

Let the Dogs Bark: The Best Armour against Indirect Attack

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Abstract—The most powerful element in the world is words. A sentence can change the life of a person. Similarly, health is the greatest wealth and a healthy body needs a healthy mind. Our mind is like the CPU (Central Processing Unit) of our whole being. Without a sound mind we can't think of living a happy life which is our foremost aim as a human being. We cannot do great things in life without a sound mind. Without healthy mind our life will be a waste. So, we should take care of our mind and the mind will take care of us. But, our precious mind is inflicted by many bad people in many different ways. The most dangerous is Indirect Attacks (i.e. remarks that destroy our mental peace). This attack is like slow poisoning that ruins the person (targeted person) by destroying his mental happiness. My theory is a Boon to them. It will help them avoid all forms of Indirect Attacks and live happily.

Index Terms—Happiness, Indirect Attacks, Inhuman Behaviour, Pain, Magic Theory.

The world is intact because of the good people, a portion of which is continuously suffering from the inhuman behaviour of the major rascals. The bad behaviours are also of different types, but the most dangerous is indirect verbal torture hurled against the good. It always remains a planned and collective attack. The good can do nothing but suffer. They know that the indirect attack is against them, but they can't protest because in an instant the rascals will deny the allegation. The indirect form of attack gives an extra advantage to the rascals to avoid all allegations as those are indirect.

The indirect verbal attack is that venom, injected by the ferocious snake-like humans, which destroys the good slowly. It is a planned killing resulted by a cold-blooded intrigue. The sufferers have to die bit by bit everyday resulting in the destruction of their mental peace and this is enough to kill a person.

If we look closely the real cause of those insane people who used to lead a normal life, we will find that they became insane due to prolonged mental suffering which they could not express and protest. They only suffered in silence. This type of suffering eschewed their inner self by destroying their mental peace. This destruction led to their becoming insane. Indirect attack not only makes a good person insane but it is also the cause of death of several people worldwide. We can't prove it, as there is no such means to measure mental torture, but we can feel it. The good suffers inwardly and do not reveal their suffering to their dear ones as they don't want to give pain to their loved people. So, the result is they embrace death after a prolonged suffering and the rascals, the perpetrators of indirect attack, go scot-free, because there is no evidence against them. Moreover after the death of the good, they behave like the most grieved for the death and shed crocodile's tear.

Don't think that this is my imaginary piece of writing. I myself felt it. I am among those people who suffered for a long time, whether it was my home or my workplace - all remained the same. I suffered a lot. I felt my mind tearing apart. I could not concentrate in anything. Always the indirect remarks occupied my mind. The whole day, the time I remained out of my room at home or in my workplace, was a nightmare to me. Attacks used to come from all sides. Though I believed in the ideal of indomitable freedom fighter Subhash Chandra Bose, I could not protest. I had to bear the pain. All these because the attack was indirect.

Once when the suffering reached a level to tough for me to bear, I made a written complaint to our school in-charge, but the culprit went scot-free. He simply denied that he did not hurl any words against me. Though I knew the truth, I could not prove that. After

that organised cold-blooded indirect attacks were made continuously against me by many at my workplace and I had to bear them. I knew they are inhuman and tried not to pay heed to them. But I could not bear their indirect remarks. I was so affected that often I became diverted to the thoughts of their attacks, fighting and verbal conflicts happened with them in my mind. My mental peace was being destroyed. I could not concentrate on my learning. I could not tell my wife as I did not want to see her suffer for me. I used to bear in silence. The venom that was being injected in me daily by those rascals started destroying me.

But I always believe in the triumph of the good against the bad. I knew "Kali Ma" (Goddess Kali), my favourite goddess, must stand by me as She has done before several times. She is my protector. So, I carried on my perseverance. I am a bookish person and carried on my reading. I read different types of books, like Wings of Fire, Who Moved My Cheese etc. Teaching of Kalam sir in his book "Wings of Fire", like-

1) When you are an anvil, bear; when you are a hammer, strike.

2) If you can take decisions avoiding external circumstances which will continuously try to manipulate you, your life will be better, the better your society will become.

inspired me with immense endurance and power. Besides, the inspiring quotes on Facebook or on internet always motivated me. The helped me to bear all the bad comments.

Moreover, my writing habits -poems, short story, shayari- helped me to forget all pain and find pleasure in creation. When I see that my writings on my website "www.enjoymycreation.com" has been read in many foreign countries, my happiness surpassed everything. This happiness also helped me to forget my pain and be happy. Writing my suffering and its causes has gave me immediate relief. It acted like a miracle. It helped to stop the repetitions of mental incidents.

My belief and reading habit did a miracle. I found the solution. It is a magical one. Believe me! It has driven away all my suffering. The laughter, which always remained on my face and which disappeared due to the inhuman attacks, has returned again abruptly. I laughed nearly 5 minutes (five minutes)

after this great discovery. I found my own self back again. The solution is my theory -

"Let the Dogs Bark"

Just say this and all your pain will vanish. You must begin to laugh. Great relief will down upon you. You must feel the Magic. Great relief against all indirect attacks.

You know the attackers are rascals. You want to call their names in base language, but you can't do that for office decorum, social norms, decency, educational status etc. They are like dogs. While going to somewhere if a group of dogs start barking at you, you should keep quite and go your own way. You should not chase the dogs to make them quiet. Because dogs are forced by their genetic quality. Barking is inherited by them. You can't appease them. So, the best way is to let them bark and go your own way.

To take another example, the rascals, who make cold blooded planned attack against the good, can't be pure bread. They are like sewers, where all the filthy things are mixed up. You can't separate the stint from the sewers as you can't separate the bad quality from the bastards. Their bad qualities are inherited. Their DNA is nasty and you can't change their DNA as you can't drive away the stint from the sewers.

So, the best armour against the inhumans is ignore them, let them do what they can't help. You just say-

"Let the Dogs Bark"

and all your sufferings will vanish, all your pain will disappear. You must begin to laugh and become your true self again. It has worked for me and must work for you also. Just say -

"Let the Dogs Bark".

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