

An Evidence base Management of a Case of Tinea Corporis and Tinea Cruris – A Case Report

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Abstract—A male patient 47yrs old, married approach with vesicular eruption and ring shape lesion with center clearing at various places of body, the probable clinical diagnosis of tinea corporis and cruris get confirmed after doing KOH test, the confirmatory test for Tinea. After case taking the unique mental expression available in form of Forsaken feeling, Neglected feeling, Repression since very young age. This forsaken and neglected feeling he experiences in his life at various events like the behavior of step mother, behavior with patient at masjid and betrayal of wife in form of Extramarital Relationship and spendthrift behavior. The forsaken feeling, neglected feeling, repression and fears, and physicals like chilly pt, aversion to sweet, sour craving spicy chicken, profuse perspiration and dreams unremembered indicate towards Mag Group Remedies. The remedy Mag Carb was prescribe considering above dynamics in the life of the patient and effect of events remains at unconscious level. Patient was ameliorated in his all the complaints, symptoms of tinea as well as knee pain within short time after prescribing Mag Carb 0/1 1P weekly. This experience proves that Homoeopathy Works and the scientific evidences in form of KOH Test and Before and after Images of morphological lesions of an affected parts support it.

Index Terms—Forsaken feeling, KOH Test, Mag Carb, Tinea Corporis and Tinea Cruris

I. PRELIMINARY INFORMATION

Name of Pt. Mr. ABC, Age- 47yrs, Sex- Male, Education- 6th STD pass, Occupation- Job at Milk Dairy, Marital Status- Married, Religion- Muslim, Veg & Non veg.

Wife – Mrs ABC, 36yrs old, H.W., Children - 8 Do, No Son

Fa- 80 yrs, Mo – Passed away before 7 yrs, Date of Case Taking: 4th Dec 2024

Chief Complaints:

Location	Sensation	Modality	Concomitant
Skin Since 4 years	Redness 3		
Rt Lower limb	Itching 2	<2 Night <2 Perspiration <2 Summer <2 Getting wet >2 Scratching >2 Winter	
Rt knee	Vesicular Eruption	No Food Modalities	
Back	Watery oozing after Scratching	No Thermal Modalities	
Neck	Burning 2 after	>3 Ointment	

	Scratching		
Buttocks	Ring formation with center clearing		
Chest	Occ. Bleeding after Scratching		

Associated Complaints:

No	Location	Sensation	Modality	Concomitant
	MSS Knee Since 5 to 6 Month	Pain 2 No swelling No Crepitation	<2 When getting up from sitting <2 When walking	

Physical Appearance:

Lean, Thin, Tall, Wheatish complexion

Perspiration: Profuse, forehead², Scalp², Offensive¹, White stain- Delible.

Appetite – Normal, Thirst – 5 to 7 Litter pot water per Day

Craving: Spicy³, Chicken²

Aversion: Sweets³, Sour²

Stool: 2 times a day, Normal consistency, Satisfactory

Urine: Frequency D/N – 8 to 10 times/ 0, No Complaints

No motion Sickness, Sun<Head Heaviness, Blurred vision

Thermal State – C3H2

Sleep – 6 to 7 hours, Deep, Position- Rt Side, Dreams – Unremembered

Past History: Malaria at 10 yrs of age



Madhav

PATHOLOGY LABORATORY

Dr. Dharmendra Patel
M. D. (Path. & Micro.)
Consulting Pathologist (G-8709)

Amin Chambers, Opp. Alembic Nagar, Refinery Road,
Gorwa, Vadodara - 390 016.
Timing : Mon to Sat. 07-30 a.m. to 08-00 p.m.
Sunday : 08-00 a.m. to 01-00 p.m. Ph. : (L) 2283618, 9328224228

Patient's name : [REDACTED]
Age/Sex : 47 Years/Male
Referred by : Dr. JWALANT PRAJAPATI
Reg. ID : Y-1428-24

Patient's Id : [REDACTED]
Sample No : 3486
Order date/time : 11/12/2024 19:43
Collection Time : 19:43

FUNGUS REPORT

Specimen: Skin Scraping Material
Preparation: KOH Preparation
Microscopy: Fungal filaments seen.

