and learning through direct physical interaction with materials and the environment rather than passive listening [15].

In mathematics teaching, kinaesthetic approaches improve students' interest and achievement because many learners understand concepts more effectively when they learn by doing [16]. Physical activities and tactile experiences increase motivation and engagement, especially for learners who struggle with traditional instruction, and help students internalise mathematical concepts through action [15] [17].

#### 5. Musical Intelligence:

Musical intelligence involves sensitivity to rhythm, tone, and pattern, which share structural similarities with mathematical relationships. Research shows that musical activities, particularly rhythmic instruction, support the development of spatial-temporal reasoning, a cognitive ability closely associated with mathematical thinking and problem solving [18][19][20].

In mathematics teaching, musical elements such as rhythm and patterned sound can support the understanding of numerical and relational concepts. Activities such as clapping or tapping rhythmic patterns help students recognise sequences and relationships, while rhythmic tapping and musical notation can support understanding of fractions and proportional relationships [20][21]. These auditory structures help learners internalise abstract mathematical ideas through patterned experience.

#### 6. Interpersonal Intelligence:

Interpersonal intelligence is the ability to understand others' motivations and interact effectively in social and group settings. In mathematics teaching and learning, it is reflected in students' interaction with

teachers and peers to discuss ideas, clarify difficulties, and solve problems collaboratively [22]. Learners with strong interpersonal intelligence benefit from cooperative learning and peer tutoring, where communication and cooperation support the exchange of ideas and the development of mathematical understanding [23].

Through discussion and group work, students explain their reasoning, compare solution strategies, and debate the correctness of mathematical representations [22]. Such collaborative activities promote critical thinking, creativity, and deeper conceptual understanding, and support the collective construction and validation of mathematical knowledge [24] [25] [26] [27]

#### 7. Intrapersonal Intelligence:

Intrapersonal intelligence refers to the ability to understand one's own emotions, thoughts, strengths, and limitations, enabling individuals to regulate their learning behaviour effectively [9][28]. Students with strong intrapersonal intelligence can recognise their learning needs, monitor their understanding, and adjust their strategies while learning mathematics.

In mathematics learning and teaching, intrapersonal intelligence is important because it supports reflective thinking and self-regulation during problem-solving. Evidence shows that intrapersonal intelligence has a significant positive influence on students' mathematics learning outcomes and contributes more strongly to achievement when compared with interpersonal intelligence [29]. Since mathematical learning requires persistence, self-evaluation, and independent reasoning, teaching should include opportunities for independent work and self-assessment to help students develop awareness of their own mathematical thinking [29][30].

#### 8. Naturalistic Intelligence:

Naturalistic intelligence refers to the ability to recognise, classify, and understand patterns in the natural environment, including plants, animals, and natural phenomena [9]. Learners with strong naturalistic intelligence incline to organise information through classification and pattern recognition, skills that support mathematical reasoning.

In mathematics learning, naturalistic intelligence helps students understand abstract concepts through patterns

and relationships observed in nature. Mathematics provides a systematic means of describing natural structures and relationships [31]. Activities such as classifying objects, analysing environmental data, and relating numerical patterns to natural growth processes help students connect mathematical concepts with real-world contexts. The study of natural classification shows that objects in the environment are organised through correlated features, and recognising these patterns strengthens categorisation skills relevant to mathematics learning [32] [33].

#### 9. Existential Intelligence:

Existential intelligence refers to the capacity to reflect on fundamental questions about meaning, purpose, and the broader context of human existence [9]. Learners with strong existential intelligence tend to seek deeper understanding by asking "why" questions and exploring relationships among ideas and principles.

In mathematics learning, existential intelligence is reflected in students' search for meaning and coherence in mathematical knowledge. Research on mathematically gifted students shows that learners often seek purpose through mastery, creativity, and contribution, and may experience mathematics as a source of intellectual and aesthetic meaning [34]. Reflective discussion about the significance and structure of mathematical ideas helps students understand mathematics as more than a set of procedures.

### III. CONCLUSION

The present study found that Gardner's Theory of Multiple Intelligences provides a meaningful pedagogical framework for addresses learners' diversity in mathematics classrooms. By recognising that mathematical understanding develops through multiple intellectual pathways rather than through logical-mathematical ability alone, the theory offers a broader perspective on how students engage with mathematical ideas. The discussion of the nine intelligences establish that mathematical concepts can be approached through language, visualisation, physical activity, collaboration, reflection, and real-life contexts, thereby transforming abstract mathematical knowledge into more meaningful learning experiences.

The analysis indicates that the use of multiple instructional approaches can support deeper conceptual understanding and increase learner participation by allowing students to engage with mathematics through their individual cognitive strengths. In this sense, the Multiple Intelligence framework not only expands the understanding of mathematical ability but also provides practical guidance for planning inclusive mathematics lesson that responds to the diversity of learners in contemporary classrooms.

