

Role of Individualized Homoeopathic Remedy Antimonium Crudum in Treatment of Foot Corn: A Case Report

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Abstract— Foot corn (Clavus) is a localized hyperkeratotic lesion of the skin caused due to repeated pressure or friction, commonly affecting toes and soles. It presents with pain while walking and tenderness on pressure. This case report highlights the role of individualized homoeopathic remedy in the management of foot corn. A 32-year-old female patient presented with painful corn on the sole of the foot for 2 months. Based on totality of symptoms, Antimonium Crudum was prescribed. Significant improvement was observed in pain and size of corn without surgical intervention.

Index Terms— Foot corn, Clavus, Antimonium Crudum, Homoeopathy, Individualization

I. INTRODUCTION

Aim: To evaluate the effectiveness of individualized homoeopathic remedy in treatment of foot corn.

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Remedy - Antimonium Crudum in the Treatment of Foot Corn. **Objectives**

To study the role of homoeopathy in foot corn.

To assess reduction in pain and size of corn.

To avoid surgical intervention.

Methodology

Study type: Interventional prospective single case study.

Inclusion criteria: Diagnosed case of foot corn.

Exclusion criteria: Patients on other treatments.

Complicated skin disorders.

Intervention: Individualized homoeopathic medicine.

Route: Oral

Form: Globules

II. CASE REPORT

Presenting Complaints:

A 30-year-old female patient presented with Painful hard growth on toes of right foot since 2 months. Pain aggravated while walking and pressure, hard thickened skin.

Past History: No any major illness detected in past

Family History: Father - Hypertension

Mother - No any major illness

Personal History: Appetite - Increased 2

Thirst - Less, 2-3 glass/day

Stool - once/day

Urine - 4-5 times/day

Sleep - Sound, 7-8 hours

Craving - Sour & Pickles

Aversion - Heat

Mental symptoms - Irritability, Aversion to being touched **Physical Examination:**

General Examination:

Conscious and Orintented,

Nutrition - Average

Local Examination - Hard, thickened corn on sole **Pain** on pressure

Yellowish discoloration

Gait - Normal

BP - 110/80 mm Hg

HR - 80bpm

T - 98.6 f

RR - 16/min

Systemic Examination:

RS - B/L AE +

CVS - S1S2 Audible

GIT - P/A Soft

CNS - GCS 15, E4V5M6

Diagnosis: Foot Corn 3

Analysis and Evaluation (Kentian method): 1. Mental
Generals

Irritability +++

2. Physical Generals

Desire for sour food +++

Aggravation from heat +++

Amelioration from in open air +++ 3. Particulars
(Local Symptoms)

Corn on toes +++

Pain on walking +++

Thickened hard skin +++

Totality of Symptoms:

Irritability

Desire for sour food

Aversion to heat

Hard painful corn on toes

Pain while walking

Agg. - Heat

Ame. - Open air⁴

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[5] S. Hahnemann, *Organon of Medicine*, 6th ed. New Delhi, India: B. Jain Publishers.

III. FINAL REMEDY

Antimonium Crudum 30C

1 Ounce 30 number of globules 4

globules BD for 5 days

Follow ups:

1st Follow up - Pain reduce, corn size slightly reduced

Antimonium Crudum 30C 4 globules BD for 5 days.

2nd Follow ups - No Pain, corn shrinking,

Antimonium Crudum 30C 3 Globules BD for 5 days.

3rd Follow ups - Corn disappeared completely SL BD
for 5 days

IV. CONCLUSION

Individualized homoeopathic remedy Antimonium Crudum showed remarkable improvement in foot corn. It relieved pain and gradually removed the corn without surgical intervention. This case highlights the importance of constitutional treatment in Homoeopathy.⁵

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