

Role of Individualized Homoeopathic Remedy *Hepar Sulphuris Calcareum* in Treatment of Boils: A Case Report

Dr.Hitenkumar D. Bhuva¹, Prof. Dr.Shailendra Bhamar², Prof. Dr.Jayanta Nandi³, Dr.Anup Kumar Das⁴

¹PG Scholar (Part-I) Department of Practice of Medicine, L.R.Shah Homoeopathy College, Rajkot

²Prof. and HOD Department of Practice of Medicine(UG), L.R.Shah Homoeopathy College, Rajkot

³Prof. and HOD Department of Practice of Medicine(PG), L.R.Shah Homoeopathy College, Rajkot

⁴Professor & Principal of L.R.Shah Homoeopathy College, Rajkot

Abstract—Hepar Sulphuris Calcareum is a widely used homeopathic medicine known for its efficacy in suppurative skin conditions, particularly boils. Boils, medically referred to as furunculosis, are painful, pus-filled infections of hair follicles. This case report the role of Hepar Sulphuris Calcareum in the management of boils. A Case 28 Year Male Patient have Came with complaint of painful swelling and Redness on forehead since 5 days. Pus discharge from swelling. Pain increase while touch to swelling. Then Based on classical homeopathic principles and totality of symptoms, Hepar Sulphuris Calcareum was prescribed in appropriate potency.

Keywords—Hepar Sulphuris Calcareum , Individualized , Homoeopathic Remedy, Boils

I. INTRODUCTION

Aim : To Evaluate The Effectiveness Of Individualized Homoeopathic Remedy - *Hepar Sulphuris Calcareum* in the Treatment of Boils.

Objectives : To Analyze The Role Of Individualized Homoeopathic Remedies In The Treatment Of Boils.

To Assess The Outcome Of Treatment In Pain Relief, Reduction in size, suppuration of boils.

Methodology :

Study type : Interventional prospective Individualized single case study. Inclusion criteria : Diagnosed case of Boil

Exclusion criteria : Taken Allopathy medicine, suffering from other disease

Intervention : Individualized Homoeopathic Remedy

Route of administration : Oral

Form of medicine : Globules

II. CASE REPORT

Presenting Complaints :

A 28 Year Male Patient have Came with complaint of painful swelling and Redness on forehead since 5 days. Pus discharge from swelling. Pain increase to touch.

Also patient have very offensive smell from sweat and sometime stool. Past History : No any major illness

Family History : Father - Hypertension

Mother - No any major illness Personal History :

Appetite - Good

Thirst - 7-8 glass/day

Stool - once/day - sometime very offensive Urine - 4-5 times/day

Sleep - regular 7-8 hours Craving - Warm food and drinks Aversion - Cold air

Perspiration - very offensive smell

Mental symptoms - Irritability , sudden anger

Physical Examination :

General Examination :

Conscious and Oriented

Skin - Swelling and redness on forehead also acne on face and back and very sensitive

Nutrition - Good Gait - Normal

BP - 116/80 mm Hg HR - 82bpm

T - 98.4 f

RR - 17/min

Systemic Examination : RS - B/L AE +

CVS - S1S2 Audible GIT - P/A Soft

CNS - GCS 15 , E4V5M6

Diagnosis : Boil

Analysis and Evaluation (Kentian method) :

1. Mental Generals Irritability +++ Sudden anger +++

2. Physical Generals Sensitive to touch +++

Offensive perspiration ++

Aggravation from cold air +++ Amelioration from warmth +++

3. Particulars (Local Symptoms) Acne on face and back ++ Painful swelling on forehead +++ Redness with pus discharge +++ Aggravation from touch ++ Totality of Symptoms :

Irritability Sudden Anger Sensitive to touch

Perspiration - offensive smell Acne on face and back Painful swelling and redness on forehead since 5 days Pus came from swelling

Agg. - Touch , cold air Ame. - Warm thinks

Repertorial Rubrics with Gradation :

Rubric	Grade
Mind – Irritability	3
Mind – Anger, sudden	3
Generalities – Cold aggravates	3
Generalities – Warmth ameliorates	3
Generalities – Touch aggravates	3
Perspiration – Offensive	2
Skin – Acne	2
Skin – Suppuration	3

MIND	Remedies	ΣSym	ΣDeg	Symptoms
1 MIND - ANGER - sudden	⊗ hep.	9	21	1, 2, 3, 4, 5, 6, 7, 8, 9
2 MIND - IRRITABILITY	⊗ nit-ac.	8	15	2, 3, 4, 5, 6, 7, 8, 9
3 MIND - SENSITIVE - touch, to	⊗ dulc.	8	13	1, 2, 4, 5, 6, 7, 8, 9
HEAD				
4 HEAD - PAIN - Forehead	⊗ sil.	7	18	2, 3, 4, 5, 6, 8, 9
FACE				
5 FACE - ERUPTIONS - acne	⊗ lyc.	7	16	1, 2, 4, 5, 6, 7, 8
PERSPIRATION				
6 PERSPIRATION - ODOR - offensive	⊗ phos.	7	15	1, 2, 3, 4, 5, 6, 8
	⊗ bell.	7	13	1, 2, 3, 4, 5, 6, 8
	staph.	7	12	1, 2, 3, 4, 5, 6, 8
SKIN				
7 SKIN - ERUPTIONS - discharging - pus	⊗ caps.	7	11	1, 2, 3, 4, 5, 6, 8
	⊗ mez.	7	9	2, 3, 4, 5, 7, 8, 9
	nux-v.	6	16	2, 3, 4, 5, 6, 8
GENERALS				
8 GENERALS - COLD - air - agg.	⊗ sulph.	6	16	2, 4, 5, 6, 7, 8
9 GENERALS - WARM - bathing - amel.	⊗ rhus-t.	6	15	2, 4, 5, 6, 8, 9
	graph.	6	14	2, 4, 5, 6, 7, 8
	⊗ thuj.	6	14	2, 4, 5, 6, 8, 9
	caust.	6	13	2, 3, 4, 5, 6, 8

Final Remedy :

Hepar Sulphuris Calcareum 30C 1 Ounce 30 number of globules 4 globules BD for 3 days

Follow ups :

1st Follow up - Pain increase, pus discharge, swelling reduce, Redness reduce - *Hepar Sulphuris Calcareum* 30C 4 globules BD for 3 days.

2nd Follow ups - No Pain , mild swelling , no discharge and redness - SL 3 Globules BD for 3 days.



III. CONCLUSION

The Individualized Homoeopathic Remedy *Hepar Sulphuris Calcareum* Demonstrated Significant Effectiveness In the Treatment of boils in This Case. The Remedy, Selected Based on The Totality of Symptoms and Individual Patient Characteristics, Resulted in Rapid Relief of Pain, Reduction in Swelling. This case Importance of Individualized Remedy Selection in Homoeopathy and Suggests

that *Hepar Sulphuris Calcareum* can be a valuable Remedy in the treatment of Suppurative Skin Conditions Such as Boils.

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