This study suggests for further research should study the effectiveness of Multiple Intelligence based instruction in Indian mathematics classrooms through classroom-based and comparative studies under conditions of large class size and limited resources. There is also a need to investigate teachers' awareness, understanding, and readiness to implement MI-oriented instructional practices, as well as the extent to which such approaches can be aligned with national curriculum frameworks such as NCF 2005 and NCFSE 2023. studies should explore how teacher education and professional development programmes in India can better prepare teachers to apply Multiple Intelligences-based strategies in mathematics teaching.

#### IV. STATEMENTS AND DECLARATIONS

**Acknowledgments/Notes:** This paper is derived from ongoing academic research in mathematics education. During the preparation of this article, the authors used ChatGPT, Notebook LLM, QuillBot and Scribbr for literature organization, writing assistance like, language editing, grammar checking, and reference formatting assistance. After using these tools, the authors carefully reviewed and edited the content and take full responsibility for the final version of the manuscript.

**Supplementary Materials:** Not applicable.

**Authors' Contributions:** The first and second authors developed the idea of the paper. The first author prepared the initial draft of the manuscript. The third author collected and organized the relevant literature and finalized the manuscript. The second author reviewed and proofread the manuscript. All authors have read and agreed to the published version of the manuscript.

**Funding:** Not applicable.

**Data Availability:** Not applicable.

**Ethics Approval:** Not applicable. This study is based entirely on secondary sources; therefore, no ethical approval or institutional review board clearance was required.

**Informed Consent:** Not applicable.

**Conflicts of Interest:** The authors declare no conflicts of interest.

#### REFERENCES

- [1] Ndia, L., Solihati, E., & Syahrial, Z. (2020). The Effect of Learning Models and Multiple Intelligences on Mathematics Achievement. *International Journal of Instruction*, 13(2), 285-302. <https://doi.org/10.29333/iji.2020.13220a>
- [2] Perutz, M. B., & Jenkin. (1989). The virtues of science and scientists. *journal New Scientist*, Volume 123(1677).
- [3] Gouws, E., & Dicker, A. (2011). Teaching mathematics that addresses learners' multiple intelligences. *Africa Education Review*, 8(3), 568-587. <https://doi.org/10.1080/18146627.2011.618721>
- [4] Philosophy of Mathematics (Stanford Encyclopedia of Philosophy). (2022, January 25). <https://plato.stanford.edu/entries/philosophy-mathematics/?ref=cosmicconsciousnessdiscoveries.com>
- [5] Cornoldi, D. L. C. (1997). Mathematics and metacognition: What is the nature of the relationship? *Mathematical Cognition*, 3(2), 121-139. <https://doi.org/10.1080/135467997387443>
- [6] Gardner, H. (1983). *Frames of mind: The theory of multiple intelligences*. Basic Books.
- [7] Gardner, H. (1993). *Multiple intelligences: The theory in practice*. Basic Books.
- [8] Gardner, H. (1999). *Intelligence reframed: Multiple intelligences for the 21st century*. Basic Books.
- [9] Gardner, H. (2006). *Multiple intelligences: New horizons in theory and practice*. Basic Books.
- [10] Dash, Arddhendu Shekhar (2021) Verbal communication in a mathematics classroom. *At Right Angles*. pp. 18-20. ISSN 2582-1873