Sample Location : KAUSHIK
LAB USE ONLY (Verify by :DDP Verify Date/Time:12/12/2024 11:31:00)


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I. LIFE SPACE:

Patient is only child of his parents and was born and brought up at Village P near Karjan. The divorce taken place between parents when pt was 3 yrs old. Father was doing job at Masjid and having small land for farming. Father was not able to provide the basic things also to the patient and mostly remains busy with masjid work. This income source was not enough to run family and requirement of patient. Patient used to ask his mother for his requirements and daily needs now to whom? (sad tone) Whenever patient ask food from the relatives, they offer food him as if they are giving food to dog. The childhood was passed like I am football, People are kicking me here and there. Patient was weeping alone with such behavior from people. Patient is attached to his father, who is calm and cool by nature. Patient do not remember nature of mother.

At the age of 10, father did second marriage, the mother was beating the patient. Mother developed psychiatric problem after death of her son 22 days after delivery. Mother was beating the patient on silly matters and pt used to weep. He was missing his mother and praying God. During this period father was posted at village B near Navsari.

Patient studied till 6th Std at government school and then left because of financial constrain and he did not had interest in study. He had 5 to 6 friends at the school. Patient likes to play cricket, no other ECA. Patient further studied till 4 years and received some degree at Madrasa about Kuran at Navsari. He took transfer to village T and another village at Himmatnagar reason was providing improper food.

He started job at Masjid at 17 yrs of age. There was lots of restriction and domination at the masjid. One need to bow down to all the superior at the masjid. He was not happy with this job saying that I do not like to bow down. Hence around 2010 he went to Africa and came back in 2011. He started job at Milk sahakari Mandali at Ankleshwar, here he is happy, has many friends, staff and superior people are co-operative. Pt is making a all kind of sweet from Milk. He was appreciated by all for his perfection in work.

Pt got married in 1999 and he has four daughters from this marriage. The income was not enough to run the family so he went to Africa in 2010 and he was sending Rs. 60,000 to 70,000 per month to his wife. Pt came to know that wife has extramarital relationship after pt went to Africa. Pt came back in 2011. Wife has spent all the money which pt sent to her. All his earning was wasted by wife. It was a big jolt for pt. When Pt asked to wife about her extramarital affair, she was not ready to accept, on the contrary wife accuse that pt has extramarital relationship with Sister-in-law. Pt decided to do suicide with her daughter, but he thought, if he attempts suicide the blame may be on him and never got chance to prove himself innocent. So finally, pt gave divorce to her wife in 2011. Pt did 2nd marriage to his Sister-in-law. They are having happy life and has another 4 daughters from this marriage. The 2nd wife is taking good care of earlier 4 daughters. Pt still remember his first wife because he said she was in my life and in my heart so how can I forget. If she is in need then I may help her.

Almost after 20 years, once he met his biological mother, He replied when asked his feeling,” I want to see her who left me at the age of 3.” Mother weeps lot while talking with pt. He said to mother that you have shown me the world so you are GOD for me. Pt is helping his mother whenever she is need.

Pt is cool and calm by nature. He has anxiety for the marriage of his daughter. He uses to help to the needy people. He has fear of deep water, fire, Scorpio and snake.

Mental Qualities	Physical Qualities
Forsaken Feeling	C3H2
Neglected feeling	Aversion: Sweet3
Anxiety for Future of children	Aversion: Sour2
Sentimental	Craving: Spicy2
Sympathetic	Craving: Chicken2
Fear of Fire	Fasting Agg
Fear of Deep Water	Perspiration - Profuse
Fear of Scorpion	Perspiration – Forehead2,
Fear of Sanke	Perspiration – Scalp3
Fastidious	Dreams - Unremembered
Timid	

The result of repertorization shows Phos, Nat Mur, Plus etc. but Mag group remedies are not well proved so did not appear in the result of repertorization. The case was solved with Non-Repertorial Approach – Structuralisation. The core of case is forsaken feeling, neglected feeling and repression is very well covered by Mag Carb, Puls and Lac can.