- [11] Sarabi, M. K., & Gafoor, A. K. (2017, May 22–23). Influence of linguistic challenges on attitude towards mathematics learning among upper primary students of Kerala. Paper presented at the International Seminar on Priorities, Barriers & Directions of Education, Mother Teresa College of Teacher Education, Perambra, Kerala. <https://eric.ed.gov/?id=ED581557>
- [12] Cui, X., & Guo, K. (2022). Supporting mathematics learning: A review of spatial abilities from research to practice. *Current Opinion in Behavioral Sciences*, 46, 101176. <https://doi.org/10.1016/j.cobeha.2022.101176>
- [13] Young, C. J., Levine, S. C., & Mix, K. S. (2018). The connection between spatial and mathematical ability across development. *Frontiers in Psychology*, 9, 755. <https://doi.org/10.3389/fpsyg.2018.00755>
- [14] Schenck, K. E., & Nathan, M. J. (2024). Navigating spatial ability for mathematics education: A review and roadmap. *Educational Psychology Review*, 36, 90. <https://doi.org/10.1007/s10648-024-09935-5>
- [15] Abah, J., Chinaka, T. W., & Ogbiji, E. O. (2024). Effect of kinesthetic learning on students' interest and achievement in mathematics. *Mathematics Education Journal*, 8(2), 120–136. <https://doi.org/10.22219/mej.v8i2.34218>
- [16] Pantziara, M., & Philippou, G. (2007). Students' motivation and achievement and teachers' practices in the classroom. In *Proceedings of the 31st Conference of the International Group for the Psychology of Mathematics Education (Vol. 4, pp. 57–64)*.
- [17] Agwagah, U.N., Ojimba, C. O. & Okolie, U. C. (2020). Effectiveness of Kinesthetic Learning on Academic Performance and Interest of Junior Secondary School Students in Mathematics in Delta State, Nigeria. *International Journal of Education and Practice*, 8(7), 44 – 50.
- [18] Rauscher, F. H., Shaw, G. L., & Ky, C. N. (1993). Music and spatial task performance. *Nature*, 365(6447), 611. <https://doi.org/10.1038/365611a0>
- [19] Hetland, L. (2000). Listening to music enhances spatial–temporal reasoning: Evidence for the “Mozart effect”. *Journal of Aesthetic Education*, 34(3–4), 105–148.
- [20] Holmes, S., & Hallam, S. (2017). The impact of participation in music on learning mathematics. *London Review of Education*, 15(3), 425–438. <https://doi.org/10.18546/LRE.15.3.07>
- [21] Wang, Y., Zhang, J., & Mao, Y. (2024). Harmonizing mathematics: Unveiling the impact of music integration on academic performance – A meta-analysis. *Thinking Skills and Creativity*, 52, 101554. <https://doi.org/10.1016/j.tsc.2024.101554>
- [22] Dien, C. A., & Wustqa, D. U. (2018). The Interpersonal intelligence Profile of Seventh-Grade Students in Mathematics Learning. *Journal of Physics Conference Series*, 1108, 012080. <https://doi.org/10.1088/1742-6596/1108/1/012080>
- [23] Chiriach, E. H. (2014). Group work as an incentive for learning- Students' experiences of group work. *Frontiers in Psychology*, 5, 558. <https://doi.org/10.3389/fpsyg.2014.00558>
- [24] Russell, L. (1999). *The Accelerated Learning Fieldbook: making the instructional process fast, flexible, and fun*. [https://openlibrary.org/books/OL30393M/The\\_accelerated\\_learning\\_fieldbook](https://openlibrary.org/books/OL30393M/The_accelerated_learning_fieldbook)
- [25] Magno, Carlo. (2009). Explaining the Creative Mind. *The International Journal of Research and Review*. [https://www.researchgate.net/publication/277405437\\_Explaining\\_the\\_Creative\\_Mind](https://www.researchgate.net/publication/277405437_Explaining_the_Creative_Mind)
- [26] Kuncorowati, R. H., Mardiyana, & Saputro, D. R. S. (2017). Mathematics creative thinking levels based on interpersonal intelligence. *Journal of Physics Conference Series*, 943, 012005. <https://doi.org/10.1088/1742-6596/943/1/012005>
- [27] Gerhana, M. T. C., Mardiyana, & Pramudya, I. (2017). The experimentation of learning models viewed from interpersonal intelligence. *Journal of Physics Conference Series*, 909, 012064. <https://doi.org/10.1088/1742-6596/909/1/012064>
- [28] Piechowski, M.M. (1997). Emotional giftedness: The measure of intrapersonal intelligence. In N. Colangelo & G. A. Davis (Eds.), *Handbook of gifted education (2nd ed., pp. 366-381)*. Allyn & Bacon.
- [29] Mulbar, U., Arwadi, F., & Assagaf, S. F. (2019). The Influences of Intrapersonal Intelligence and Interpersonal Intelligence towards Students' Mathematics Learning Outcomes. *Proceedings of*

- the 1st International Conference on Advanced Multidisciplinary Research (ICAMR 2018). <https://doi.org/10.2991/icamr-18.2019.54>
- [30] Campbell, L., Campbell, B., & Dickinson, D. (1996). Teaching & Learning through Multiple Intelligences. ERIC. <https://eric.ed.gov/?id=ED415009>
- [31] Sterpetti, F. (2019). Mathematical knowledge and naturalism. *Philosophia*, 47, 225–247. <https://doi.org/10.1007/s11406-018-9953-1>
- [32] Rosch, E. (1978). Principles of categorization. In E. Rosch & B. B. Lloyd (Eds.), *Cognition and categorization* (pp. 27–48). Lawrence Erlbaum.
- [33] Vityaev, E. (2025). Mathematics of natural intelligence. *Proceedings of MathAI 2025 Conference*.
- [34] Danişman, Ş., & Bilgiç, E. (2026). The fragile “math person”: Identities and existential experiences of mathematically gifted students in performance-driven schooling. *Gifted Education International*. <https://doi.org/10.1177/02614294261417905>