Lac. Can forsaken feeling develop because of conflict with domination and not able to fight back, non-reacting leads to sense of self-loathing which is expressed in form of Delusion of dirty feeling, become touchy and hypersensitive withdrawal. While Puls develops forsaken feeling when they are not being cuddled, not given affection and attention. This was expressed with weeping, want consolation and feels better in company. Mag develops orphan, forsaken feeling since early childhood because of parental conflicts. The child did not receive the love, care, security, nourishment, support because same reason. The feeling of forsaken is totally repressed in the magnesium carb. We are able to see same dynamic in our patient, the forsaken feeling because of divorce of parents, fa was not able to provide the basic need of child. The society also add this by neglecting the child. Second mother behave like a step mother so pt did not receive basic needs. The repression was evident because feeling of forsaken was not at conscious level and dreams are also unremembered. He being a timid and non-reacting person able to sustain in the adverse events of the life. The other qualities fears, sentimental and sympathetic plus considering physical Mag Carb was finalized as his Constitutional Remedy.

Follow up Analysis

Dates	Follow ups	Prescriptions
4 th Dec 2024	Case Definition	Mag Carb 0/1 1P HS SL pills TDS - 1week
11 th Dec 2024	Itching > 40%, Redness >30% No burning, No bleeding, Knee pain mild better O/E – Redness >40%, Ring size decrease	Mag Carb 0/1 1P HS SL pills TDS 2weeks
25 th Dec 2024	Itching > 60%, Redness >50% No burning, No bleeding, Knee pain >2	Mag Carb 0/1 1P HS SL pills TDS

	O/E – Redness >50%, Ring size decrease2	2weeks
8 th Jan 2025	Itching> 90%, Redness>90%, Knee pain >3 O/E- Redness>3, Margins- Disappears	Mag Carb 0/1 1P HS SL pills TDS 2weeks
22 nd Jan 2025	No Itching, No Redness, No burning, No Knee pain O/E- Skin appears Normal at all the location of lesion	Mag Carb 0/1 1P HS SL pills TDS 2weeks
19 th Feb 2025	No Itching, No Redness, No burning, No knee pain O/E- Skin appears Normal at all the location of lesion	Mag Carb 0/1 1P HS SL pills TDS 4weeks

II. DISCUSSION

The case was reflecting the role of homoeopathy in cases of Tinea. The remedy was derived after studying a person as a whole, Mind and Physical. As above mentioned, the core of the patient is forsaken feeling, neglected feeling and repression was very much remarkable in Mag. The Mag Carb was selected as a constitutional remedy. Mag Carb 0/1 1P HS per week was prescribed to the patient and next follow up shows remarkable improvement in the complaints of the Patient, like Itching, redness and knee pain was better which shows Simple amelioration taken place. The process of improvement is further moved with each weekly dose of Mag Carb 0/1. With in 6 to 7 weeks the complaint was 90% better and then pt was absolutely all right. The importance of Right approach helps to arrive at right similimum. This show that Right Selection of Constitutional Remedy Produce Rapid, Gentle and Permanent Result.

III. CONCLUSION

Accurate diagnosis is tinea infection based on lesion morphology along with KOH examination provide greater clinical validity. In this case, evaluation was conducted using Hahnemann's method, with consideration of the Patient's mental, and physical characteristics. A constitutional remedy in LM potency was prescribed, and a favorable clinical outcome was observed. This suggests that constitutional treatment can play a significant role in

the management of tinea infections. Further studies are warranted to evaluate the role of specific and therapeutic remedies in achieving a complete cure.

Before Treatment



After Treatment

